

## A CHAIN OF NUMERICAL RADIUS INEQUALITIES IN COMPLEX HILBERT SPACE

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*Abstract.* In this paper, we implement the improvement of numerical radius inequalities that were produced by Alomari MW. [Refinements of some numerical radius inequalities for Hilbert space operators. *Linear and Multilinear Algebra*. 2019 Jun 4:1-6] and devise a new upper bound for  $2 \times 2$  operator matrices on complex Hilbert space with many examples which show that our bound is sharper than the existing bounds proved by Bani-Domi W, Kittaneh F. [Norm and numerical radius inequalities for Hilbert space operators. *Linear and Multilinear Algebra*. 2020 Jul 28:1-2], Al-Dolat M, Jaradat I, Al-Husban B. A novel numerical radius upper bounds for  $2 \times 2$  operator matrices. *Linear and Multilinear Algebra*. 2020 Apr 23:1-2], Shebrawi K. [Numerical radius inequalities for certain  $2 \times 2$  operator matrices II. *Linear Algebra and its Applications*. 2017 Jun 15; 523:1-2] and Hirzallah O, Kittaneh F, Shebrawi K. [Numerical radius inequalities for  $2 \times 2$  operator matrices. *Studia Mathematica*. 2012; 210:99-115].

### 1. Introduction

Let  $(H, \langle \cdot, \cdot \rangle)$  be a complex Hilbert space and let  $B(H)$  be the Banach algebra of all bounded linear operators from  $H$  to  $H$  with identity  $I$ . For  $T \in B(H)$ , let

$$\begin{aligned} w(T) &= \sup_{\|x\|=1} |\langle Tx, x \rangle|, \\ r(T) &= \sup\{|\lambda| : \lambda \in \sigma(T)\}, \\ \|T\| &= \sup_{\|x\|=1} \langle Tx, Tx \rangle^{\frac{1}{2}}, \end{aligned}$$

denote the numerical radius, the spectral radius and the usual operator norm respectively.

It is known that the numerical radius and the usual operator norm are equivalent norms on  $B(H)$  such that

$$\frac{1}{2} \|T\| \leq w(T) \leq \|T\|, \tag{1.1}$$

for all  $T \in B(H)$ .

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In [2], Kittaneh provided a refinement to the upper bound of the inequality (1.1) by showing that

$$w(T) \leq \frac{1}{2} \| |T| + |T^*| \| \leq \frac{1}{2} \left( \|T\| + \|T^2\|^{1/2} \right), \tag{1.2}$$

for all  $T \in B(H)$ .

Another improvement for the inequality (1.1) was given by the same author as follows:

$$\frac{1}{4} \|T^*T + TT^*\| \leq w^2(T) \leq \frac{1}{2} \|T^*T + TT^*\|, \tag{1.3}$$

for every  $T \in B(H)$ .

Precisely, the Numerical radius is not submultiplicative that is  $w(AB) \leq w(A)w(B)$  for all  $A, B \in B(H)$  is not true in general, so many authors are interested to estimate lower and upper bounds for  $w(AB)$  where  $A, B \in B(H)$ . For example it is known that

$$w(AB) \leq 4w(A)w(B);$$

and if  $A, B$  commute, then

$$w(AB) \leq 2w(A)w(B);$$

also, if  $A, B$  are normal, then

$$w(AB) \leq w(A)w(B).$$

Recently, in [3] the author gave a new upper bound for the numerical radius of product of operators, he proved that for  $A, B \in B(H)$  such that  $|A|B = B^*|A|$  and for nonnegative continuous functions  $f$  and  $g$  on  $[0, \infty)$  satisfying  $f(t)g(t) = t, (t \geq 0)$ ,

$$w(AB) \leq \frac{1}{2} r(B) \left\| f^2(|A|) + g^2(|A^*|) \right\|, \tag{1.4}$$

where  $|A| = (A^*A)^{\frac{1}{2}}$  denotes the absolute value of  $A$ .

Also, he proved if  $p \geq 1, \alpha \geq \beta > 1$ , with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1$  and  $\beta p \geq 2$ , then

$$w^p(AB) \leq r^p(B) \left\| \frac{1}{\alpha} f^{\alpha p}(|A|) + \frac{1}{\beta} g^{\beta p}(|A^*|) \right\|, \tag{1.5}$$

and if  $|A^2|B^2 = (B^2)^*|A^2|$ , then

$$w^{2p}(AB) \leq \frac{1}{2} \left( \| |AB|^{2p} + r^p(B^2) \right\| \left\| \frac{1}{\alpha} f^{\alpha p}(|A^2|) + \frac{1}{\beta} g^{\beta p}(|(A^2)^*|) \right\| \right). \tag{1.6}$$

On the other hand, many authors are interested to estimate the numerical radius for the operator of matrices. In 2020, Al-Dolat, Jaradat and Al-Husban in [16] showed that if  $A, B, C, D \in B(H)$ , then

$$w \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \frac{1}{2} \left( w^2(A) + 2w(D) + \sqrt{t^2 w(A) + \|B\|^2} + \sqrt{(1-t)^2 w(A) + \|C\|^2} \right),$$

for all  $t \in [0, 1]$ .

In 2020, Bani-Domi and Kittaneh proved in [15] if  $A, B, C, D \in B(H)$ , then

$$w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \max\{w^2(A), w^2(D)\} + w^2 \left( \begin{bmatrix} 0 & B \\ C & 0 \end{bmatrix} \right) + w \left( \begin{bmatrix} 0 & BD \\ CA & 0 \end{bmatrix} \right) + \frac{1}{2} \max\{\lambda, \mu\},$$

where  $\lambda = \||A|^2 + |B^*|^2\|$  and  $\mu = \||D|^2 + |C^*|^2\|$ .

Let  $a, b \geq 0$ . Then we have

- The Power-Mean inequality:

$$a^\alpha b^{1-\alpha} \leq \alpha a + (1 - \alpha)b \leq (\alpha a^p + (1 - \alpha)b^p)^{\frac{1}{p}}, \tag{1.7}$$

for all  $\alpha \in [0, 1]$  and  $p \geq 1$ .

