# ON SEQUENCES SATISFYING FOURTH-ORDER DIFFERENCE INEQUALITIES

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Abstract. We consider the class of sequences  $a=(a_1,\cdots,a_n)\in\mathbb{R}^n$  satisfying the fourth-order difference inequality  $\Delta^4a_i\leqslant 0$ ,  $i=1,\cdots,n-4$ . A Hermite-Hadamard-type inequality is established for this class of sequences. The proof of our result is based on the choice of an appropriate sequence which is the solution to a certain fourth-order difference equation. Moreover, if a is a convex sequence, we obtain an interesting refinement of the right discrete Hermite-Hadamard inequality. We next extend our study to the class of matrices satisfying a system of fourth-order difference inequalities. In particular, we obtain a trace inequality for the class of symmetric matrices.

### 1. Introduction

Convex functions are frequently applied to model many problems in engineering, economics, management, etc. Due to this fact, much effort has been devoted to the study of the properties of such functions, see e.g. [2, 3, 17, 28, 30–34, 40]. One of the important inequalities involving convex functions is the Hermite-Hadamard double inequality which can be stated as follows: If  $f:[a,b] \to \mathbb{R}$  is a convex function, then

$$f\left(\frac{a+b}{2}\right) \leqslant \frac{1}{b-a} \int_{a}^{b} f(x) \, dx \leqslant \frac{f(a)+f(b)}{2}. \tag{1.1}$$

The above double inequality dates back to an 1883 observation of Hermite [18] with an independent use by Hadamard [16] in 1893. Hermite-Hadamard double inequality is very useful in the study of the properties of convex functions and their applications in optimization and approximation theory, see e.g. [13–15]. This fact motivated the study of inequalities of type (1.1) in various directions. For more details, we refer to [1,4–12,19–22,26,27,35,36,38] (see also the references therein).

The notion of convex sequences is a discrete version of the convexity concept. Namely, a sequence  $a=(a_1,\cdots,a_n)\in\mathbb{R}^n$ , where  $n\geqslant 3$ , is said to be convex, if a satisfies the second order difference inequality

$$\Delta^2 a_i \geqslant 0, \quad i = 1, \dots, n-2,$$

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where  $\Delta^2 a_i = a_{i+2} - 2a_{i+1} + a_i$ . Several interesting inequalities involving convex sequences have been established, see e.g. [23–25, 29, 37, 39] and the references therein. In [23], the authors established (among many other results) a discrete version of Fejér double inequality [12]. In particular, they obtained the following discrete version of the Hermite-Hadamard double inequality (1.1): If  $a = (a_1, \dots, a_n) \in \mathbb{R}^n$  is a convex sequence, then

$$\frac{a_N + a_{n+1-N}}{2} \leqslant \frac{1}{n} \sum_{i=1}^n a_i \leqslant \frac{a_1 + a_n}{2},\tag{1.2}$$

where  $N = \left[\frac{n+1}{2}\right]$  is the integer part of  $\frac{n+1}{2}$ . We also refer to [29], where some extensions of the obtained results in [23] have been established using some matrix methods based on column stochastic and doubly stochastic matrices.

In this paper, we first consider the class of sequences  $a = (a_1, \dots, a_n) \in \mathbb{R}^n$ , where  $n \ge 5$ , satisfying the fourth-order difference inequality

$$\Delta^4 a_i \leq 0, \quad i = 1, \dots, n-4,$$

where  $\Delta^4 a_i = \Delta^2(\Delta^2 a_i)$ . For this class of sequences, we establish a Hermite-Hadamard-type inequality. If in addition the sequence a is convex, our obtained result provides an interesting refinement of the right inequality in (1.2). Our approach is completely different to that used in [23]. Namely, our method is based on the choice of an appropriate sequence, which is the solution to a certain fourth-order difference equation. We next consider the class of real matrices  $A = (a_{i,j})_{1 \le i \le n, 1 \le j \le m}$ , where  $n, m \ge 5$ , satisfying the system of fourth-order difference inequalities

(I) For all 
$$j=1,\cdots,m$$
, 
$$\Delta_1^4 a_{i,j} \leqslant 0, \quad i=1,\cdots,n-4,$$

(II) For all 
$$i=1,\cdots,n$$
, 
$$\Delta_2^4 a_{i,j} \leqslant 0, \quad j=1,\cdots,m-4,$$

where  $\Delta_1^4 a_{i,j}$  (resp.  $\Delta_2^4 a_{i,j}$ ) is the fourth-order partial difference operator with respect to the index i (resp. j). For this class of matrices, Hermite-Hadamard-type inequalities are proved.

Throughout this paper, we shall use the following notations. Let  $n \ge 5$  and  $a = (a_1, \dots, a_n) \in \mathbb{R}^n$ . We denote by  $\Delta$  the first order difference operator defined by

$$\Delta a_i = a_{i+1} - a_i, \quad i = 1, \dots, n-1.$$

By  $\Delta^2$ , we mean the second order difference operator defined by

$$\Delta^2 a_i = \Delta(\Delta a_i) = a_{i+2} - 2a_{i+1} + a_i, \quad i = 1, \dots, n-2.$$

The fourth-order difference operator  $\Delta^4$  is defined by

$$\Delta^4 a_i = \Delta^2(\Delta^2 a_i) = a_{i+4} - 4a_{i+3} + 6a_{i+2} - 4a_{i+1} + a_i, \quad i = 1, \dots, n-4.$$

Let  $n, m \ge 5$  and  $A = (a_{i,j})_{1 \le i \le n, 1 \le j \le m}$  be a real matrix. For all  $i = 1, \dots, n-1$ , we denote by  $\Delta_1 a_{i,j}$  the partial difference operator with respect to the index i, defined by

$$\Delta_1 a_{i,j} = a_{i+1,j} - a_{i,j}, \quad j = 1, \dots, m.$$

For all  $i = 1, \dots, n-2$ , we denote by  $\Delta_1^2 a_{i,j}$  the second order partial difference operator with respect to the index i, defined by

$$\Delta_1^2 a_{i,j} = a_{i+2,j} - 2a_{i+1,j} + a_{i,j}, \quad j = 1, \dots, m.$$

