

## HEINZ AND MCINTOSH INEQUALITIES, ALUTHGE TRANSFORMATION AND THE SPECTRAL RADIUS

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*Abstract.* Employing Heinz and McIntosh inequalities, this paper presents a simplified proof of Yamazaki's characterization of the spectral radius: If  $T_n$  is the  $n$ -th Aluthge transformation of a bounded linear operator  $T$ , then the sequence  $\{\|T_n\|\}_{n=0}^{\infty}$  converges to the spectral radius of  $T$ .

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