

FURTHER PROPERTIES OF PPT AND (α, β) -NORMAL MATRICES

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Abstract. This paper discusses further properties of positive partial transpose matrices, with applications towards normal and (α, β) -normal matrices. The obtained results present extensions and improvements of many results in the literature.

1. Introduction and preliminaries

In the sequel, \mathcal{M}_n denotes the algebra of all $n \times n$ complex matrices, with identity I . When $A \in \mathcal{M}_n$ is such that $\langle Ax, x \rangle \geq 0$ for all $x \in \mathbb{C}^n$, we say that A is positive semidefinite, and we write $A \geq O$. On the other hand, if $\langle Ax, x \rangle > 0$ for all nonzero $x \in \mathbb{C}^n$, A is said to be positive definite, and we write $A > O$. Here, O denotes the zero element of \mathcal{M}_n .

Given $A, B, X \in \mathcal{M}_n$, the matrix $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is in \mathcal{M}_{2n} . It is well known that if $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$, then

$$\left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\| \leq \|A\| + \|B\|, \quad (1.1)$$

where $\|\cdot\|$ is the usual operator norm. Indeed, (1.1) follows from the following useful decomposition [5, Lemma 3.4]: For every matrix $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$, we have

$$\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} = U \begin{bmatrix} A & O \\ O & O \end{bmatrix} U^* + V \begin{bmatrix} O & O \\ O & B \end{bmatrix} V^*$$

for some unitaries U, V .

However, if $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$ and the off-diagonal block X is Hermitian, Hiroshima [12] showed a stronger inequality than (1.1), as follows

$$\left\| \begin{bmatrix} A & X \\ X & B \end{bmatrix} \right\| \leq \|A + B\|. \quad (1.2)$$

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The 2×2 block matrix $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ has received the attention of numerous researchers in the literature due to its usability and applications. We refer the reader to [13, 16, 17, 19, 20, 22] as a recent list of references treating and using block matrices.

The 2×2 block matrix $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is said to be positive partial transpose (PPT) if both $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix}$ and $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ are positive semidefinite.

If $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT, Lee [16, Theorem 2.1] showed that

$$|X| \leq \frac{A\sharp_t B + U^*(A\sharp_t B)U}{2}, \tag{1.3}$$

where $X = U|X|$ is the polar decomposition of X , and \sharp denotes the matrix geometric mean. Recall, here, that if $A, B > O$ and $0 \leq t \leq 1$, the weighted geometric mean of A and B is defined by

$$A\sharp_t B = A^{\frac{1}{2}} \left(A^{-\frac{1}{2}} B A^{-\frac{1}{2}} \right)^t A^{\frac{1}{2}}.$$

If $A \geq O$ or $B \geq O$, the geometric mean is found via a limiting process. More precisely,

$$A\sharp_t B = \lim_{n \rightarrow \infty} A_n^{\frac{1}{2}} \left(A_n^{-\frac{1}{2}} B_n A_n^{-\frac{1}{2}} \right)^t A_n^{\frac{1}{2}},$$

where $A_n = A + \frac{1}{n}I$ and $B_n = B + \frac{1}{n}I$.

When $t = \frac{1}{2}$, we simply write $A\sharp B$ instead of $A\sharp_{\frac{1}{2}} B$. The geometric mean \sharp was first introduced by Pusz and Woronowicz [18], which was further developed into a general theory of operator means by Kubo and Ando [15].

Fu et al. [6, Theorem 2.3] improved (1.3) as follows

$$|X| \leq (A\sharp B)\sharp(U^*(A\sharp B)U). \tag{1.4}$$

The fact that (1.4) improves (1.3) follows from the arithmetic-geometric mean inequality that states

$$A\sharp B \leq \frac{A+B}{2}, \tag{1.5}$$

for any $A, B \in \mathcal{M}_n$ with $A, B \geq O$.

Among those useful characterizations of the geometric mean, we have [4, (4.15)]

$$X\sharp Y = \max \left\{ Z : Z = Z^*, \begin{bmatrix} X & Z \\ Z & Y \end{bmatrix} \geq O \right\}; \quad X, Y > O. \tag{1.6}$$

Recently, the following lemma has been shown in [10, Theorem 2.1].

LEMMA 1.1. If $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix}$ is PPT, then so is $\begin{bmatrix} A\sharp_t B & X \\ X^* & A\sharp_{1-t} B \end{bmatrix}$, $0 \leq t \leq 1$.

Further, it has been shown in [16, Corollary 2.2] that

$$\lambda_j(2|X| - A\sharp_t B) \leq \lambda_j(A\sharp_{1-t} B), \tag{1.7}$$

when $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT. Here λ_j denotes the j^{th} largest eigenvalue.