For all  $i = 1, \dots, n-4$ , we denote by  $\Delta_1^4 a_{i,j}$  the fourth-order partial difference operator with respect to the index i, defined by

$$\Delta_1^4 a_{i,j} = a_{i+4,j} - 4a_{i+3,j} + 6a_{i+2,j} - 4a_{i+1,j} + a_{i,j}, \quad j = 1, \dots, m.$$

Similarly, for all  $j = 1, \dots, m-1$ , we denote by  $\Delta_2 a_{i,j}$  the partial difference operator with respect to the index j, defined by

$$\Delta_2 a_{i,j} = a_{i,j+1} - a_{i,j}, \quad i = 1, \dots, n.$$

For all  $j = 1, \dots, m-2$ , we denote by  $\Delta_2^2 a_{i,j}$  the second order partial difference operator with respect to the index j, defined by

$$\Delta_2^2 a_{i,j} = a_{i,j+2} - 2a_{i,j+1} + a_{i,j}, \quad i = 1, \dots, n.$$

For all  $j = 1, \dots, m-4$ , we denote by  $\Delta_2^4 a_{i,j}$  the fourth-order partial difference operator with respect to the index j, defined by

$$\Delta_2^4 a_{i,j} = a_{i,j+4} - 4a_{i,j+3} + 6a_{i,j+2} - 4a_{i,j+1} + a_{i,j}, \quad i = 1, \dots, n.$$

The rest of the paper is organized as follows. Section 2 is devoted to the main results and their proofs. Namely, in Subsection 2.1, we establish an auxiliary result that will be used later in the proofs of the main results. In Subsection 2.2, we establish a Hermite-Hadamard-type inequality for the class of sequences

$$\mathscr{S}_n = \{ a = (a_1, \dots, a_n) \in \mathbb{R}^n : \Delta^4 a_i \le 0, i = 1, \dots, n - 4 \}.$$

In Subsection 2.3, a Hermite-Hadamard-type inequality is derived for the class of sequences

$${}^{C}\mathscr{S}_{n} = \{a = (a_{1}, \dots, a_{n}) \in \mathscr{S}_{n} : a \text{ is convex}\}.$$

Finally, in Subsection 2.4, we obtain a Hermite-Hadamard-type inequality for systems of fourth-order difference inequalities.

### 2. Main results and proofs

### 2.1. An auxiliary result

For  $n \ge 5$ , let us consider the fourth-order difference equation

$$\Delta^4 b_{i-2} = 1, \quad i = 3, \dots, n-2$$
 (2.1)

under the boundary conditions

$$b_1 = b_2 = b_{n-1} = b_n = 0. (2.2)$$

The following lemma will be useful later.

LEMMA 2.1. Let  $n \ge 5$ . The sequence  $b = (b_1, \dots, b_n) \in \mathbb{R}^n$  defined by

$$b_i = \frac{1}{24}(i-1)(i-2)(i-(n-1))(i-n), \quad i = 1, \dots, n,$$
 (2.3)

satisfies (2.1)–(2.2).

*Proof.* Let us write the possible solutions to problem (2.1)–(2.2) in the form  $b = (b_1, \dots, b_n) \in \mathbb{R}^n$ , where

$$b_i = c_0 + c_1 i + c_2 i^2 + c_3 i^3 + c_4 i^4, \quad i = 1, \dots, n,$$

where  $c_j$ ,  $j = 0, \dots, 4$ , are constants. Elementary calculations show that for all  $i = 3, \dots, n-2$ ,

$$\Delta^4 b_{i-2} = b_{i+2} - 4b_{i+1} + 6b_i - 4b_{i-1} + b_{i-2}$$
  
= 24c<sub>4</sub>.

Hence, taking  $c_4 = \frac{1}{24}$ , we obtain

$$\Delta^4 b_{i-2} = 1, \quad i = 3, \dots, n-2.$$

On the other hand, b satisfies the boundary conditions (2.2) if and only if 1, 2, n-1 and n are roots of  $b_i$  for all  $i = 1, \dots, n$ . Consequently, we get

$$b_i = c_4(i-1)(i-2)(i-(n-1))(i-n), \quad i = 1, \dots, n,$$

which proves the desired result.  $\Box$ 

# **2.2.** The class of sequences satisfying $\Delta^4 a_i \leqslant 0$

For  $n \ge 5$ , we consider the class of sequences

$$\mathscr{S}_n = \left\{ a = (a_1, \dots, a_n) \in \mathbb{R}^n : \Delta^4 a_i \leqslant 0, i = 1, \dots, n - 4 \right\}.$$

Our first main result is the following Hermite-Hadamard-type inequality.

THEOREM 2.2. Let  $n \ge 5$ . If  $a = (a_1, \dots, a_n) \in \mathscr{S}_n$ , then

$$\frac{1}{n}\sum_{i=1}^{n}a_{i} \leqslant \frac{a_{1}+a_{n}}{2} - \frac{n-1}{12}\left(\Delta a_{n-1} - \Delta a_{1}\right). \tag{2.4}$$

