

ON SOME INEQUALITIES RELATED TO HEINZ MEANS FOR UNITARILY INVARIANT NORMS

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Abstract. In this paper, we improve and generalize some existing inequalities for unitarily invariant norms by using the convexity of the function $f(v) = \|A^vXB^{1-v} + A^{1-v}XB^v\|$ on the interval $[0, 1]$.

1. Introduction

Let a and b be nonnegative real numbers. The Heinz mean is defined as

$$H_\nu(a, b) = \frac{a^\nu b^{1-\nu} + a^{1-\nu} b^\nu}{2}, \quad 0 \leq \nu \leq 1.$$

It is well-known that the Heinz mean interpolates between the geometric mean and the arithmetic mean:

$$\sqrt{ab} = H_{\frac{1}{2}}(a, b) \leq H_\nu(a, b) \leq H_0(a, b) = H_1(a, b) = \frac{a+b}{2}, \quad 0 \leq \nu \leq 1. \quad (1.1)$$

The matrix version of (1.1) was proved by Bhatia and Davis [3] says that

$$2 \left\| A^{\frac{1}{2}}XB^{\frac{1}{2}} \right\| \leq \|A^vXB^{1-v} + A^{1-v}XB^v\| \leq \|AX + XB\|, \quad 0 \leq \nu \leq 1, \quad (1.2)$$

where $\|\cdot\|$ is every unitarily invariant norm.

In this paper, we always suppose that A, B and X are operators on a complex separable Hilbert space such that A and B are positive. For every unitarily invariant norm, setting $f(v) = \|A^vXB^{1-v} + A^{1-v}XB^v\|$, then the function $f(v)$ is convex on $[0, 1]$, and $f(\frac{1}{2}) \leq f(v) \leq f(0) = f(1)$. In fact, the operator version of (1.1) holds.

Kittaneh [4] gave a refinement of the second inequality in (1.2) as follows:

$$\|A^vXB^{1-v} + A^{1-v}XB^v\| \leq 4r_0 \left\| A^{\frac{1}{2}}XB^{\frac{1}{2}} \right\| + (1 - 2r_0) \|AX + XB\|, \quad (1.3)$$

where $r_0 = \min\{v, 1 - v\}$, $0 \leq v \leq 1$.

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Bhatia [2] introduced a refinement of (1.3) as follows:

$$\left\| \frac{A^vXB^{1-v} + A^{1-v}XB^v}{2} \right\| \leq \left\| (1 - 4v(1 - v)) \frac{AX + XB}{2} + 4v(1 - v)A^{\frac{1}{2}}XB^{\frac{1}{2}} \right\|, \quad 0 \leq v \leq 1. \tag{1.4}$$

Unfortunately, the inequality holds only in the trivial cases of v equal to $0, \frac{1}{2}$ and 1 .

Zou [7] proved that inequality (1.4) holds for Hilbert-Schmidt norm. For more information on the Heinz inequalities for unitarily invariant norms, the reader is referred to recent papers [1, 5, 6, 8], and references therein.

Let A, B and X be $n \times n$ complex matrices, if A, B are positive semidefinite, Zou and He [9] proved the following inequality

$$\int_0^1 \|A^vXB^{1-v} + A^{1-v}XB^v\| dv \leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \tag{1.5}$$

In this paper, we will improve and generalize the inequalities (1.3) and (1.5) using the convexity of $f(v)$.

2. Main results

The following result is a refinement of the inequality (1.3).

THEOREM 1. *Let A, B and X be operators such that A and B are positive. Then for $0 \leq v \leq 1, 0 < \mu < 1$ and for every unitarily invariant norm*

$$\|A^vXB^{1-v} + A^{1-v}XB^v\| \leq \left(1 - \frac{v}{\mu}\right) \|AX + XB\| + \frac{v}{\mu} \|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\|, \quad 0 \leq v \leq \mu \tag{2.1}$$

and

$$\|A^vXB^{1-v} + A^{1-v}XB^v\| \leq \left(1 - \frac{1-v}{1-\mu}\right) \|AX + XB\| + \frac{1-v}{1-\mu} \|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\|, \quad \mu < v \leq 1. \tag{2.2}$$

Proof. For $v = 0, \mu, 1$, inequalities (2.1) and (2.2) are obvious. For $0 < v < \mu$, since $f(v) = \|A^vXB^{1-v} + A^{1-v}XB^v\|$ is convex on $[0, 1]$, it follows by a slope argument that

$$\frac{f(v) - f(0)}{v - 0} \leq \frac{f(\mu) - f(0)}{\mu - 0},$$

and so

$$f(v) \leq \left(1 - \frac{v}{\mu}\right)f(0) + \frac{v}{\mu}f(\mu),$$

that is

$$\|A^vXB^{1-v} + A^{1-v}XB^v\| \leq \left(1 - \frac{v}{\mu}\right) \|AX + XB\| + \frac{v}{\mu} \|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\|.$$