- Kittaneh and Manasrah [1] gave a refinement for (1.7) as follows:

$$a^\alpha b^{1-\alpha} \leq \alpha a + (1 - \alpha)b - r_0(\sqrt{a} - \sqrt{b})^2, \tag{1.8}$$

for all  $\alpha \in [0, 1]$  where  $r_0 = \min\{\alpha, 1 - \alpha\}$ .

- The authors in [4] presented a generalization for (1.8) as follows:

$$(a^\alpha b^{1-\alpha})^k \leq (\alpha a + (1 - \alpha)b)^k - r_0^k (a^{\frac{k}{2}} - b^{\frac{k}{2}})^2, \tag{1.9}$$

for all  $k \in \mathbb{N}$  and  $\alpha \in [0, 1]$  where  $r_0 = \min\{\alpha, 1 - \alpha\}$ .

- Recently, Choi [5] improved the Power-Mean inequality as follows:

$$(a^\alpha b^{1-\alpha})^k \leq (\alpha a + (1 - \alpha)b)^k - (2r_0)^k \left( \left( \frac{a+b}{2} \right)^k - (ab)^{\frac{k}{2}} \right), \tag{1.10}$$

for all  $k \in \mathbb{N}$  and  $\alpha \in [0, 1]$  where  $r_0 = \min\{\alpha, 1 - \alpha\}$ .

- The Power-Young inequality:

$$ab \leq \frac{a^\alpha}{\alpha} + \frac{b^\beta}{\beta} \leq \left( \frac{a^{p\alpha}}{\alpha} + \frac{b^{p\beta}}{\beta} \right)^{1/p}, \tag{1.11}$$

for all  $\alpha, \beta > 1$  with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1$  and  $p \geq 1$ .

In this paper, we present some generalizations and refinements for the numerical radius inequalities. Further, new upper bounds for the numerical radius of  $2 \times 2$  operator matrices are given.

## 2. The main results

The aim of this section is to establish a generalizations and refinements for the numerical radius inequalities. To do this, we need the following sequence of lemmas. The first lemma is a result of the spectral Theorem together with Jensen’s inequality (see[7]).

LEMMA 2.1. *Let  $T \in B(H)$  be a positive operator and let  $x \in H$  be any vector. Then*

- a.  $\langle Tx, x \rangle^s \leq \|x\|^{2s-2} \langle T^s x, x \rangle$  for  $s \geq 1$ ;
- b.  $\langle T^s x, x \rangle \leq \|x\|^{2-2s} \langle Tx, x \rangle^s$  for  $0 < s \leq 1$ .

The second lemma give an upper bound for the spectral radius which was obtained by Kittaneh [6].

LEMMA 2.2. *Let  $A, B \in B(H)$ . Then*

$$r(AB) \leq \frac{1}{4} \left( \|AB\| + \|BA\| + \sqrt{(\|AB\| - \|BA\|)^2 + 4 \min\{\|A\|\|BAB\|, \|B\|\|ABA\|\}} \right).$$

In particular,

$$r(A) \leq \frac{1}{2} (\|A\| + \|A^2\|^{\frac{1}{2}}).$$

The next lemma is a consequence of the spectral Theorem [7].

LEMMA 2.3. *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$ . If  $f, g$  are nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$ , where  $t \geq 0$ , then*

$$|\langle ABx, y \rangle| \leq r(B) \|f(|A|)x\| \|g(|A^*|)y\|,$$

for every vectors  $x, y \in H$ .

Our first main result is the following improvement of (1.4).

THEOREM 2.4. *Let  $A_i, B_i \in B(H)$  ( $i = 1, 2, \dots, n$ ) such that  $|A_i|B_i = B_i^*|A_i|$  and let  $f$  and  $g$  be nonnegative continuous functions on  $[0, \infty)$  such that  $f(t)g(t) = t$  for all  $t \in [0, \infty)$ . Then for every  $k \in \mathbb{N}$  and  $p, q \geq k$ ,*

$$w^p \left( \sum_{i=1}^n A_i B_i \right) \leq \frac{n^{p-k/q}}{2^{k/q}} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \left\| \sum_{i=1}^n \left( f^{2pq/k}(|A_i|) + g^{2pq/k}(|A_i^*|) \right) \right\|^{k/q} - \inf_{\|x\|=1} \phi(x) \tag{2.1}$$

where  $\phi(x) = \frac{n^{p-1}}{2^k} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \langle f^{2p/k}(|A_i|)x, x \rangle^{k/2} - \langle g^{2p/k}(|A_i^*|)x, x \rangle^{k/2} \right)^2$ .

*Proof.* Let  $x \in H$  be any unit vector. Then

$$\begin{aligned}
 & \left| \left\langle \sum_{i=1}^n A_i B_i x, x \right\rangle \right|^p \\
 & \leq \left( \sum_{i=1}^n |\langle A_i B_i x, x \rangle| \right)^p \\
 & \leq n^{p-1} \sum_{i=1}^n |\langle A_i B_i x, x \rangle|^p \\
 & \hspace{15em} \text{(by convexity of } t^p) \\
 & \leq n^{p-1} \sum_{i=1}^n (r(B_i) \|f(|A_i|)x\| \|g(|A_i^*|)x\|)^p \\
 & \hspace{15em} \text{(by Lemma 2.3)} \\
 & \leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \langle f^2(|A_i|)x, x \rangle^{p/2} \langle g^2(|A_i^*|)x, x \rangle^{p/2} \right) \\
 & \leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \langle f^{2p/k}(|A_i|)x, x \rangle^{1/2} \langle g^{2p/k}(|A_i^*|)x, x \rangle^{1/2} \right)^k \\
 & \hspace{15em} \text{(by Lemma 2.1)} \\
 & \leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left( \frac{\langle f^{2p/k}(|A_i|)x, x \rangle^q + \langle g^{2p/k}(|A_i^*|)x, x \rangle^q}{2} \right)^{k/q} \right. \\
 & \quad \left. - \frac{1}{2^k} \left( \langle f^{2p/k}(|A_i|)x, x \rangle^{k/2} - \langle g^{2p/k}(|A_i^*|)x, x \rangle^{k/2} \right)^2 \right] \\
 & \hspace{15em} \text{(by inequalities (1.9) and (1.7))} \\
 & \leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left( \frac{\langle f^{2pq/k}(|A_i|)x, x \rangle + \langle g^{2pq/k}(|A_i^*|)x, x \rangle}{2} \right)^{k/q} \right. \\
 & \quad \left. - \frac{1}{2^k} \left( \langle f^{2p/k}(|A_i|)x, x \rangle^{k/2} - \langle g^{2p/k}(|A_i^*|)x, x \rangle^{k/2} \right)^2 \right] \\
 & \hspace{15em} \text{(by Lemma 2.1)} \\
 & \leq \frac{n^{p-k/q}}{2^{k/q}} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \left\langle \left( \sum_{i=1}^n \langle f^{2pq/k}(|A_i|)x, x \rangle + \langle g^{2pq/k}(|A_i^*|)x, x \rangle \right) x, x \right\rangle^{k/q} \\
 & \quad - \frac{n^{p-1}}{2^k} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \langle f^{2p/k}(|A_i|)x, x \rangle^{k/2} - \langle g^{2p/k}(|A_i^*|)x, x \rangle^{k/2} \right)^2 \\
 & \hspace{15em} \text{(by concavity of } t^{\frac{k}{q}}).
 \end{aligned}$$