*Proof.* Let  $a=(a_1,\cdots,a_n)\in\mathscr{S}_n$  and  $b=(b_1,\cdots,b_n)\in\mathbb{R}^n$  be a given sequence. We have

$$\sum_{i=3}^{n-2} b_i \Delta^4 a_{i-2} = \sum_{i=3}^{n-2} b_i (a_{i+2} - 4a_{i+1} + 6a_i - 4a_{i-1} + a_{i-2})$$

$$= \sum_{i=3}^{n-2} b_i a_{i+2} - 4 \sum_{i=3}^{n-2} b_i a_{i+1} + 6 \sum_{i=3}^{n-2} a_i b_i - 4 \sum_{i=3}^{n-2} b_i a_{i-1} + \sum_{i=3}^{n-2} b_i a_{i-2}$$

$$= \sum_{i=5}^{n} a_i b_{i-2} - 4 \sum_{i=4}^{n-1} a_i b_{i-1} + 6 \sum_{i=3}^{n-2} a_i b_i - 4 \sum_{i=2}^{n-3} a_i b_{i+1} + \sum_{i=1}^{n-4} a_i b_{i+2}$$

$$= -a_3 b_1 - a_4 b_2 + a_{n-1} b_{n-3} + a_n b_{n-2} + \sum_{i=3}^{n-2} a_i b_{i-2}$$

$$- 4 \left( -a_3 b_2 + a_{n-1} b_{n-2} + \sum_{i=3}^{n-2} a_i b_{i-1} \right) + 6 \sum_{i=3}^{n-2} a_i b_i$$

$$- 4 \left( a_2 b_3 - a_{n-2} b_{n-1} + \sum_{i=3}^{n-2} a_i b_{i+1} \right)$$

$$+ a_1 b_3 + a_2 b_4 - a_{n-3} b_{n-1} - a_{n-2} b_n + \sum_{i=3}^{n-2} a_i b_{i+2},$$

that is,

$$\sum_{i=3}^{n-2} b_i \Delta^4 a_{i-2} = \sum_{i=3}^{n-2} a_i (b_{i+2} - 4b_{i+1} + 6b_i - 4b_{i-1} + b_{i-2}) + \xi(a,b)$$
$$= \sum_{i=3}^{n-2} a_i \Delta^4 b_{i-2} + \xi(a,b),$$

where

$$\xi(a,b) = a_3(4b_2 - b_1) + a_{n-1}(b_{n-3} - 4b_{n-2}) + a_2(b_4 - 4b_3) + a_{n-2}(4b_{n-1} - b_n) - a_4b_2 + a_nb_{n-2} + a_1b_3 - a_{n-3}b_{n-1}.$$

Now, let us consider the sequence b defined by (2.3). By Lemma 2.1, we obtain

$$\sum_{i=3}^{n-2} a_i = \sum_{i=3}^{n-2} b_i \Delta^4 a_{i-2} - a_{n-1} (b_{n-3} - 4b_{n-2}) - a_2 (b_4 - 4b_3) - a_n b_{n-2} - a_1 b_3,$$

which implies that

$$\sum_{i=1}^{n} a_i = \sum_{i=3}^{n-2} b_i \Delta^4 a_{i-2} - a_{n-1} (b_{n-3} - 4b_{n-2} - 1) - a_2 (b_4 - 4b_3 - 1) - a_n (b_{n-2} - 1) - a_1 (b_3 - 1).$$

On the other hand, by (2.3), we have  $b_i \ge 0$  for all  $i = 3, \dots, n-2$ . Furthermore, since  $a \in \mathcal{S}_n$ , we have  $\Delta^4 a_{i-2} \le 0$  for all  $i = 3, \dots, n-2$ . Consequently, we get

$$\sum_{i=3}^{n-2} b_i \Delta^4 a_{i-2} \leqslant 0.$$

Therefore, it holds that

$$\sum_{i=1}^{n} a_i \leqslant -a_{n-1}(b_{n-3} - 4b_{n-2} - 1) - a_2(b_4 - 4b_3 - 1) - a_n(b_{n-2} - 1) - a_1(b_3 - 1). \tag{2.5}$$

Elementary calculations give us that

$$b_3 = b_{n-2} = \frac{1}{12}(n-4)(n-3), b_4 = b_{n-3} = \frac{1}{4}(n-5)(n-4),$$

which implies that

$$b_{n-3} - 4b_{n-2} - 1 = b_4 - 4b_3 - 1 = -\frac{1}{12}(n-1)n$$

and

$$b_{n-2} - 1 = b_3 - 1 = \frac{n(n-7)}{12} = \frac{n(n-1)}{12} - \frac{n}{2}.$$

Then, the right hand side of (2.5) can be written as

$$\begin{aligned} &-a_{n-1}(b_{n-3}-4b_{n-2}-1)-a_2(b_4-4b_3-1)-a_n(b_{n-2}-1)-a_1(b_3-1)\\ &=\frac{1}{12}(n-1)n(a_{n-1}+a_2)+\left(\frac{n}{2}-\frac{n(n-1)}{12}\right)(a_n+a_1)\\ &=\frac{n}{2}(a_1+a_n)-\frac{n(n-1)}{12}\left((a_n-a_{n-1})-(a_2-a_1)\right)\\ &=\frac{n}{2}(a_1+a_n)-\frac{n(n-1)}{12}\left(\Delta a_{n-1}-\Delta a_1\right).\end{aligned}$$

Finally, (2.4) follows from the above identity and (2.5).

# **2.3.** The class of convex sequences satisfying $\Delta^4 a_i \leq 0$

For  $n \ge 5$ , we now consider the class of sequences

$${}^{C}\mathcal{S}_{n} = \{a = (a_{1}, \dots, a_{n}) \in \mathcal{S}_{n} : a \text{ is convex}\}.$$

Observe that, if  $a = (a_1, \dots, a_n) \in \mathbb{R}^n$  is convex, that is,

$$\Delta^2 a_i \geqslant 0, \quad i = 1, \dots, n-2,$$

then

$$a_{i+2} - 2a_{i+1} + a_i = (a_{i+2} - a_{i+1}) - (a_{i+1} - a_i) \ge 0, \quad i = 1, \dots, n-2,$$

which means that the sequence  $(\Delta a_i)_{i=1,\dots,n-1}$  is nondecreasing. Consequently, if  $a=(a_1,\dots,a_n)\in\mathbb{R}^n$  is convex, then

$$\Delta a_{n-1} - \Delta a_1 \geqslant 0$$
.

Hence, from Theorem 2.2, we deduce the following interesting refinement of the right inequality in (1.2).