This paper discusses extensions of (1.4) and (1.7), where we extend both inequalities to the weighted geometric mean. We will also extend [6, Theorem 2.2], where we show that when $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix} \geq O$, then $|X| \leq (A\sharp_t(U^*BU))\sharp(A\sharp_{1-t}(U^*BU))$, for example. Further, we give an improvement of (1.1) that is different from (1.2). Many other consequences for PPT matrices and positive semidefinite matrices of the form $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix}$ will be presented.

After that, we present some applications that include normal and (α, β) -normal matrices. Here we recall that if $T \in \mathcal{M}_n$ is such that $|T^*|^2 \leq |T|^2$, then T is said to be hyponormal. If T satisfies the weaker condition $|T^*| \leq |T|$, then T is said to be semi-hyponormal. In fact, semi-hyponormal matrices are normal. The notion of semi-hyponormality becomes significant when we deal with the C^* algebra of bounded linear operators on an infinite dimensional complex Hilbert space. More generally, if $0 \leq \alpha \leq 1 \leq \beta$ are such that $\alpha^2|T|^2 \leq |T^*|^2 \leq \beta^2|T|^2$, then T is said to be (α, β) -normal. For example, we will show that

$$\begin{bmatrix} |T| & T^* \\ T & |T| \end{bmatrix} \geq O$$

if and only if T is normal. Many other results and consequences will be shown for these classes. As a consequence, we will be able to present a possible reverse for the inequality $\|T^2\| \leq \|T\|^2$, when T is (α, β) -normal.

2. Main results for positive and PPT block matrices

Our first result is an extension of [6, Theorem 2.2], which states that if $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix} \geq O$, then

$$|X| \leq A\sharp(U^*BU) \quad \text{and} \quad |X^*| \leq (UAU^*)\sharp B.$$

Once this has been shown, we use it to extend some results about PPT matrices.

THEOREM 2.1. Let $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix}$ be PPT with $A, B, X \in \mathcal{M}_n$ and let $X = U|X|$ be the polar decomposition of X . Then for any $0 \leq t \leq 1$,

$$|X| \leq (A\sharp_t(U^*BU))\sharp(A\sharp_{1-t}(U^*BU)) \tag{2.1}$$

and

$$|X^*| \leq ((UAU^*) \sharp_t B) \sharp ((UAU^*) \sharp_{1-t} B). \quad (2.2)$$

In particular,

$$|X| \leq A \sharp (U^*BU) \quad \text{and} \quad |X^*| \leq (UAU^*) \sharp B.$$

Proof. We prove (2.1). Since $X = U|X|$ is the polar decomposition of X , we have

$$\begin{bmatrix} I & O \\ O & U^* \end{bmatrix} \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \begin{bmatrix} I & O \\ O & U \end{bmatrix} = \begin{bmatrix} A & X^*U \\ U^*X & U^*BU \end{bmatrix} \geq O,$$

which implies

$$\begin{bmatrix} A & |X| \\ |X| & U^*BU \end{bmatrix} \geq O,$$

since $X^*U = U^*X = |X|$. Lemma 1.1 implies

$$\begin{bmatrix} A \sharp_t (U^*BU) & |X| \\ |X| & A \sharp_{1-t} (U^*BU) \end{bmatrix} \geq O.$$

Now, the result follows from (1.6). To prove (2.2), we have

$$\begin{aligned} |X^*| &= U|X|U^* \quad (\text{by [9, p. 58]}) \\ &\leq U((A \sharp_t U^*BU) \sharp (A \sharp_{1-t} U^*BU))U^* \\ &= (U(A \sharp_t U^*BU)U^*) \sharp (U(A \sharp_{1-t} U^*BU)U^*) \\ &= (UAU^* \sharp_t BU) \sharp (UAU^* \sharp_{1-t} B). \end{aligned}$$

This proves (2.2). Letting $t = \frac{1}{2}$ in (2.1) and (2.2), and noting that $T \sharp T = T$, when $T > O$, yield $|X| \leq A \sharp (U^*BU)$ and $|X^*| \leq (UAU^*) \sharp B$. This completes the proof. \square

Using Theorem 2.1, we present the following extension of (1.4).

COROLLARY 2.1. *Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT, and let $X = U|X|$ be the polar decomposition of X . Then for any $0 \leq t \leq 1$,*

$$|X| \leq (A \sharp_t B) \sharp (U^* (A \sharp_{1-t} B) U),$$

and

$$|X^*| \leq (U (A \sharp_t B) U^*) \sharp (A \sharp_{1-t} B).$$

Proof. Lemma 1.1 ensures that $\begin{bmatrix} A \sharp_t B & X^* \\ X & A \sharp_{1-t} B \end{bmatrix}$ is also PPT, for any $0 \leq t \leq 1$. By Theorem 2.1, we conclude the first desired result.