Thus,

$$\begin{aligned}
 w^p \left( \sum_{i=1}^n A_i B_i \right) &= \sup \left\{ \left| \left\langle \sum_{i=1}^n A_i B_i x, x \right\rangle \right|^p : x \in H, \|x\| = 1 \right\} \\
 &\leq \frac{n^{p-k/q}}{2^{k/q}} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \left\| \sum_{i=1}^n (f^{2pq/k}(|A_i|) + g^{2pq/k}(|A_i^*|)) \right\|^{k/q} \\
 &\quad - \inf_{\|x\|=1} \phi(x). \quad \square
 \end{aligned}$$

Choosing  $n = 1$  in Theorem 2.4 then using Lemma 2.2 we obtain the following corollary.

**COROLLARY 2.5.** *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$  and let  $f$  and  $g$  be nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$  for  $t \geq 0$ . Then for  $k \in \mathbb{N}$  and  $p, q \geq k$ ,*

$$\begin{aligned}
 w^p(AB) &\leq \frac{r^p(B)}{2^{k/q}} \left\| f^{2pq/k}(|A|) + g^{2pq/k}(|A^*|) \right\| - \inf_{\|x\|=1} \phi(x) \\
 &\leq \frac{1}{2^{p+k/q}} (\|B\| + \|B^2\|^{1/2})^p \left\| f^{2pq/k}(|A|) + g^{2pq/k}(|A^*|) \right\| - \inf_{\|x\|=1} \phi(x),
 \end{aligned}$$

where  $\phi(x) = \frac{r^p(B)}{2^k} \left( \langle f^{2p/k}(|A|)x, x \rangle^{k/2} - \langle g^{2p/k}(|A^*|)x, x \rangle^{k/2} \right)^2$ .

The next result follows from Corollary 2.5 by setting  $p = q = k = 1$  and  $f(t) = t^\alpha$ ,  $g(t) = t^{1-\alpha}$  for  $\alpha \in [0, 1]$ .

**COROLLARY 2.6.** *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$ . Then for  $\alpha \in [0, 1]$ ,*

$$\begin{aligned}
 w(AB) &\leq \frac{r(B)}{2} \left\| |A|^{2\alpha} + |A^*|^{2(1-\alpha)} \right\| - \inf_{\|x\|=1} \phi(x) \\
 &\leq \frac{1}{4} (\|B\| + \|B^2\|^{1/2}) \left\| |A|^{2\alpha} + |A^*|^{2(1-\alpha)} \right\| - \inf_{\|x\|=1} \phi(x),
 \end{aligned}$$

where  $\phi(x) = \frac{r(B)}{2} \left( \langle |A|^{2\alpha} x, x \rangle^{1/2} - \langle |A^*|^{2(1-\alpha)} x, x \rangle^{1/2} \right)^2$ .

The next result is a simple form follows from Corollary 2.6 by letting  $\alpha = 1/2$ .

**COROLLARY 2.7.** *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$ . Then*

$$\begin{aligned}
 w(AB) &\leq \frac{r(B)}{2} \| |A| + |A^*| \| - \inf_{\|x\|=1} \phi(x) \\
 &\leq \frac{1}{4} (\|B\| + \|B^2\|^{1/2}) \| |A| + |A^*| \| - \inf_{\|x\|=1} \phi(x),
 \end{aligned}$$

where  $\phi(x) = \frac{r(B)}{2} \left( \langle |A|x, x \rangle^{1/2} - \langle |A^*|x, x \rangle^{1/2} \right)^2$ .

The next lemma is a result of Shebrawi [8] that will be used in the proof of Corollary 2.9.

LEMMA 2.8. *Let  $A, B \in B(H)$  and let  $t \in [0, 1]$ . Then*

$$\|A + B\| \leq \max(\|A\|, \|B\|) + \frac{1}{2} (\| |A|^t |B|^{1-t} \| + \| |A^*|^t |B^*|^{1-t} \|).$$

Using Corollary 2.7, Lemma 2.8 with  $t = \frac{1}{2}$  and the fact  $\| |A|^{1/2} |B|^{1/2} \| \leq \|AB^*\|^{1/2}$  we obtain the following corollary.

COROLLARY 2.9. *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$ . Then*

$$w(AB) \leq \frac{1}{4} (\|B\| + \|B^2\|^{1/2}) (\|A\| + \|A^2\|^{1/2}) - \inf_{\|x\|=1} \phi(x),$$

where  $\phi(x) = \frac{r(B)}{2} (\langle |A|x, x \rangle^{1/2} - \langle |A^*|x, x \rangle^{1/2})^2$ .

The following theorem gives a generalization for (1.5) which can be stated as follows.