For $\mu < \nu < 1$, similarly, we have

$$\frac{f(\nu) - f(\mu)}{\nu - \mu} \leq \frac{f(1) - f(\mu)}{1 - \mu},$$

and so

$$f(\nu) \leq \left(1 - \frac{1 - \nu}{1 - \mu}\right)f(1) + \frac{1 - \nu}{1 - \mu}f(\mu),$$

that is

$$\|A^\nu XB^{1-\nu} + A^{1-\nu}XB^\nu\| \leq \left(1 - \frac{1 - \nu}{1 - \mu}\right)\|AX + XB\| + \frac{1 - \nu}{1 - \mu}\|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\|.$$

This completes the proof. \square

COROLLARY 1. *Let A, B and X be operators such that A and B are positive. Then for $0 \leq \nu \leq 1$, $0 < \mu < 1$ and for every unitarily invariant norm*

$$\begin{aligned} \|A^\nu XB^{1-\nu} + A^{1-\nu}XB^\nu\| &\leq (1 - r_0)\|AX + XB\| + r_0\|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\| \\ &\leq \|AX + XB\|, \end{aligned}$$

where $r_0 = \begin{cases} \frac{\nu}{\mu}, 0 \leq \nu \leq \mu, \\ \frac{1-\nu}{1-\mu}, \mu < \nu \leq 1. \end{cases}$

REMARK 1. Taking $\mu = \frac{1}{2}$ in Theorem 1, we can obtain inequality (1.3).

REMARK 2. Theorem 1 is better than inequality (1.3).

For $0 < \mu \leq \frac{1}{2}$, by (2.1) and (1.3), we have

$$\begin{aligned} &\|A^\nu XB^{1-\nu} + A^{1-\nu}XB^\nu\| \\ &\leq \left(1 - \frac{\nu}{\mu}\right)\|AX + XB\| + \frac{\nu}{\mu}\|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\| \\ &\leq \frac{\mu - \nu}{\mu}\|AX + XB\| + \frac{\nu}{\mu}\left[(1 - 2\mu)\|AX + XB\| + 4\mu\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|\right] \\ &= (1 - 2\nu)\|AX + XB\| + 4\nu\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

For $\frac{1}{2} < \mu < 1$, by (2.2) and (1.3), we have

$$\begin{aligned} &\|A^\nu XB^{1-\nu} + A^{1-\nu}XB^\nu\| \\ &\leq \left(1 - \frac{1 - \nu}{1 - \mu}\right)\|AX + XB\| + \frac{1 - \nu}{1 - \mu}\|A^\mu XB^{1-\mu} + A^{1-\mu}XB^\mu\| \\ &\leq \frac{\nu - \mu}{1 - \mu}\|AX + XB\| + \frac{1 - \nu}{1 - \mu}\left[(2\mu - 1)\|AX + XB\| + 4(1 - \mu)\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|\right] \\ &= (2\nu - 1)\|AX + XB\| + 4(1 - \nu)\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

In the following, we give a lemma which will turn out to be useful in the proof of our result.

LEMMA 1. Let $f(\mu)$ be convex on $[0, 1]$, then

$$f(\mu) \leq (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right), \quad 0 \leq \mu \leq \frac{1}{2}$$

and

$$f(\mu) \leq (2\mu - 1)f(1) + 2(1 - \mu)f\left(\frac{1}{2}\right), \quad \frac{1}{2} < \mu \leq 1.$$

Proof. For $0 \leq \mu \leq \frac{1}{2}$, let $\mu = (1 - \lambda) \cdot 0 + \lambda \cdot \frac{1}{2}$, by the convexity of f , it follows that

$$f(\mu) = f\left((1 - \lambda) \cdot 0 + \lambda \cdot \frac{1}{2}\right) \leq (1 - \lambda)f(0) + \lambda f\left(\frac{1}{2}\right) = (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right).$$

For $\frac{1}{2} \leq \mu \leq 1$, let $\mu = (1 - \lambda) \cdot \frac{1}{2} + \lambda \cdot 1$, similarly, we have

$$f(\mu) = f\left((1 - \lambda) \cdot \frac{1}{2} + \lambda \cdot 1\right) \leq (1 - \lambda)f\left(\frac{1}{2}\right) + \lambda f(1) = (2\mu - 1)f(1) + 2(1 - \mu)f\left(\frac{1}{2}\right).$$