The second inequality can be shown using the method we used to show (2.2). This completes the proof. \square

Interestingly, Corollary 2.1 can be used to present a weighted version of (1.7), as follows.

COROLLARY 2.2. Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT. Then for any $0 \leq t \leq 1$,

$$\lambda_j(2|X| - A\sharp_t B) \leq \lambda_j(A\sharp_{1-t} B)$$

and

$$\lambda_j(2|X^*| - A\sharp_{1-t} B) \leq \lambda_j(A\sharp_t B)$$

for all $j = 1, 2, \dots, n$.

Proof. Corollary 2.1 means that

$$\begin{aligned} |X| &\leq (A\sharp_t B)\sharp(U^*(A\sharp_{1-t} B)U) \\ &\leq \frac{A\sharp_t B + U^*(A\sharp_{1-t} B)U}{2}. \end{aligned}$$

Thus,

$$2|X| - A\sharp_t B \leq U^*(A\sharp_{1-t} B)U.$$

Therefore,

$$\lambda_j(2|X| - A\sharp_t B) \leq \lambda_j(A\sharp_{1-t} B)$$

as desired. \square

Related to the discussion, we employ (1.2) to obtain another refinement of (1.1), as follows.

THEOREM 2.2. Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$ and let $X = U|X|$ be the polar decomposition of X . Then

$$\left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\| \leq \|A + U^*BU\|.$$

Proof. If $X = U|X|$ is the polar decomposition of X , then

$$\begin{bmatrix} I & O \\ O & U^* \end{bmatrix} \begin{bmatrix} I & O \\ O & U \end{bmatrix} = \begin{bmatrix} I & O \\ O & U \end{bmatrix} \begin{bmatrix} I & O \\ O & U^* \end{bmatrix} = \begin{bmatrix} I & O \\ O & I \end{bmatrix},$$

since U is unitary. The fact that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$ implies

$$\begin{aligned} \left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\| &= \left\| \begin{bmatrix} I & O \\ O & U^* \end{bmatrix} \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \begin{bmatrix} I & O \\ O & U \end{bmatrix} \right\| \\ &= \left\| \begin{bmatrix} A & |X| \\ |X| & U^*BU \end{bmatrix} \right\| \\ &\leq \|A + U^*BU\|, \end{aligned}$$

where we have used (1.2) to obtain the last inequality. This completes the proof. \square

The following is an interesting characterization related to PPT matrices.

THEOREM 2.3. Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix}$ is PPT and let $0 \leq t \leq 1$. Then there are some isometries $\tilde{U}, \tilde{V} \in \mathcal{M}_{2n}$ (depending on t), such that

$$\begin{bmatrix} A\sharp_t B & X \\ X^* & A\sharp_{1-t} B \end{bmatrix} = \tilde{U} (A\sharp_t B) \tilde{U}^* + \tilde{V} (A\sharp_{1-t} B) \tilde{V}^*.$$

Proof. By Lemma 1.1, $\begin{bmatrix} A\sharp_t B & X \\ X & A\sharp_{1-t} B \end{bmatrix}$ is PPT. From [5, Lemma 3.4], there are two unitaries $U, V \in \mathcal{M}_{2n}$ partitioned into equally sized matrices,

$$U = \begin{bmatrix} U_{11} & U_{12} \\ U_{21} & U_{22} \end{bmatrix} \quad \text{and} \quad V = \begin{bmatrix} V_{11} & V_{12} \\ V_{21} & V_{22} \end{bmatrix}$$

such that

$$\begin{bmatrix} A\sharp_t B & X \\ X^* & A\sharp_{1-t} B \end{bmatrix} = U \begin{bmatrix} A\sharp_t B & O \\ O & O \end{bmatrix} U^* + V \begin{bmatrix} O & O \\ O & A\sharp_{1-t} B \end{bmatrix} V^*.$$

Hence,

$$\begin{bmatrix} A\sharp_t B & X \\ X^* & A\sharp_{1-t} B \end{bmatrix} = \tilde{U} (A\sharp_t B) \tilde{U}^* + \tilde{V} (A\sharp_{1-t} B) \tilde{V}^*,$$

where

$$\tilde{U} = \begin{bmatrix} U_{11} \\ U_{21} \end{bmatrix} \quad \text{and} \quad \tilde{V} = \begin{bmatrix} V_{12} \\ V_{22} \end{bmatrix}$$

are isometries. This completes the proof. \square

Theorem 2.3 implies the following remarkable result.