THEOREM 2.10. *Let  $A_i, B_i \in B(H)$  ( $i = 1, 2, \dots, n$ ) such that  $|A_i|B_i = B_i^*|A_i|$  and let  $f, g$  be nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$ , ( $t \geq 0$ ). Then for  $\alpha \geq \beta > 1$  with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1$ ,  $s \geq 1$  and  $p \geq \max\{1, \frac{2}{s\beta}\}$ ,*

$$\begin{aligned} w^p \left( \sum_{i=1}^n A_i B_i \right) &\leq n^{p-1/s} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \left\| \sum_{i=1}^n \left( \frac{1}{\alpha} f^{ps\alpha}(|A_i|) + \frac{1}{\beta} g^{ps\beta}(|A_i^*|) \right) \right\|^{1/s} \\ &\leq \frac{n^{p-1/s}}{2^p} \sqrt[s]{\max \left\{ \frac{1}{\alpha}, \frac{1}{\beta} \right\}} \left( \max_{1 \leq i \leq n} (\|B_i\| + \|B_i^2\|)^p \right) \\ &\quad \times \left\| \sum_{i=1}^n \left( f^{ps\alpha}(|A_i|) + g^{ps\beta}(|A_i^*|) \right) \right\|^{1/s}. \end{aligned}$$

*Proof.* Let  $x \in H$  be any unit vector. Then, we have

$$\begin{aligned} &\left| \left\langle \sum_{i=1}^n A_i B_i x, x \right\rangle \right|^p \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \langle f^2(|A_i|)x, x \rangle^{ps/2} \langle g^2(|A_i^*|)x, x \rangle^{ps/2} \right)^{1/s} \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \frac{1}{\alpha} \langle f^2(|A_i|)x, x \rangle^{ps\alpha/2} + \frac{1}{\beta} \langle g^2(|A_i^*|)x, x \rangle^{ps\beta/2} \right)^{1/s} \end{aligned}$$

(by inequality 1.11)

$$\begin{aligned} &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \frac{1}{\alpha} \langle f^{ps\alpha}(|A_i|)x, x \rangle + \frac{1}{\beta} \langle g^{ps\beta}(|A_i^*|)x, x \rangle \right)^{1/s} \\ &\hspace{10em} \text{(by Lemma 2.1)} \\ &= n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left\langle \left( \frac{1}{\alpha} f^{ps\alpha}(|A_i|) + \frac{1}{\beta} g^{ps\beta}(|A_i^*|) \right) x, x \right\rangle^{1/s} \\ &\leq n^{p-1/s} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \left\langle \left( \sum_{i=1}^n \frac{1}{\alpha} f^{ps\alpha}(|A_i|) + \frac{1}{\beta} g^{ps\beta}(|A_i^*|) \right) x, x \right\rangle^{1/s} \\ &\hspace{10em} \text{(by concavity of } t^{1/s}\text{)}. \end{aligned}$$

Now, the first bound of Theorem 2.10 is obtained by taking the supremum over all unit vectors  $x \in H$ . We obtain the second bound by applying Lemma 2.2 on the first inequality.  $\square$

As a direct consequence of Theorem 2.10 we get the following result which can be considered as a generalization for the first bound of the inequality (1.2)

COROLLARY 2.11. *Let  $A \in B(H)$ . Then for all  $p, s \geq 1$ ,*

$$w^p(A) \leq \left\| \frac{|A|^{ps} + |A^*|^{ps}}{2} \right\|^{1/s}.$$

Setting  $p = s = 1$  in Corollary 2.11 we get the first bound in the inequality (1.2). On the other hand the next result is obtained by letting  $n = 1$  in Theorem 2.10.

COROLLARY 2.12. *Let  $A, B \in B(H)$  such that  $|A|B = B^*|A|$ . If  $f, g$  are nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$  ( $t \geq 0$ ). Then*

$$w^p(AB) \leq r^p(B) \left\| \frac{1}{\alpha} f^{ps\alpha}(|A|) + \frac{1}{\beta} g^{ps\beta}(|A^*|) \right\|^{1/s},$$

where  $\alpha \geq \beta > 1$  with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1$ ,  $s \geq 1$  and  $p \geq \max\{1, \frac{2}{s\beta}\}$ .

A general refinement for the second bound of (1.3) will be given in the following theorem.

THEOREM 2.13. *Let  $A_i, B_i \in B(H)$  ( $i = 1, 2, \dots, n$ ) such that  $|A_i|B_i = B_i^*|A_i|$  and let  $f, g$  be nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$ , ( $t \geq 0$ ). Then for  $\alpha \in [0, 1]$ ,  $q \geq 1$ ,  $k \in \mathbb{N}$  and  $p \geq k$ ,*

$$\begin{aligned} w^p \left( \sum_{i=1}^n A_i B_i \right) &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left( \left\| \alpha f^{2pq/\alpha k}(|A_i|) + (1-\alpha) g^{2pq/(1-\alpha)k}(|A_i^*|) \right\|^{1/q} \right. \\ &\quad \left. - \inf_{\|x\|=1} \phi(x) \right)^{1/2}, \end{aligned}$$



where

$$\begin{aligned} \phi(x) &= (2 \min\{\alpha, 1 - \alpha\})^k \\ &\times \left( \left\langle \frac{f^{2p/\alpha k}(|A_i|) + g^{2p/(1-\alpha)k}(|A_i^*|)}{2} x, x \right\rangle^k \right. \\ &\left. - \left( \left\langle f^{2p/\alpha k}(|A_i|) x, x \right\rangle \left\langle g^{2p/(1-\alpha)k}(|A_i^*|) x, x \right\rangle \right)^{k/2} \right). \end{aligned}$$