This completes the proof. \square

THEOREM 2. Let A, B and X be operators such that A and B are positive. Then for every unitarily invariant norm

$$\begin{aligned} \int_0^1 \|A^v X B^{1-v} + A^{1-v} X B^v\| dv &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}} X B^{\frac{1}{2}}\| \\ &\leq (1 - 2\mu_0) \|AX + XB\| + 4\mu_0 \|A^{\frac{1}{2}} X B^{\frac{1}{2}}\|, \quad (2.3) \\ \mu &\in \left[0, \frac{1}{4}\right] \cup \left[\frac{3}{4}, 1\right] \end{aligned}$$

and

$$\begin{aligned} \int_0^1 \|A^v X B^{1-v} + A^{1-v} X B^v\| dv &\leq (1 - 2\mu_0) \|AX + XB\| + 4\mu_0 \|A^{\frac{1}{2}} X B^{\frac{1}{2}}\| \\ &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}} X B^{\frac{1}{2}}\|, \quad \mu \in \left[\frac{1}{4}, \frac{3}{4}\right], \quad (2.4) \end{aligned}$$

where $\mu_0 = \min\{\mu, 1 - \mu\}$, $0 \leq v \leq 1$.

Proof. Since $f(v) = \|A^v X B^{1-v} + A^{1-v} X B^v\|$ is continuous on $[0, 1]$, it follows that

$$\int_0^1 f(v) dv = f(\mu).$$

By Lemma 1, we have

$$\begin{aligned} \int_0^1 f(v) dv &= \int_0^{\frac{1}{2}} f(v) dv + \int_{\frac{1}{2}}^1 f(v) dv \\ &\leq \int_0^{\frac{1}{2}} \left[(1 - 2v)f(0) + 2vf\left(\frac{1}{2}\right) \right] dv + \int_{\frac{1}{2}}^1 \left[(2v - 1)f(1) + 2(1 - v)f\left(\frac{1}{2}\right) \right] dv \\ &\leq \frac{f(0) + f\left(\frac{1}{2}\right)}{2}. \quad (2.5) \end{aligned}$$

If $0 \leq \mu \leq \frac{1}{4}$, by Lemma 1, we obtain

$$\int_0^1 f(v)dv = f(\mu) \leq (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right). \tag{2.6}$$

By a small calculation, we have

$$(1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right) - \frac{f(0) + f\left(\frac{1}{2}\right)}{2} = \left(\frac{1}{2} - 2\mu\right)\left(f(0) - f\left(\frac{1}{2}\right)\right) \geq 0. \tag{2.7}$$

It follows from (2.5), (2.6) and (2.7) that

$$\int_0^1 f(v)dv \leq \frac{f(0) + f\left(\frac{1}{2}\right)}{2} \leq (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right),$$

that is

$$\begin{aligned} \int_0^1 \|A^vXB^{1-v} + A^{1-v}XB^v\|dv &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}}XB^{\frac{1}{2}}\| \\ &\leq (1 - 2\mu)\|AX + XB\| + 4\mu\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

If $\frac{1}{4} \leq \mu \leq \frac{1}{2}$, by Lemma 1, we obtain

$$\int_0^1 f(v)dv = f(\mu) \leq (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right). \tag{2.8}$$

By a small calculation, we have

$$(1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right) - \frac{f(0) + f\left(\frac{1}{2}\right)}{2} = \left(\frac{1}{2} - 2\mu\right)\left(f(0) - f\left(\frac{1}{2}\right)\right) \leq 0. \tag{2.9}$$

It follows from (2.5), (2.8) and (2.9) that

$$\int_0^1 f(v)dv \leq (1 - 2\mu)f(0) + 2\mu f\left(\frac{1}{2}\right) \leq \frac{f(0) + f\left(\frac{1}{2}\right)}{2},$$

that is

$$\begin{aligned} \int_0^1 \|A^vXB^{1-v} + A^{1-v}XB^v\|dv &\leq (1 - 2\mu)\|AX + XB\| + 4\mu\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\| \\ &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

For $\frac{1}{2} \leq \mu \leq \frac{3}{4}$. Similarly, we have

$$\begin{aligned} \int_0^1 \|A^vXB^{1-v} + A^{1-v}XB^v\|dv &\leq (2\mu - 1)\|AX + XB\| + 4(1 - \mu)\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\| \\ &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

For $\frac{3}{4} \leq \mu \leq 1$. Similarly, we have

$$\begin{aligned} \int_0^1 \|A^v XB^{1-v} + A^{1-v}XB^v\| dv &\leq \frac{\|AX + XB\|}{2} + \|A^{\frac{1}{2}}XB^{\frac{1}{2}}\| \\ &\leq (2\mu - 1)\|AX + XB\| + 4(1 - \mu)\|A^{\frac{1}{2}}XB^{\frac{1}{2}}\|. \end{aligned}$$

This completes the proof. \square

REMARK 3. If $\mu \in [\frac{1}{4}, \frac{3}{4}]$, (2.4) is sharper than (1.5).

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