COROLLARY 2.3. Let 
$$n \ge 5$$
. If  $a = (a_1, \dots, a_n) \in {}^{\mathbb{C}}\mathscr{S}_n$ , then

$$\frac{1}{n} \sum_{i=1}^{n} a_i \leqslant \frac{a_1 + a_n}{2} - \frac{n-1}{12} \left( \Delta a_{n-1} - \Delta a_1 \right) \leqslant \frac{a_1 + a_n}{2}.$$

## 2.4. Systems of fourth-order difference inequalities

We now consider the class of real matrices  $A = (a_{i,j})_{1 \le i \le n, 1 \le j \le m}$ , where  $n, m \ge 5$ , satisfying the system of fourth-order difference inequalities

(I) For all 
$$j = 1, \dots, m$$
,

$$\Delta_1^4 a_{i,j} \leqslant 0, \quad i = 1, \dots, n-4,$$

(II) For all 
$$i = 1, \dots, n$$
,

$$\Delta_2^4 a_{i,j} \leqslant 0, \quad j = 1, \cdots, m - 4.$$

We have the following result.

THEOREM 2.4. Let  $n, m \ge 5$ . If  $A = (a_{i,j})_{1 \le i \le n, 1 \le j \le m}$  satisfies (I) and (II), then

$$\sum_{i=1}^{n} \sum_{j=1}^{m} a_{i,j} 
\leq \frac{n}{4} \left( \sum_{j=1}^{m} a_{1,j} + \sum_{j=1}^{m} a_{n,j} \right) + \frac{m}{4} \left( \sum_{i=1}^{n} a_{i,1} + \sum_{i=1}^{n} a_{i,m} \right) 
- \frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right) - \frac{m(m-1)}{24} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right) 
\leq \frac{mn}{4} \left( a_{1,1} + a_{1,m} + a_{n,1} + a_{n,m} \right) 
- \frac{m(m-1)n}{48} \left( \Delta_{2} a_{1,m-1} - \Delta_{2} a_{1,1} + \Delta_{2} a_{n,m-1} - \Delta_{2} a_{n,1} \right) 
- \frac{n(n-1)m}{48} \left( \Delta_{1} a_{n-1,1} - \Delta_{1} a_{1,1} + \Delta_{1} a_{n-1,m} - \Delta_{1} a_{1,m} \right) 
- \frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right) - \frac{m(m-1)}{24} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right).$$
(2.6)

*Proof.* Let  $j \in \{1, \dots, m\}$  be fixed. By (I), the sequence  $(a_{1,j}, \dots, a_{n,j}) \in \mathscr{S}_n$ . Hence, by Theorem 2.2, we obtain

$$\frac{1}{n}\sum_{i=1}^{n}a_{i,j} \leqslant \frac{a_{1,j}+a_{n,j}}{2} - \frac{n-1}{12} \left( \Delta_1 a_{n-1,j} - \Delta_1 a_{1,j} \right).$$

Summing over  $j = 1, \dots, m$ , we get

$$\sum_{j=1}^{m} \sum_{i=1}^{n} a_{i,j} \leqslant n \sum_{j=1}^{m} \frac{a_{1,j} + a_{n,j}}{2} - \frac{n(n-1)}{12} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right). \tag{2.7}$$

Similarly, let  $i \in \{1, \dots, n\}$  be fixed. By (II), the sequence  $(a_{i,1}, \dots, a_{i,m}) \in \mathcal{S}_m$ . Hence, by Theorem 2.2, we obtain

$$\frac{1}{m} \sum_{i=1}^{m} a_{i,j} \leqslant \frac{a_{i,1} + a_{i,m}}{2} - \frac{m-1}{12} \left( \Delta_2 a_{i,m-1} - \Delta_2 a_{i,1} \right),$$

which implies after summation over  $i = 1, \dots, n$  that

$$\sum_{i=1}^{n} \sum_{i=1}^{m} a_{i,j} \leqslant m \sum_{i=1}^{n} \frac{a_{i,1} + a_{i,m}}{2} - \frac{m(m-1)}{12} \sum_{i=1}^{n} (\Delta_2 a_{i,m-1} - \Delta_2 a_{i,1}). \tag{2.8}$$

From (2.7) and (2.8), we deduce that

$$\sum_{i=1}^{n} \sum_{j=1}^{m} a_{i,j} \leq \frac{n}{4} \left( \sum_{j=1}^{m} a_{1,j} + \sum_{j=1}^{m} a_{n,j} \right) + \frac{m}{4} \left( \sum_{i=1}^{n} a_{i,1} + \sum_{i=1}^{n} a_{i,m} \right) - \frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{1,j} - \Delta_{1} a_{1,j} \right) - \frac{m(m-1)}{24} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right).$$
(2.9)

On the other hand, by (II), the sequence  $(a_{1,1}, \dots, a_{1,m}) \in \mathscr{S}_m$ . Then, Theorem 2.2 yields

$$\frac{1}{m} \sum_{i=1}^{m} a_{1,j} \leqslant \frac{a_{1,1} + a_{1,m}}{2} - \frac{m-1}{12} \left( \Delta_2 a_{1,m-1} - \Delta_2 a_{1,1} \right). \tag{2.10}$$

Similarly, we have

$$\frac{1}{m} \sum_{i=1}^{m} a_{n,j} \leqslant \frac{a_{n,1} + a_{n,m}}{2} - \frac{m-1}{12} \left( \Delta_2 a_{n,m-1} - \Delta_2 a_{n,1} \right). \tag{2.11}$$

From (2.10) and (2.11), we deduce that

$$\frac{n}{4} \left( \sum_{j=1}^{m} a_{1,j} + \sum_{j=1}^{m} a_{n,j} \right) \leq \frac{mn}{8} \left( a_{1,1} + a_{1,m} + a_{n,1} + a_{n,m} \right) - \frac{m(m-1)n}{48} \left( \Delta_2 a_{1,m-1} - \Delta_2 a_{1,1} + \Delta_2 a_{n,m-1} - \Delta_2 a_{n,1} \right).$$
(2.12)