*Proof.* Let  $x \in H$  be a unit vector. Then, we have

$$\begin{aligned} &\left| \left\langle \sum_{i=1}^n A_i B_i x, x \right\rangle \right|^p \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \langle f^2(|A_i|) x, x \rangle^{p/2} \langle g^2(|A_i^*|) x, x \rangle^{p/2} \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left( \langle f^{2p/\alpha}(|A_i|) x, x \rangle^{p\alpha/k} \langle g^{2p/(1-\alpha)}(|A_i^*|) x, x \rangle^{p(1-\alpha)/k} \right)^k \right]^{1/2} \\ &\hspace{10em} \text{(by Lemma 2.1)} \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left( \langle f^{2p/\alpha k}(|A_i|) x, x \rangle^\alpha \langle g^{2p/(1-\alpha)k}(|A_i^*|) x, x \rangle^{1-\alpha} \right)^k \right]^{1/2} \\ &\hspace{10em} \text{(by Lemma 2.1)} \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left( \alpha \langle f^{2p/\alpha k}(|A_i|) x, x \rangle^q + (1 - \alpha) \langle g^{2p/(1-\alpha)k}(|A_i^*|) x, x \rangle^q \right)^{k/q} \right. \\ &\quad \left. - (2 \min\{\alpha, 1 - \alpha\})^k \left( \left\langle \frac{f^{2p/\alpha k}(|A_i|) + g^{2p/(1-\alpha)k}(|A_i^*|)}{2} x, x \right\rangle^k \right. \right. \\ &\quad \left. \left. - \left( \langle f^{2p/\alpha k}(|A_i|) x, x \rangle \langle g^{2p/(1-\alpha)k}(|A_i^*|) x, x \rangle \right)^{k/2} \right) \right]^{1/2} \text{ (by (1.10) and (1.7))} \\ &\leq n^{p-1} \left( \max_{1 \leq i \leq n} r^p(B_i) \right) \sum_{i=1}^n \left[ \left\langle \left( \alpha f^{2pq/\alpha k}(|A_i|) + (1 - \alpha) g^{2pq/(1-\alpha)k}(|A_i^*|) \right) x, x \right\rangle^{k/q} \right. \\ &\quad \left. - (2 \min\{\alpha, 1 - \alpha\})^k \left( \left\langle \frac{f^{2p/\alpha k}(|A_i|) + g^{2p/(1-\alpha)k}(|A_i^*|)}{2} x, x \right\rangle^k \right. \right. \\ &\quad \left. \left. - \left( \langle f^{2p/\alpha k}(|A_i|) x, x \rangle \langle g^{2p/(1-\alpha)k}(|A_i^*|) x, x \rangle \right)^{k/2} \right) \right]^{1/2} \text{ (by Lemma 2.1).} \end{aligned}$$

The desired bound is obtained By taking the supremum over all unit vectors  $x \in H$ .  $\square$

Choosing  $\alpha = \frac{1}{2}$ ,  $n = p = q = k = 1$ ,  $B = I$  and  $f(t) = g(t) = t^{1/2}$  in Theorem 2.13 we get the following corollary.

COROLLARY 2.14. *Let  $A \in B(H)$ . Then*

$$w^2(A) \leq \frac{1}{2} \| |A|^2 + |A^*|^2 \| - \inf_{\|x\|=1} \phi(x),$$

where

$$\phi(x) = \left\langle \frac{|A|^2 + |A^*|^2}{2} x, x \right\rangle - (\langle |A|^2 x, x \rangle \langle |A^*|^2 x, x \rangle)^{1/2}.$$

The next lemma is a result of Dragomir [9] that will be used in the proof of Theorem 2.16.

LEMMA 2.15. *Let  $x, y, e \in H$  such that  $\|x\| = 1$ . Then*

$$|\langle x, e \rangle \langle e, y \rangle| \leq \frac{1}{2} (|\langle x, y \rangle| + \|x\| \|y\|).$$

Let  $A, B \in B(H)$  and let  $u \in H$  be unit vector. Then for  $e = u, x = ABu$  and  $y = B^*A^*u$  in Lemma 2.15 we have

$$|\langle ABu, u \rangle|^2 \leq \frac{1}{2} \left( \left| \langle (AB)^2 u, u \rangle \right| + \|ABu\| \|B^*A^*u\| \right). \tag{2.2}$$

The next result provides a generalization for the inequality (1.6).

THEOREM 2.16. *Let  $A_i, B_i \in B(H)$  ( $i = 1, 2, \dots, n$ ) such that  $A_i B_i = B_i A_i$  and  $|A_i^2| B_i^2 = (B_i^2)^* |A_i^2|$  and let  $f, g$  be nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t, (t \geq 0)$ . Then for  $\alpha \geq \beta > 1$  with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1, s \geq 1$  and  $p \geq \max\{1, \frac{2}{s\beta}\}$ ,*

$$\begin{aligned} w^{2p} \left( \sum_{i=1}^n A_i B_i \right) &\leq \frac{n^{2p-1}}{2} \sum_{i=1}^n \|A_i B_i\|^{2p} + \frac{n^{2p-1/s}}{2} \left( \max_{1 \leq i \leq n} r^p(B_i^2) \right) \\ &\quad \times \left\| \sum_{i=1}^n \left( \frac{1}{\alpha} f^{ps\alpha}(|A_i^2|) + \frac{1}{\beta} g^{ps\beta}(|(A_i^2)^*|) \right) \right\|^{1/s} \\ &\leq \frac{n^{2p-1}}{2} \left( \sum_{i=1}^n \|A_i B_i\| + \frac{(\|B_i^2\| + \|B_i^4\|^{1/2})}{n^{-1+1/s}} \right) \\ &\quad \times \left\| \sum_{i=1}^n \left( \frac{1}{\alpha} f^{ps\alpha}(|A_i^2|) + \frac{1}{\beta} g^{ps\beta}(|(A_i^2)^*|) \right) \right\|^{1/s}. \end{aligned}$$