COROLLARY 2.3. Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT. Then for any $0 \leq t \leq 1$,

$$\left\| \begin{bmatrix} A\sharp_t B & X \\ X^* & A\sharp_{1-t} B \end{bmatrix} \right\| \leq \|A\sharp_t B\| + \|A\sharp_{1-t} B\|.$$

In particular

$$\left\| \begin{bmatrix} A\sharp B & X \\ X^* & A\sharp B \end{bmatrix} \right\| \leq 2 \|A\sharp B\|.$$

REMARK 2.1. Ando [1, Theorem 3.3] proved that if $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT, then

$$\|X\| \leq \|A\sharp B\|.$$

We know that [21] if $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$, then

$$2\|X\| \leq \left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\|.$$

Consequently, if $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ is PPT, then

$$\|X\| \leq \frac{1}{2} \left\| \begin{bmatrix} A \# B & X \\ X^* & A \# B \end{bmatrix} \right\| \leq \|A \# B\|.$$

REMARK 2.2. It is well-known that

$$\left| \left\langle |T|^{2\alpha} x, x \right\rangle \left\langle |T^*|^{2\beta} y, y \right\rangle \right| \leq \left\langle |T|^{2\alpha} x, x \right\rangle \left\langle |T^*|^{2\beta} y, y \right\rangle; (\alpha, \beta \in [0, 1], \alpha + \beta \geq 1)$$

for any T [8]. By [14, Lemma 1], we infer that

$$\begin{bmatrix} |T|^{2\alpha} & |T|^{\alpha+\beta-1} T^* \\ T |T|^{\alpha+\beta-1} & |T^*|^{2\beta} \end{bmatrix} \geq O.$$

So,

$$\begin{aligned} 2 \left\| |T|^{2\alpha} + |T|^{\alpha+\beta-1} T^* \right\| &\leq \left\| \begin{bmatrix} |T|^{2\alpha} & |T|^{\alpha+\beta-1} T^* \\ T |T|^{\alpha+\beta-1} & |T^*|^{2\beta} \end{bmatrix} \right\| \\ &\leq \left\| |T|^{2\alpha} + U^* |T^*|^{2\beta} U \right\| \\ &= 2 \left\| |T|^{2\alpha} + |T|^{\alpha+\beta-1} T^* \right\|. \end{aligned}$$

That is,

$$\left\| |T|^{2\alpha} + |T|^{\alpha+\beta-1} T^* \right\| \leq \frac{1}{2} \left\| \begin{bmatrix} |T|^{2\alpha} & |T|^{\alpha+\beta-1} T^* \\ T |T|^{\alpha+\beta-1} & |T^*|^{2\beta} \end{bmatrix} \right\| \leq \left\| |T|^{2\alpha} + |T|^{\alpha+\beta-1} T^* \right\|.$$

In particular,

$$\|T\| = \frac{1}{2} \left\| \begin{bmatrix} |T^*| & T \\ T^* & |T| \end{bmatrix} \right\|.$$

We notice that when $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$, both (1.1) and (1.2) give upper bounds of $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix}$ in terms of A and B only. In the following result, we obtain an upper bound that involves X , as well. We emphasize here that for a general $T \in \mathcal{M}_n$, the inequality $T \leq |T|$ is not true. However, it becomes true when T is Hermitian. We refer the reader to [20] for a related discussion of this ordering.

THEOREM 2.4. Let $A, B, X \in \mathcal{M}_n$ be such that $\begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \geq O$. Then

$$\left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\| \leq \|A + B + |X| + |X^*|\|.$$

Proof. Indeed,

$$\begin{aligned} \left\| \begin{bmatrix} A & X^* \\ X & B \end{bmatrix} \right\| &= \left\| \begin{bmatrix} A & O \\ O & B \end{bmatrix} + \begin{bmatrix} O & X^* \\ X & O \end{bmatrix} \right\| \\ &\leq \left\| \begin{bmatrix} A & O \\ O & B \end{bmatrix} + \begin{bmatrix} |X| & O \\ O & |X^*| \end{bmatrix} \right\| \\ &= \left\| \begin{bmatrix} A + |X| & O \\ O & B + |X^*| \end{bmatrix} \right\| \\ &\leq \|A + B + |X| + |X^*|\| \end{aligned}$$

where the first inequality follows from the fact that $\begin{bmatrix} O & X^* \\ X & O \end{bmatrix}$ is Hermitian, and for any Hermitian matrix T , we have $T \leq |T|$. The second inequality is also obtained from (1.2). This completes the proof. \square

3. Applications towards normal and (α, β) -normal matrices

This section presents several results on normal and (α, β) -normal matrices. While some of these results can be considered as applications of the results of the previous section, other results are related but independent.