Proceeding as above, we obtain

$$\frac{1}{n} \sum_{i=1}^{n} a_{i,1} \leqslant \frac{a_{1,1} + a_{n,1}}{2} - \frac{n-1}{12} \left( \Delta_1 a_{n-1,1} - \Delta_1 a_{1,1} \right) \tag{2.13}$$

and

$$\frac{1}{n} \sum_{i=1}^{n} a_{i,m} \leqslant \frac{a_{1,m} + a_{n,m}}{2} - \frac{n-1}{12} \left( \Delta_1 a_{n-1,m} - \Delta_1 a_{1,m} \right). \tag{2.14}$$

Then, (2.13) and (2.14) yield

$$\frac{m}{4} \left( \sum_{i=1}^{n} a_{i,1} + \sum_{i=1}^{n} a_{i,m} \right) \leqslant \frac{mn}{8} \left( a_{1,1} + a_{n,1} + a_{1,m} + a_{n,m} \right) \tag{2.15}$$

$$-\frac{n(n-1)m}{48}\left(\Delta_{1}a_{n-1,1}-\Delta_{1}a_{1,1}+\Delta_{1}a_{n-1,m}-\Delta_{1}a_{1,m}\right).$$

Next, making use of (2.9), (2.12) and (2.15), we get

$$\frac{n}{4} \left( \sum_{j=1}^{m} a_{1,j} + \sum_{j=1}^{m} a_{n,j} \right) + \frac{m}{4} \left( \sum_{i=1}^{n} a_{i,1} + \sum_{i=1}^{n} a_{i,m} \right) \\
- \frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right) - \frac{m(m-1)}{24} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right) \\
\leqslant \frac{mn}{4} \left( a_{1,1} + a_{1,m} + a_{n,1} + a_{n,m} \right) \\
- \frac{m(m-1)n}{48} \left( \Delta_{2} a_{1,m-1} - \Delta_{2} a_{1,1} + \Delta_{2} a_{n,m-1} - \Delta_{2} a_{n,1} \right) \\
- \frac{n(n-1)m}{48} \left( \Delta_{1} a_{n-1,1} - \Delta_{1} a_{1,1} + \Delta_{1} a_{n-1,m} - \Delta_{1} a_{1,m} \right) \\
- \frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right) - \frac{m(m-1)}{24} \sum_{j=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right).$$
(2.16)

Finally, (2.6) follows from (2.9) and (2.16).  $\square$ 

Let us consider the special case of Theorem 2.4, where A is a square and symmetric matrix, that is,

$$m = n \geqslant 5, \ a_{i,j} = a_{j,i}, \ i, j = 1, \dots, n.$$

In this case, we obtain

$$\sum_{i=1}^{n} \sum_{j=1}^{m} a_{i,j} = \sum_{i=1}^{n} a_{i,i} + 2 \sum_{i=1}^{n-1} \sum_{j=i+1}^{n} a_{i,j},$$
(2.17)

$$\frac{n}{4} \left( \sum_{j=1}^{m} a_{1,j} + \sum_{j=1}^{m} a_{n,j} \right) = \frac{n}{4} \left( \sum_{i=1}^{n} a_{1,i} + \sum_{i=1}^{n} a_{n,i} \right) 
= \frac{n}{4} \left( a_{1,1} + a_{n,1} \right) + \frac{n}{4} \sum_{i=2}^{n} \left( a_{1,i} + a_{n,i} \right),$$
(2.18)

$$\frac{n(n-1)}{24} \sum_{j=1}^{m} \left( \Delta_{1} a_{n-1,j} - \Delta_{1} a_{1,j} \right) + \frac{m(m-1)}{24} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,m-1} - \Delta_{2} a_{i,1} \right) \\
= \frac{n(n-1)}{24} \sum_{i=1}^{n} \left( \Delta_{1} a_{n-1,i} - \Delta_{1} a_{1,i} + \Delta_{2} a_{i,n-1} - \Delta_{2} a_{i,1} \right) \\
= \frac{n(n-1)}{24} \sum_{i=1}^{n} \left[ (a_{n,i} - a_{n-1,i}) - (a_{2,i} - a_{1,i}) + (a_{i,n} - a_{i,n-1}) - (a_{i,2} - a_{i,1}) \right] \\
= \frac{n(n-1)}{12} \sum_{i=1}^{n} \left[ (a_{i,n} - a_{i,n-1}) - (a_{i,2} - a_{i,1}) \right] \\
= \frac{n(n-1)}{12} \sum_{i=1}^{n} \left( \Delta_{2} a_{i,n-1} - \Delta_{2} a_{i,1} \right), \\
\frac{m(m-1)n}{48} \left( \Delta_{2} a_{1,m-1} - \Delta_{2} a_{1,1} + \Delta_{2} a_{n,m-1} - \Delta_{2} a_{n,1} \right) \\
+ \frac{n(n-1)m}{48} \left( \Delta_{1} a_{n-1,1} - \Delta_{1} a_{1,1} + \Delta_{1} a_{n-1,m} - \Delta_{1} a_{1,m} \right) \\
= \frac{n^{2}(n-1)}{24} \left( \Delta_{2} a_{1,n-1} - \Delta_{2} a_{1,1} + \Delta_{2} a_{n,n-1} - \Delta_{2} a_{n,1} \right), \tag{2.20}$$

and

$$\frac{mn}{4}(a_{1,1} + a_{1,m} + a_{n,1} + a_{n,m}) = \frac{n^2}{4}(a_{1,1} + 2a_{1,n} + a_{n,n}). \tag{2.21}$$

On the other hand, since A is symmetric, for all  $i \in \{1, \dots, n\}$  and  $j \in \{1, \dots, n-4\}$ , we have

$$\Delta_2^4 a_{i,j} = a_{i,j+4} - 4a_{i,j+3} + 6a_{i,j+2} - 4a_{i,j+1} + a_{i,j}$$

$$= a_{j+4,i} - 4a_{j+3,i} + 6a_{j+2,i} - 4a_{j+1,i} + a_{j,i}$$

$$= \Delta_1^4 a_{i,i},$$

which shows that (I) and (II) are equivalent.