*Proof.* For any unit vector  $x \in H$  we have

$$\begin{aligned} \left| \left\langle \sum_{i=1}^n A_i B_i x, x \right\rangle \right|^{2p} &\leq n^{2p-1} \sum_{i=1}^n |\langle A_i B_i x, x \rangle|^{2p} \text{ (by convexity of } t^{2p}) \\ &\leq n^{2p-1} \sum_{i=1}^n \left( \frac{\left| \langle (A_i B_i)^2 x, x \rangle \right| + \|A_i B_i x\| \|B_i^* A_i^* x\|}{2} \right)^p \text{ (by (2.2))} \end{aligned}$$

$$\begin{aligned} &\leq n^{2p-1} \sum_{i=1}^n \left( \frac{\left| \langle (A_i B_i)^2 x, x \rangle \right|^p + \|A_i B_i x\|^p \|B_i^* A_i^*\|^p}{2} \right) \quad (\text{by (1.7)}) \\ &\leq \frac{n^{2p-1}}{2} \left( \sum_{i=1}^n \|A_i B_i\|^{2p} + \left( \max_{1 \leq i \leq n} r^p(B_i^2) \right) \sum_{i=1}^n \langle f^2(|A_i^2|) x, x \rangle^{p/2} \langle g^2(|(A_i^2)^*|) x, x \rangle^{p/2} \right) \\ &\quad (\text{by Lemma 2.3}) \\ &\leq \frac{n^{2p-1}}{2} \left( \sum_{i=1}^n \|A_i B_i\|^{2p} + \frac{(\max_{1 \leq i \leq n} r^p(B_i^2))}{n^{-1+1/s}} \left\langle \left( \sum_{i=1}^n \frac{1}{\alpha} f^{ps\alpha}(|A_i^2|) + \frac{1}{\beta} g^{ps\beta}(|(A_i^2)^*|) \right) x, x \right\rangle^{1/s} \right). \end{aligned}$$

The last inequality above is obtained by follows the same steps of Theorem 2.10. The proof is finish by taking the supremum over all unit vectors  $x \in H$ .  $\square$

The next result follows from Theorem 2.16 by letting  $n = 1$  and  $B = I$ .

**COROLLARY 2.17.** *Let  $A \in B(H)$ , and let  $f, g$  be nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t, (t \geq 0)$ . Then for  $\alpha \geq \beta > 1$  with  $\frac{1}{\alpha} + \frac{1}{\beta} = 1$  and  $p \geq \max\{\frac{2}{s\beta}, 1\}$ ,*

$$w^{2p}(A) \leq \frac{1}{2} \left( \|A\|^{2p} + \left\| \frac{1}{\alpha} f^{ps\alpha}(|A^2|) + \frac{1}{\beta} g^{ps\beta}(|(A^2)^*|) \right\|^{1/s} \right).$$

The final result in this section is the following refinement of [[10], Theorem 3.3].

**THEOREM 2.18.** *Let  $A_i, B_i, X_i \in B(H)$ ,  $(i = 1, 2, \dots, n)$  such that  $A_i, B_i$  positive for each  $i = 1, 2, \dots, n$ . Then for  $\alpha \in [0, 1], k \in \mathbb{N}, q \geq k$  and  $p \geq 2k$ ,*

$$w^p \left( \sum_{i=1}^n A_i^\alpha X_i B_i^{1-\alpha} \right) \leq \left( \max_{1 \leq i \leq n} \|X_i\|^p \right) \min\{\lambda, \mu\},$$

where

$$\lambda = n^{p-q/k} \left\| \sum_{i=1}^n \left( \alpha A_i^{pq/k} + (1-\alpha) B_i^{pq/k} \right) \right\|^{k/q} - \inf_{\|x\|=1} \phi(x),$$

and

$$\mu = n^{p-q/k} \left\| \sum_{i=1}^n \left( \alpha A_i^{pq/k} + (1-\alpha) B_i^{pq/k} \right) \right\|^{k/q} - \inf_{\|x\|=1} \varphi(x),$$

where

$$\phi(x) = (2r_0)^k n^{p-1} \sum_{i=1}^n \left( \left\langle \frac{A_i^{p/k} + B_i^{p/k}}{2} x, x \right\rangle^k - \left( \langle A_i^{p/k} x, x \rangle \langle B_i^{p/k} x, x \rangle \right)^{k/2} \right),$$

and

$$\varphi(x) = n^{p-1} r_0^k \sum_{i=1}^n \left( \langle A_i^{p/k} x, x \rangle^{k/2} - \langle B_i^{p/k} x, x \rangle^{k/2} \right)^2,$$

where  $r_0 = \min\{\alpha, 1 - \alpha\}$ .

*Proof.* Let  $x \in H$  be any unit vector. Then by the Cauchy-Schwartz inequality, Lemma 2.3, Lemma 2.1 and the inequality (1.10) we have

$$\begin{aligned} & \left| \left\langle \sum_{i=1}^n A_i^\alpha X_i B_i^{1-\alpha} x, x \right\rangle \right|^p \\ & \leq n^{p-1} \sum_{i=1}^n \left| \langle A_i^\alpha X_i B_i^{1-\alpha} x, x \rangle \right|^p \\ & = n^{p-1} \sum_{i=1}^n \left| \langle X_i B_i^{1-\alpha} x, A_i^\alpha x \rangle \right|^p \\ & \leq n^{p-1} \sum_{i=1}^n ( \|X_i\|^p \|B_i^{1-\alpha} x\|^p \|A_i^\alpha x\|^p ) \\ & \leq n^{p-1} \left( \max_{1 \leq i \leq n} \|X_i\|^p \right) \sum_{i=1}^n \left( \langle A_i^{2\alpha} x, x \rangle^{p/2k} \langle B_i^{2(1-\alpha)} x, x \rangle^{p/2k} \right)^k \\ & \leq n^{p-1} \left( \max_{1 \leq i \leq n} \|X_i\|^p \right) \sum_{i=1}^n \left( \langle A_i^{p/k} x, x \rangle^\alpha \langle B_i^{p/k} x, x \rangle^{(1-\alpha)^k} \right)^k \\ & \leq \left( \max_{1 \leq i \leq n} \|X_i\|^p \right) \left[ n^{p-q/k} \left\langle \left( \sum_{i=1}^n \left( \alpha A_i^{pq/k} + (1-\alpha) B_i^{pq/k} \right) \right) x, x \right\rangle^{k/q} \right. \\ & \quad \left. - (2r_0)^k n^{p-1} \sum_{i=1}^n \left( \left\langle \frac{A_i^{p/k} + B_i^{p/k}}{2} x, x \right\rangle^k - \left( \langle A_i^{p/k} x, x \rangle \langle B_i^{p/k} x, x \rangle \right)^{k/2} \right) \right] \end{aligned}$$