THEOREM 3.1. *Let $T \in \mathcal{M}_n$. Then $\begin{bmatrix} |T| & T^* \\ T & |T| \end{bmatrix} \geq O$ if and only if T is normal.*

Proof. It is easy to show that [20] if T is normal, then

$$\begin{bmatrix} |T| & T^* \\ T & |T| \end{bmatrix} \geq O.$$

We show that if $\begin{bmatrix} |T| & T^* \\ T & |T| \end{bmatrix} \geq O$, then T is normal. Indeed, if $T = U|T|$ is the polar decomposition of T , then

$$\begin{bmatrix} |T| & T^*U \\ U^*T & U^*|T|U \end{bmatrix} = \begin{bmatrix} I & O \\ O & U^* \end{bmatrix} \begin{bmatrix} |T| & T^* \\ T & |T| \end{bmatrix} \begin{bmatrix} I & O \\ O & U \end{bmatrix} \geq O.$$

Since $T^*U = U^*T = |T|$, we get

$$\begin{bmatrix} |T| & |T| \\ |T| & U^*|T|U \end{bmatrix} \geq O.$$

From (1.6), we get

$$|T| \leq |T| \sharp (U^*|T|U).$$

By the definition of geometric mean, we have

$$|T| \leq |T|^{\frac{1}{2}} \left(|T|^{-\frac{1}{2}} U^* |T| U |T|^{-\frac{1}{2}} \right)^{\frac{1}{2}} |T|^{\frac{1}{2}}.$$

Multiplying both sides by $|T|^{-\frac{1}{2}}$, we infer that

$$I \leq \left(|T|^{-\frac{1}{2}} U^* |T| U |T|^{-\frac{1}{2}} \right)^{\frac{1}{2}}.$$

This implies

$$|T| \leq U^* |T| U.$$

Thus,

$$|T^*| = U |T| U^* \leq |T|,$$

which shows that T is semi-hyponormal. But semi-hyponormal matrices are indeed normal. This completes the proof. \square

In [5, (2.11)], it has been shown that if A, B are normal, then

$$|A + B| \leq \frac{|A| + |B| + U^*(|A| + |B|)U}{2}, \tag{3.1}$$

where U is the unitary matrix in the polar decomposition of $A + B$. Since every normal matrix is necessarily semi-hyponormal, and because of (1.5), the following result significantly improves [5, (2.11)].

COROLLARY 3.1. *Let $A, B \in \mathcal{M}_n$ be normal and let U be the unitary part in the polar decomposition $A + B = U |A + B|$. Then*

$$|A + B| \leq (|A| + |B|) \sharp (U^* (|A| + |B|) U).$$

Proof. Using Theorem 3.1, we see that

$$\begin{bmatrix} |A| + |B| & A^* + B^* \\ A + B & |A| + |B| \end{bmatrix} \geq O. \tag{3.2}$$

By (3.2) and Theorem 2.1, we get the desired result. \square

COROLLARY 3.2. *Let $A, B \in \mathcal{M}_n$ be normal. Then*

$$\| |A + B| \| \leq \| |A| + |B| \|.$$

REMARK 3.1. We highlight that Corollary 3.2 is well-known, as one can see in [3, (1.42)].

THEOREM 3.2. *Let $T \in \mathcal{M}_n$. Then the following assertions are equivalent.*

(i) T is (α, β) -normal.

(ii) $\begin{bmatrix} \frac{1}{\alpha} |T^*|^2 & |T|^2 \\ |T|^2 & \frac{1}{\alpha} |T|^2 \end{bmatrix} \geq O$ and $\begin{bmatrix} \beta |T|^2 & |T^*|^2 \\ |T^*|^2 & \beta |T^*|^2 \end{bmatrix} \geq O$.

$$(iii) \begin{bmatrix} \frac{1}{\alpha^2}|T^*|^2 & |T|^2 \\ |T|^2 & \frac{1}{\alpha^2}|T^*|^2 \end{bmatrix} \geq O \text{ and } \begin{bmatrix} \beta^2|T|^2 & |T^*|^2 \\ |T^*|^2 & \beta^2|T|^2 \end{bmatrix} \geq O.$$

Proof. (i) \Leftrightarrow (ii) Since T is (α, β) -normal, we have

$$\begin{aligned} |T|^2 &\leq \frac{1}{\alpha^2}|T^*|^2 \\ \Leftrightarrow |T|^2 \left(\frac{1}{\alpha}|T|^2 \right)^{-1} |T|^2 &\leq \frac{1}{\alpha}|T^*|^2 \\ \Leftrightarrow \begin{bmatrix} \frac{1}{\alpha}|T^*|^2 & |T|^2 \\ |T|^2 & \frac{1}{\alpha}|T|^2 \end{bmatrix} &\geq O \quad (\text{by [4, Theorem 1.3.3]}). \end{aligned}$$