Hence, from Theorem 2.4, (2.17), (2.18), (2.19), (2.20), and (2.21), we deduce the following result.

COROLLARY 2.5. Let  $n \ge 5$ . If  $A = (a_{i,j})_{1 \le i,j \le n}$  is a symmetric matrix satisfying (I) with m = n, then

$$\begin{split} &\frac{1}{n}\mathrm{Tr}(A) + \frac{2}{n}\sum_{i=1}^{n-1}\sum_{j=i+1}^{n}a_{i,j} \\ &\leqslant \frac{1}{2}\left(a_{1,1} + a_{n,1} + \sum_{i=2}^{n}(a_{1,i} + a_{n,i})\right) - \frac{n-1}{12}\sum_{i=1}^{n}(\Delta_2 a_{i,n-1} - \Delta_2 a_{i,1}) \\ &\leqslant \frac{n}{4}\left(a_{1,1} + 2a_{1,n} + a_{n,n}\right) - \frac{n(n-1)}{24}\left(\Delta_2 a_{1,n-1} - \Delta_2 a_{1,1} + \Delta_2 a_{n,n-1} - \Delta_2 a_{n,1}\right) \\ &- \frac{n-1}{12}\sum_{i=1}^{n}(\Delta_2 a_{i,n-1} - \Delta_2 a_{i,1}), \end{split}$$

where 
$$\operatorname{Tr}(A) = \sum_{i=1}^{n} a_{i,i}$$
.

Assume that in addition of the assumptions of Corollary 2.5, the matrix A satisfies (III) For all  $i = 1, \dots, n$ ,

$$\Delta_2^2 a_{i,j} \geqslant 0, \quad j = 1, \dots, n-2.$$

In this case, for all  $i = 1, \dots, n$ , one has

$$\begin{split} \Delta_2^2 a_{i,j} &= a_{i,j+2} - 2a_{i,j+1} + a_{i,j} \\ &= (a_{i,j+2} - a_{i,j+1}) - (a_{i,j+1} - a_{i,j}) \\ &= \Delta_2 a_{i,j+1} - \Delta_2 a_{i,j} \geqslant 0, \end{split}$$

which implies that the sequence  $\{\Delta_2 a_{i,j}\}_{j=1,\dots,n-1}$  is decreasing (with respect to j). Consequently, we have

$$\Delta_2 a_{i,n-1} - \Delta_2 a_{i,1} \geqslant 0, \quad i = 1, \dots, n.$$

Then, from Corollary 2.5, we deduce the following trace inequalities.

COROLLARY 2.6. Let  $n \ge 5$ . If  $A = (a_{i,j})_{1 \le i,j \le n}$  is a symmetric matrix satisfying (I) with m = n, and (III), then

$$\operatorname{Tr}(A) \leqslant \frac{n}{2} \left( a_{1,1} + a_{n,1} + \sum_{i=2}^{n} (a_{1,i} + a_{n,i}) \right) - 2 \sum_{i=1}^{n-1} \sum_{j=i+1}^{n} a_{i,j}$$
$$- \frac{n(n-1)}{12} \sum_{i=1}^{n} (\Delta_2 a_{i,n-1} - \Delta_2 a_{i,1})$$
$$\leqslant \frac{n}{2} \left( a_{1,1} + a_{n,1} + \sum_{i=2}^{n} (a_{1,i} + a_{n,i}) \right) - 2 \sum_{i=1}^{n-1} \sum_{j=i+1}^{n} a_{i,j}.$$

We provide below an example to illustrate the above result.

EXAMPLE 2.1. In this example, we will construct a symmetric matrix A with m = n = 5 such that

$$\Delta_1^4 a_{1,j} = 0, \quad j = 1, \dots, 5.$$
 (2.22)

Clearly, the above condition implies that (I) is satisfied.

Let us consider the symmetric matrix  $A = (a_{i,j})_{1 \le i,j \le 5}$  given by

$$\begin{pmatrix} -10 & -\frac{15}{2} & -4 & \frac{1}{2} & 6 \\ -\frac{15}{2} & -\frac{103}{12} & -\frac{23}{3} & -\frac{19}{4} & \frac{1}{6} \\ -4 & -\frac{23}{3} & -\frac{25}{3} & -6 & -\frac{2}{3} \\ \frac{1}{2} & -\frac{19}{4} & -6 & -\frac{13}{4} & \frac{7}{2} \\ 6 & \frac{1}{6} & -\frac{2}{3} & \frac{7}{2} & \frac{38}{3} \end{pmatrix}.$$

• We first show that (2.22) holds.

For j = 1, we have

$$\Delta_1^4 a_{1,1} = a_{5,1} - 4a_{4,1} + 6a_{3,1} - 4a_{2,1} + a_{1,1}$$
$$= 6 - 4 \times \frac{1}{2} + 6 \times (-4) - 4 \times \left(-\frac{15}{2}\right) - 10$$
$$= 0.$$

For j = 2, we have

$$\Delta_1^4 a_{1,2} = a_{5,2} - 4a_{4,2} + 6a_{3,2} - 4a_{2,2} + a_{1,2}$$

$$= \frac{1}{6} - 4 \times \left(-\frac{19}{4}\right) + 6 \times \left(-\frac{23}{3}\right) - 4 \times \left(-\frac{103}{12}\right) - \frac{15}{2}$$

$$= 0.$$

For j = 3, we have

$$\Delta_1^4 a_{1,3} = a_{5,3} - 4a_{4,3} + 6a_{3,3} - 4a_{2,3} + a_{1,3}$$

$$= -\frac{2}{3} - 4 \times (-6) + 6 \times \left(-\frac{25}{3}\right) - 4 \times \left(-\frac{23}{3}\right) - 4$$

$$= 0.$$

For j = 4, we have

$$\begin{split} \Delta_1^4 a_{1,4} &= a_{5,4} - 4a_{4,4} + 6a_{3,4} - 4a_{2,4} + a_{1,4} \\ &= \frac{7}{2} - 4 \times \left( -\frac{13}{4} \right) + 6 \times (-6) - 4 \times \left( -\frac{19}{4} \right) + \frac{1}{2} \\ &= 0. \end{split}$$