The last inequality above is obtained by follows the same technique of Theorem 2.4 together with the inequalities (1.10) and (1.7). Taking the supremum over all unit vectors  $x \in H$ , we get the first bound. Finally, by using (1.9), (1.7) and the same method that gave the first bound we get the second bound.  $\square$

**COROLLARY 2.19.** *Let  $A, B, X \in B(H)$  such that  $A$  and  $B$  are positive. Then for  $\alpha \in [0, 1]$ ,  $k \in \mathbb{N}$  and  $p \geq 2k$ ,*

$$w^p(A^\alpha X B^{1-\alpha}) \leq \|X\|^p \min\{\lambda, \mu\},$$

where

$$\lambda = \|\alpha A^p + (1 - \alpha) B^p\| - \inf_{\|x\|=1} \phi(x)$$

and

$$\mu = \|\alpha A^p + (1 - \alpha)B^p\| - \inf_{\|x\|=1} \varphi(x),$$

where

$$\varphi(x) = (2r_0)^k \left( \left\langle \frac{A^{p/k} + B^{p/k}}{2} x, x \right\rangle - \left( \langle A^{p/k} x, x \rangle \langle B^{p/k} x, x \rangle \right)^{k/2} \right),$$

and

$$\varphi(x) = r_0^k \left( \langle A^{p/k} x, x \rangle^{k/2} - \langle B^{p/k} x, x \rangle^{k/2} \right)^2,$$

where  $r_0 = \min\{\alpha, 1 - \alpha\}$ .

### 3. New upper bounds for $2 \times 2$ operator matrices

In this section we will give new upper bounds for  $2 \times 2$  operator matrices. To do this we need some facts about the spectral radius and the numerical radius. The first fact gives some basic properties for the spectral radius.

LEMMA 3.1. *Let  $A, B, C, D \in B(H)$ . The following statements hold*

a. *If  $AB = BA$ , then  $r(A + B) \leq r(A) + r(B)$  and  $r(AB) \leq r(A)r(B)$ .*

b.  *$r(A^n) = r^n(A)$  for all  $n \in \mathbb{N}$ .*

c.  *$r \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq r \left( \begin{bmatrix} \|A\| & \|B\| \\ \|C\| & \|D\| \end{bmatrix} \right)$ .*

d.  *$r \left( \begin{bmatrix} 0 & B \\ C & 0 \end{bmatrix} \right) = \sqrt{r(BC)}$ .*

e. *If  $A$  is normal, then  $r(A) = w(A) = \|A\|$ .*

The second fact gives a useful form for the numerical radius (see [11]).

LEMMA 3.2. *Let  $T \in B(H)$ . Then  $w(T) = \max_{\theta \in \mathbb{R}} \|\operatorname{Re}(e^{i\theta} T)\|$ .*

Also, we need the following fact see [12] and [13] respectively.

LEMMA 3.3. *Let  $A, B, C, D \in B(H)$ . Then*

a.  *$w \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \geq \max \left\{ w(A), w(B), w \left( \begin{bmatrix} 0 & B \\ C & 0 \end{bmatrix} \right) \right\}$ .*

b.  *$w \left( \begin{bmatrix} 0 & B \\ C & 0 \end{bmatrix} \right) = \frac{1}{2} \max_{\theta \in \mathbb{R}} \|e^{i\theta} B + e^{-i\theta} C^*\|$ .*

Our first estimate can be stated as follows

THEOREM 3.4. *Let  $A, B, C, D \in B(H)$ . Then*

$$w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \frac{1}{4} \left( w(A) + \sqrt{w^2(A) + 4w^2(E)} \right)^2 + \frac{1}{2}w^2(D) + \frac{1}{2}w(D)\sqrt{w^2(A) + 4w^2(E)},$$

where  $E = \begin{bmatrix} 0 & B \\ C & 0 \end{bmatrix}$ .

*Proof.* Let  $T = \begin{bmatrix} A & B \\ C & D \end{bmatrix}$  and let  $X = e^{i\theta}A + e^{-i\theta}A^*$ ,  $Z = e^{i\theta}D + e^{-i\theta}D^*$  and  $Y = e^{i\theta}B + e^{-i\theta}C^*$  where  $\theta \in \mathbb{R}$ . Then

$$\begin{aligned} (2w(T))^2 &= \max_{\theta \in \mathbb{R}} \left\| 2\text{Re}(e^{i\theta}T) \right\|^2 \\ &= \max_{\theta \in \mathbb{R}} \left\| e^{i\theta}T + e^{-i\theta}T^* \right\|^2 \\ &= \max_{\theta \in \mathbb{R}} \left\| (e^{i\theta}T + e^{-i\theta}T^*)^2 \right\| \\ &= \max_{\theta \in \mathbb{R}} \left\| TT^* + T^*T + 2\text{Re}(e^{2i\theta}T^2) \right\| \\ &= \max_{\theta \in \mathbb{R}} \left\| \begin{bmatrix} X^2 + YY^* & XY + YZ \\ Y^*X + ZY^* & Z^2 + Y^*Y \end{bmatrix} \right\| \\ &\leq \max_{\theta \in \mathbb{R}} \left( \left\| \begin{bmatrix} X^2 + YY^* & XY \\ Y^*X & Y^*Y \end{bmatrix} \right\| + \left\| \begin{bmatrix} 0 & YZ \\ ZY^* & Z^2 \end{bmatrix} \right\| \right) \\ &= \max_{\theta \in \mathbb{R}} \left( r \left( \begin{bmatrix} X & Y \\ Y^* & 0 \end{bmatrix} \right)^2 + r \left( \begin{bmatrix} 0 & YZ \\ ZY^* & Z^2 \end{bmatrix} \right) \right) \text{ (by Lemma 3.1(e))} \\ &= \max_{\theta \in \mathbb{R}} \left( r^2 \left( \begin{bmatrix} X & Y \\ Y^* & 0 \end{bmatrix} \right) + r \left( \begin{bmatrix} 0 & YZ \\ (YZ)^* & Z^2 \end{bmatrix} \right) \right) \text{ (by Lemma 3.1(b))} \\ &= \max_{\theta \in \mathbb{R}} \left( r^2 \left( \begin{bmatrix} \|X\| & \|Y\| \\ \|Y\| & 0 \end{bmatrix} \right) + r \left( \begin{bmatrix} 0 & \|YZ\| \\ \|YZ\| & \|Z^2\| \end{bmatrix} \right) \right) \text{ (by Lemma 3.1(c))} \\ &= \max_{\theta \in \mathbb{R}} \left( \frac{1}{2} \left( \|X\| + \sqrt{\|X\|^2 + 4\|Y\|^2} \right)^2 + \frac{1}{2} \left( \|Z^2\| + \sqrt{\|Z^2\|^2 + 4\|YZ\|^2} \right) \right) \\ &= \left( w(A) + \sqrt{w^2(A) + 4w^2(E)} \right)^2 + 2w^2(D) + 2w(D)\sqrt{w^2(D) + 4w^2(E)}. \end{aligned}$$