Again, since T is (α, β) -normal, we have

$$\begin{aligned} |T^*|^2 &\leq \beta^2|T|^2 \\ \Leftrightarrow |T^*|^2 \left(\beta|T^*|^2 \right)^{-1} |T^*|^2 &\leq \beta|T|^2 \\ \Leftrightarrow \begin{bmatrix} \beta|T|^2 & |T^*|^2 \\ |T^*|^2 & \beta|T^*|^2 \end{bmatrix} &\geq O \quad (\text{by [4, Theorem 1.3.3]}). \end{aligned}$$

(i) \Leftrightarrow (iii) See [20, Theorem 2.2]. \square

We can establish the following theorem by employing the same arguments as in the proof of (i) \Leftrightarrow (ii) in Theorem 3.2, but we present another proof.

THEOREM 3.3. *Let $T \in \mathcal{M}_n$ be (α, β) -normal. Then*

$$\begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & |T| \\ |T| & \frac{1}{\sqrt{\alpha}}|T| \end{bmatrix} \geq O \text{ and } \begin{bmatrix} \sqrt{\beta}|T| & |T^*| \\ |T^*| & \sqrt{\beta}|T^*| \end{bmatrix} \geq O.$$

Proof. According to the assumption,

$$\langle |T|x, x \rangle \langle |T^*|y, y \rangle \leq \frac{1}{\alpha} \langle |T^*|x, x \rangle \langle |T^*|y, y \rangle$$

and

$$\langle |T|x, x \rangle \langle |T^*|y, y \rangle \leq \beta \langle |T|x, x \rangle \langle |T|y, y \rangle$$

for any $x, y \in \mathcal{H}$. On the other hand, we know that (see, e.g., [9, p. 216])

$$|\langle Tx, y \rangle|^2 \leq \langle |T|x, x \rangle \langle |T^*|y, y \rangle.$$

Consequently,

$$|\langle Tx, y \rangle|^2 \leq \frac{1}{\alpha} \langle |T^*|x, x \rangle \langle |T^*|y, y \rangle$$

and

$$|\langle Tx, y \rangle|^2 \leq \beta \langle |T|x, x \rangle \langle |T|y, y \rangle.$$

The last two inequalities are equivalent to

$$\begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & T^* \\ T & \frac{1}{\sqrt{\alpha}}|T^*| \end{bmatrix} \geq O \text{ and } \begin{bmatrix} \sqrt{\beta}|T| & T^* \\ T & \sqrt{\beta}|T| \end{bmatrix} \geq O, \tag{3.3}$$

thanks to [14, Lemma 1].

Now assume that $T = U|T|$ is the polar decomposition of T . Then

$$\begin{bmatrix} I & O \\ O & U^* \end{bmatrix} \begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & T^* \\ T & \frac{1}{\sqrt{\alpha}}|T^*| \end{bmatrix} \begin{bmatrix} I & O \\ O & U \end{bmatrix} = \begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & T^*U \\ U^*T & \frac{1}{\sqrt{\alpha}}U^*|T^*|U \end{bmatrix} \geq O. \tag{3.4}$$

On the other hand,

$$\begin{bmatrix} \sqrt{\beta}|T| & T^* \\ T & \sqrt{\beta}|T| \end{bmatrix} \geq O \Leftrightarrow \begin{bmatrix} \sqrt{\beta}|T| & T \\ T^* & \sqrt{\beta}|T| \end{bmatrix} \geq O.$$

So,

$$\begin{bmatrix} I & O \\ O & U \end{bmatrix} \begin{bmatrix} \sqrt{\beta}|T| & T \\ T^* & \sqrt{\beta}|T| \end{bmatrix} \begin{bmatrix} I & O \\ O & U^* \end{bmatrix} = \begin{bmatrix} \sqrt{\beta}|T| & TU^* \\ UT^* & \sqrt{\beta}U|T|U^* \end{bmatrix} \geq O. \tag{3.5}$$

One can easily check that $U^*T = T^*U = |T|$. Meanwhile, $|T^*| = U|T|U^*$ (see [9, p. 58]), so $U^*|T^*|U = |T|$. Hence, by (3.4) and (3.5), we obtain

$$\begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & |T| \\ |T| & \frac{1}{\sqrt{\alpha}}|T| \end{bmatrix} \geq O \text{ and } \begin{bmatrix} \sqrt{\beta}|T| & |T^*| \\ |T^*| & \sqrt{\beta}|T^*| \end{bmatrix} \geq O,$$

as desired. \square

The matrices in (3.3) are PPT. Therefore, by Corollary 2.2, we have the following eigenvalue inequalities.