For j = 5, we have

$$\Delta_1^4 a_{1,5} = a_{5,5} - 4a_{4,5} + 6a_{3,5} - 4a_{2,5} + a_{1,5}$$

$$= \frac{38}{3} - 4 \times \left(\frac{7}{2}\right) + 6 \times \left(-\frac{2}{3}\right) - 4 \times \left(\frac{1}{6}\right) + 6$$

$$= 0.$$

Consequently, (2.22) holds.

• Next, we show that (III) is satisfied.

For i = 1, we have

$$\begin{pmatrix} \Delta_2^2 a_{1,1} \\ \Delta_2^2 a_{1,2} \\ \Delta_2^2 a_{1,3} \end{pmatrix} = \begin{pmatrix} a_{1,3} - 2a_{1,2} + a_{1,1} \\ a_{1,4} - 2a_{1,3} + a_{1,2} \\ a_{1,5} - 2a_{1,4} + a_{1,3} \end{pmatrix} = \begin{pmatrix} a_{1,3} \ a_{1,2} \ a_{1,1} \\ a_{1,4} \ a_{1,3} \ a_{1,2} \\ a_{1,5} \ a_{1,4} \ a_{1,3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix}$$

$$= \begin{pmatrix} -4 - \frac{15}{2} - 10 \\ \frac{1}{2} - 4 - \frac{15}{2} \\ 6 \frac{1}{2} - 4 \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix} = \begin{pmatrix} 1 > 0 \\ 1 > 0 \\ 1 > 0 \end{pmatrix}.$$

For i = 2, we have

$$\begin{pmatrix} \Delta_2^2 a_{2,1} \\ \Delta_2^2 a_{2,2} \\ \Delta_2^2 a_{2,3} \end{pmatrix} = \begin{pmatrix} a_{2,3} - 2a_{2,2} + a_{2,1} \\ a_{2,4} - 2a_{2,3} + a_{2,2} \\ a_{2,5} - 2a_{2,4} + a_{2,3} \end{pmatrix} = \begin{pmatrix} a_{2,3} \ a_{2,2} \ a_{2,1} \\ a_{2,4} \ a_{2,3} \ a_{2,2} \\ a_{2,5} \ a_{2,4} \ a_{2,3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix}$$
$$= \begin{pmatrix} -\frac{23}{3} - \frac{103}{12} - \frac{15}{2} \\ -\frac{19}{4} - \frac{23}{3} - \frac{103}{12} \\ \frac{1}{6} - \frac{19}{4} - \frac{23}{3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix} = \begin{pmatrix} 2 > 0 \\ 2 > 0 \\ 2 > 0 \end{pmatrix}.$$

For i = 3, we have

$$\begin{pmatrix} \Delta_2^2 a_{3,1} \\ \Delta_2^2 a_{3,2} \\ \Delta_2^2 a_{3,3} \end{pmatrix} = \begin{pmatrix} a_{3,3} - 2a_{3,2} + a_{3,1} \\ a_{3,4} - 2a_{3,3} + a_{3,2} \\ a_{3,5} - 2a_{3,4} + a_{3,3} \end{pmatrix} = \begin{pmatrix} a_{3,3} \ a_{3,2} \ a_{3,1} \\ a_{3,4} \ a_{3,3} \ a_{3,2} \\ a_{3,5} \ a_{3,4} \ a_{3,3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix}$$
$$= \begin{pmatrix} -\frac{25}{3} - \frac{23}{3} - 4 \\ -6 - \frac{25}{3} - \frac{23}{3} - 4 \\ -\frac{2}{3} - 6 - \frac{25}{3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix} = \begin{pmatrix} 3 > 0 \\ 3 > 0 \\ 3 > 0 \end{pmatrix}.$$

For i = 4, we have

$$\begin{pmatrix} \Delta_2^2 a_{4,1} \\ \Delta_2^2 a_{4,2} \\ \Delta_2^2 a_{4,3} \end{pmatrix} = \begin{pmatrix} a_{4,3} - 2a_{4,2} + a_{4,1} \\ a_{4,4} - 2a_{4,3} + a_{4,2} \\ a_{4,5} - 2a_{4,4} + a_{4,3} \end{pmatrix} = \begin{pmatrix} a_{4,3} & a_{4,2} & a_{4,1} \\ a_{4,4} & a_{4,3} & a_{4,2} \\ a_{4,5} & a_{4,4} & a_{4,3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix}$$
$$= \begin{pmatrix} -6 & -\frac{19}{4} & \frac{1}{2} \\ -\frac{13}{4} & -6 & -\frac{19}{4} \\ \frac{7}{2} & -\frac{13}{4} & -6 \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix} = \begin{pmatrix} 4 > 0 \\ 4 > 0 \\ 4 > 0 \end{pmatrix}.$$

For i = 5, we have

$$\begin{pmatrix} \Delta_2^2 a_{5,1} \\ \Delta_2^2 a_{5,2} \\ \Delta_2^2 a_{5,2} \end{pmatrix} = \begin{pmatrix} a_{5,3} - 2a_{5,2} + a_{5,1} \\ a_{5,4} - 2a_{5,3} + a_{5,2} \\ a_{5,5} - 2a_{5,4} + a_{5,3} \end{pmatrix} = \begin{pmatrix} a_{5,3} \ a_{5,2} \ a_{5,3} \ a_{5,2} \\ a_{5,5} \ a_{5,4} \ a_{5,3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix}$$
$$= \begin{pmatrix} -\frac{2}{3} \ \frac{1}{6} \ 6 \\ \frac{7}{2} \ -\frac{2}{3} \ \frac{1}{6} \\ \frac{38}{3} \ \frac{7}{2} \ -\frac{2}{3} \end{pmatrix} \begin{pmatrix} 1 \\ -2 \\ 1 \end{pmatrix} = \begin{pmatrix} 5 > 0 \\ 5 > 0 \\ 5 > 0 \end{pmatrix}.$$