Hence

$$w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \frac{1}{4} \left( w(A) + \sqrt{w^2(A) + 4w^2(E)} \right)^2 + \frac{1}{2}w^2(D) + \frac{1}{2}w(D)\sqrt{w^2(D) + 4w^2(E)}. \quad \square$$

REMARK 3.5. **1.** The inequality in Theorem 3.4 is sharper than the upper bound provided in [[14], Theorem 2.6], to see this take  $B = C = D = 0$  which implies that the inequality in our theorem becomes equality while in [[14], Theorem 2.6] we obtain  $w(A) \leq \|A\|$ .

**2.** In [[15], Theorem 2.2] if we choose  $A = D = 0$  and  $B = C = I$ , we obtain  $w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq 1.5$  whereas in Theorem 3.4 we have  $w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq 1$ .

**3.** In [[16], Theorem 2.8] take  $A = B = C = D = I$  with  $t = 1$  to obtain  $w \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \frac{4+\sqrt{2}}{2} \approx 2.7$ , while in Theorem 3.4 we get  $w \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq \sqrt{2 + \sqrt{5}} \approx 2.06$ .

**4.** In [[8], Corollary 3.4] if we choose  $A = D = \begin{bmatrix} 2 & 0 \\ 0 & 0 \end{bmatrix}$  and  $B = C = 0$ , we obtain  $w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq 16$  while in Theorem 3.4 we obtain  $w^2 \left( \begin{bmatrix} A & B \\ C & D \end{bmatrix} \right) \leq 8$ .

The second estimate which concerns with certain  $2 \times 2$  operator matrix will be given in the following theorem

THEOREM 3.6. *Let  $X, Y \in B(H)$  and suppose  $f, g$  are nonnegative continuous functions on  $[0, \infty)$  satisfying  $f(t)g(t) = t$  ( $t \geq 0$ ). Then*

$$w \left( \begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix} \right) \leq \frac{1}{2} \left( 1 + \sqrt{r(|X||Y|)} \right) \max \{ \|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\| \}.$$

Also,

$$w(X|Y) \leq \frac{1}{2} \left( 1 + \sqrt{r(|X||Y|)} \right) \max \{ \|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\| \}.$$

$$w(Y|X) \leq \frac{1}{2} \left( 1 + \sqrt{r(|X||Y|)} \right) \max \{ \|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\| \}.$$

*Proof.* Let  $A = \begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}$  and  $B = \begin{bmatrix} I & |X| \\ |Y| & I \end{bmatrix}$ . Then it is easy to see that  $|A|B = B^*|A|$  and so by Lemma 2.3 we have

$$\begin{aligned} |\langle ABx, x \rangle| &\leq r(B) \|f(|A|x)\| \|g(|A^*|x)\| \quad (\text{where } x \in H \oplus H) \\ &\leq r(B) \langle f^2(|A|x), x \rangle^{1/2} \langle g^2(|A^*|x), x \rangle^{1/2} \\ &\leq \frac{1}{2} r(B) \langle (f^2(|A|) + g^2(|A^*|))x, x \rangle. \end{aligned}$$

Thus,

$$\begin{aligned}
 & w\left(\begin{bmatrix} X|Y & X \\ Y & Y|X \end{bmatrix}\right) \\
 &= w(AB) = \sup\{|\langle ABx, x \rangle| : x \in H \oplus H, \|x\| = 1\} \\
 &\leq \frac{1}{2} \|f^2(|A|) + g^2(|A^*|)\| r\left(\begin{bmatrix} I & |X| \\ |Y| & I \end{bmatrix}\right) \\
 &= \frac{1}{2} \left\| \begin{bmatrix} f^2(|Y|) + g^2(|X^*|) & 0 \\ 0 & f^2(|X|) + g^2(|Y^*|) \end{bmatrix} \right\| r\left(\begin{bmatrix} I & |X| \\ |Y| & I \end{bmatrix}\right) \\
 &= \frac{1}{2} \max\{\|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\|\} r\left(\begin{bmatrix} I & 0 \\ 0 & I \end{bmatrix} + \begin{bmatrix} 0 & |X| \\ |Y| & 0 \end{bmatrix}\right) \\
 &\leq \frac{1}{2} \max\{\|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\|\} \\
 &\quad \times \left(r\left(\begin{bmatrix} I & 0 \\ 0 & I \end{bmatrix}\right) + r\left(\begin{bmatrix} 0 & |X| \\ |Y| & 0 \end{bmatrix}\right)\right) \quad (\text{by Lemma 3.1(a)}) \\
 &= \frac{1}{2} \max\{\|f^2(|X|) + g^2(|Y^*|)\|, \|f^2(|Y|) + g^2(|X^*|)\|\} \\
 &\quad \times \left(1 + \sqrt{r(|X||Y|)}\right) \quad (\text{by Lemma 3.1(d)}).
 \end{aligned}$$

Using the above inequality and Lemma 3.3(a) we get our bounds.  $\square$

By Theorem 3.6 and Lemma 2.8 we get the following result.

**COROLLARY 3.7.** *Let  $X \in B(H)$ . Then*

$$\begin{aligned}
 w(X|X) &\leq \frac{1}{2}(1 + \|X\|) (\|X\| + \|X^*\|) \\
 &\leq \frac{1}{2}(1 + \|X\|)(\|X\| + \|X^2\|^{1/2}).
 \end{aligned}$$

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