COROLLARY 3.3. *Let $T \in \mathcal{M}_n$ be (α, β) -normal. Then*

$$\lambda_j(2\sqrt{\alpha}|T| - |T^*|) \leq \lambda_j(|T^*|)$$

and

$$\lambda_j\left(\frac{2}{\sqrt{\beta}}|T^*| - |T|\right) \leq \lambda_j(|T|)$$

for $j = 1, 2, \dots, n$.

REMARK 3.2. It is well-known that for any $T \in \mathcal{M}_n$,

$$\| |T| - |T^*| \| \leq \|T\|.$$

From Corollary 3.3, we infer that if T is (α, β) -normal, then

$$\| 2\sqrt{\alpha}|T| - |T^*| \| \leq \|T\|,$$

and

$$\left\| \frac{2}{\sqrt{\beta}}|T^*| - |T| \right\| \leq \|T\|.$$

The inequality (1.5) is usually referred to as the operator arithmetic-geometric mean inequality. It is of great interest in the literature to find possible reverses for this inequality. Usually, such reverses are found under additional conditions, as seen in [7, 11]. In the following, we present a reverse of (1.5) for (α, β) -normal matrices.

PROPOSITION 3.1. *Let $T \in \mathcal{M}_n$ be (α, β) -normal. Then*

$$\frac{|T| + |T^*|}{2} \leq \min \left\{ \frac{1}{\sqrt{\alpha}}, \sqrt{\beta} \right\} (|T| \sharp |T^*|).$$

Proof. Theorem 3.3 implies

$$|T| \leq \frac{1}{\sqrt{\alpha}} (|T| \sharp |T^*|) \quad \text{and} \quad |T^*| \leq \sqrt{\beta} (|T| \sharp |T^*|) \quad (3.6)$$

due to (1.6). Further,

$$|T^*| \leq \frac{1}{\sqrt{\alpha}} (|T| \sharp |T^*|) \quad \text{and} \quad |T| \leq \sqrt{\beta} (|T| \sharp |T^*|) \quad (3.7)$$

by utilizing the same approach as in the proof of inequality (2.2). Inequalities (3.6) and (3.7) say that

$$|T| \leq \min \left\{ \frac{1}{\sqrt{\alpha}}, \sqrt{\beta} \right\} (|T| \sharp |T^*|) \quad \text{and} \quad |T^*| \leq \min \left\{ \frac{1}{\sqrt{\alpha}}, \sqrt{\beta} \right\} (|T| \sharp |T^*|).$$

Adding the above two inequalities together implies the desired result. \square

REMARK 3.3. Inequalities (3.6) and (3.7) can be shown in another way. Since $f(t) = \sqrt{t}$ is operator monotone on $(0, \infty)$, and since $\alpha^2|T|^2 \leq |T^*|^2$, we infer that

$$|T| \leq \frac{1}{\alpha} |T^*|.$$

This implies

$$|T| \leq \frac{1}{\sqrt{\alpha}} (|T| \sharp |T^*|),$$

where we have used the fact that if $A, B, C, D \geq O$ are such that $A \leq B$ and $C \leq D$, then $A \sharp C \leq B \sharp D$.

For the following result, we remind the reader of positive linear maps. A linear map $\Phi : \mathcal{M}_n \rightarrow \mathcal{M}_n$ is said to be positive if $\Phi(A) \geq O$ whenever $A \geq O$.

THEOREM 3.4. *Let $T \in \mathcal{M}_n$ be (α, β) -normal and let Φ be a positive linear map. If $\Phi(T) = U|\Phi(T)|$ is the polar decomposition of $\Phi(T)$, then*

$$|\Phi(T)| \leq \frac{1}{\sqrt{\alpha}} (\Phi(|T^*|) \sharp U^* \Phi(|T^*|) U)$$

and

$$|\Phi(T)| \leq \sqrt{\beta} (\Phi(|T|) \sharp U^* \Phi(|T|) U).$$

Proof. First notice that every positive linear map is adjoint-preserving; i.e., $\Phi^*(T) = \Phi(T^*)$ for all T [3, Lemma 2.3.1]. It follows from (3.3) that

$$\begin{bmatrix} \frac{1}{\sqrt{\alpha}} \Phi(|T^*|) & \Phi^*(T) \\ \Phi(T) & \frac{1}{\sqrt{\alpha}} \Phi(|T^*|) \end{bmatrix} \geq O \quad \text{and} \quad \begin{bmatrix} \sqrt{\beta} \Phi(|T|) & \Phi^*(T) \\ \Phi(T) & \sqrt{\beta} \Phi(|T|) \end{bmatrix} \geq O$$

thanks to [3, Exercise 3.2.2]. We get the desired result by mimicking the technique of the proof of Theorem 2.1. \square