The above calculations confirm that (III) is satisfied. Then, from Corollary 2.6, we have

$$Tr(A) \leqslant X + Y + Z \leqslant X + Y, \tag{2.23}$$

where

$$X = \frac{5}{2} \left( a_{1,1} + a_{5,1} + \sum_{i=2}^{5} (a_{1,i} + a_{5,i}) \right), \quad Y = -2 \sum_{i=1}^{4} \sum_{j=i+1}^{5} a_{i,j},$$

and

$$Z = -\frac{5}{3} \sum_{i=1}^{5} (\Delta_2 a_{i,4} - \Delta_2 a_{i,1}).$$

Let us check the validity of (2.23). From the definition of the matrix A, we have

$$X = \frac{5}{2} \left[ a_{1,1} + a_{1,5} + \left( a_{1,2} + a_{5,2} + a_{1,3} + a_{5,3} + a_{1,4} + a_{5,4} + a_{1,5} + a_{5,5} \right) \right]$$

$$= \frac{5}{2} \left( a_{1,1} + 2a_{1,5} + a_{1,2} + a_{5,2} + a_{1,3} + a_{5,3} + a_{1,4} + a_{5,4} + a_{5,5} \right)$$

$$= \frac{5}{2} \left( -10 + 2 \times 6 - \frac{15}{2} + \frac{1}{6} - 4 - \frac{2}{3} + \frac{1}{2} + \frac{7}{2} + \frac{38}{3} \right)$$

$$= \frac{50}{3},$$

$$Y = -2\left(\sum_{j=2}^{5} a_{1,j} + \sum_{j=3}^{5} a_{2,j} + \sum_{j=4}^{5} a_{3,j} + a_{4,5}\right)$$

$$= -2\left(a_{1,2} + a_{1,3} + a_{1,4} + a_{1,5} + a_{2,3} + a_{2,4} + a_{2,5} + a_{3,4} + a_{3,5} + a_{4,5}\right)$$

$$= -2\left(-\frac{15}{2} - 4 + \frac{1}{2} + 6 - \frac{23}{3} - \frac{19}{4} + \frac{1}{6} - 6 - \frac{2}{3} + \frac{7}{2}\right)$$

$$= \frac{245}{6},$$

and

$$\begin{split} Z &= -\frac{5}{3} \left[ (\Delta_2 a_{1,4} - \Delta_2 a_{1,1}) + (\Delta_2 a_{2,4} - \Delta_2 a_{2,1}) + (\Delta_2 a_{3,4} - \Delta_2 a_{3,1}) + (\Delta_2 a_{4,4} - \Delta_2 a_{4,1}) \right. \\ &\quad + (\Delta_2 a_{5,4} - \Delta_2 a_{5,1}) \right] \\ &= -\frac{5}{3} \left[ (a_{1,5} - a_{1,4} - a_{1,2} + a_{1,1}) + (a_{2,5} - a_{2,4} - a_{2,2} + a_{2,1}) \right. \\ &\quad + (a_{3,5} - a_{3,4} - a_{3,2} + a_{3,1}) + (a_{4,5} - a_{4,4} - a_{4,2} + a_{4,1}) \\ &\quad + (a_{5,5} - a_{5,4} - a_{5,2} + a_{5,1}) \right] \\ &= -\frac{5}{3} \left( 2a_{1,5} + a_{1,1} - 2a_{2,4} - a_{2,2} + a_{3,5} - a_{3,4} - a_{3,2} + a_{3,1} - a_{4,4} + a_{5,5} \right) \\ &= -\frac{5}{3} \left( 2 \times 6 - 10 - 2 \times \left( -\frac{19}{4} \right) - \left( -\frac{103}{12} \right) - \frac{2}{3} + 6 + \frac{23}{3} - 4 + \frac{13}{4} + \frac{38}{3} \right) \\ &= -75. \end{split}$$

Furthermore, we have

$$Tr(A) = -10 - \frac{103}{12} - \frac{25}{3} - \frac{13}{4} + \frac{38}{3}$$
$$= -\frac{35}{2}.$$

Finally, the above calculations show the validity of (2.23).

### Conclusion

Various classes of sequences are studied. We first considered the class of sequences  $a=(a_1,\cdots,a_n)\in\mathscr{S}_n$ . For this class, a Hermite-Hadamard-type inequality is proved (see Theorem 2.2). The proof of this result makes use of an appropriate choice of a sequence which is the solution to a certain fourth-order difference equation (see Lemma 2.1). We next considered the sub-class  ${}^C\mathscr{S}_n$  of  $\mathscr{S}_n$  containing all the convex sequences belonging to  $\mathscr{S}_n$ . For this sub-class, an interesting refinement of the right inequality in (1.2) is obtained (see Corollary 2.3). We also studied the class of real matrices  $A=(a_{i,j})_{1\leqslant i\leqslant n,1\leqslant j\leqslant m}$  satisfying the system of difference inequalities (I) and (II). For this class of matrices, some Hermite-Hadamard-type inequalities are derived (see Theorem 2.4). In the special case when A is symmetric and satisfies (III), a trace inequality is obtained (see Corollary 2.6).

In this paper, we only considered some classes of sequences satisfying fourthorder difference inequalities. It will be interesting to extend the present study to the set of sequences  $a = (a_1, \dots, a_n) \in \mathbb{R}^n$  satisfying the k-th order difference inequality

$$(-1)^k \Delta^{2k} a_i \leqslant 0, \quad i = 1, \dots, n - 2k,$$

where  $n \ge 2k + 1$ .

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