The following result presents an interesting reverse of the well-known inequality $\|T^2\| \leq \|T\|^2$, for any T . We recall that a contraction K satisfies $KK^* \leq I$, the identity. We also recall that the spectral radius $r(X)$ coincides with the operator norm $\|X\|$ when $X \geq O$.

THEOREM 3.5. *Let $T \in \mathcal{M}_n$ be (α, β) -normal. Then*

$$\|T\|^2 \leq \frac{1}{\alpha} \|T^2\| \quad \text{and} \quad \|T\|^2 \leq \beta \|T^2\|.$$

Indeed,

$$\|T\|^2 \leq \min \left\{ \frac{1}{\alpha}, \beta \right\} \|T^2\|.$$

Proof. Ando [2] proved that $\begin{bmatrix} A & X \\ X^* & B \end{bmatrix} \geq O$ if and only if there exists a contraction K such that $X = A^{\frac{1}{2}}KB^{\frac{1}{2}}$. It has been revealed in the proof of Theorem 3.3 that $\begin{bmatrix} \frac{1}{\sqrt{\alpha}}|T^*| & |T| \\ |T| & \frac{1}{\sqrt{\alpha}}|T| \end{bmatrix} \geq O$. Therefore, there exists a contraction K such that $|T| = \frac{1}{\sqrt{\alpha}}|T^*|^{\frac{1}{2}}K|T|^{\frac{1}{2}} \geq O$. So, we have

$$\begin{aligned} \| |T| \| &= \|T\| \\ &= \frac{1}{\sqrt{\alpha}} \left\| |T^*|^{\frac{1}{2}}K|T|^{\frac{1}{2}} \right\| \\ &= \frac{1}{\sqrt{\alpha}} r \left(|T^*|^{\frac{1}{2}}K|T|^{\frac{1}{2}} \right) \quad (\text{since } r(X) = \|X\| \text{ for positive } X) \end{aligned}$$

$$\begin{aligned}
&= \frac{1}{\sqrt{\alpha}} r\left(K|T|^{\frac{1}{2}}|T^*|^{\frac{1}{2}}\right) \quad (\text{since } r(XY) = r(YX)) \\
&\leq \frac{1}{\sqrt{\alpha}} \left\|K|T|^{\frac{1}{2}}|T^*|^{\frac{1}{2}}\right\| \quad (\text{since } r(X) \leq \|X\|) \\
&\leq \frac{1}{\sqrt{\alpha}} \|K\| \left\||T|^{\frac{1}{2}}|T^*|^{\frac{1}{2}}\right\| \\
&\quad (\text{by the submultiplicative property of usual operator norm}) \\
&\leq \frac{1}{\sqrt{\alpha}} \left\||T|^{\frac{1}{2}}|T^*|^{\frac{1}{2}}\right\| \quad (\text{since } K \text{ is contraction}) \\
&\leq \frac{1}{\sqrt{\alpha}} \left\||T||T^*|\right\|^{\frac{1}{2}} \quad (\text{by [3, Theorem IX.2.1]}) \\
&= \frac{1}{\sqrt{\alpha}} \|T^2\|^{\frac{1}{2}}.
\end{aligned}$$

The second inequality comes from $\begin{bmatrix} \sqrt{\beta}|T| & |T^*| \\ |T^*| & \sqrt{\beta}|T^*| \end{bmatrix} \geq O$ and the same method as above. This completes the proof. \square

REMARK 3.4. We will give another method to prove Theorem 3.5. The operator inequality

$$|T| \leq \frac{1}{\sqrt{\alpha}} (|T| \sharp |T^*|)$$

implies the following norm inequality

$$\|T\| \leq \frac{1}{\sqrt{\alpha}} \left\||T| \sharp |T^*|\right\|.$$

But, for any positive operators A, B , we know that

$$\|A \sharp B\| \leq \left\|A^{\frac{1}{2}} B^{\frac{1}{2}}\right\|.$$

That is,

$$\|T\| \leq \frac{1}{\sqrt{\alpha}} \left\||T|^{\frac{1}{2}}|T^*|^{\frac{1}{2}}\right\| = \frac{1}{\sqrt{\alpha}} \|T^2\|^{\frac{1}{2}}.$$

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