

## STABLE SEMINORMS REVISITED

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*Abstract.* A seminorm  $S$  on an algebra  $\mathcal{A}$  is called *stable* if for some constant  $\sigma > 0$ ,

$$S(x^k) \leq \sigma S(x)^k \quad \text{for all } x \in \mathcal{A} \quad \text{and all } k = 1, 2, 3, \dots$$

We call  $S$  *strongly stable* if the above holds with  $\sigma = 1$ . In this note we use several known and new results to shed light on the concepts of stability. In particular, the interrelation between stability and similar ideas is discussed.

Let  $\mathcal{A}$  be an associative algebra over a field  $\mathbb{F}$ , either  $\mathbb{R}$  or  $\mathbb{C}$ . As usual, a function

$$S : \mathcal{A} \rightarrow \mathbb{R}$$

is called a *seminorm* if for all  $x, y \in \mathcal{A}$  and  $\alpha \in \mathbb{F}$ :

$$\begin{aligned} S(x) &\geq 0, \\ S(\alpha x) &= |\alpha|S(x), \\ S(x + y) &\leq S(x) + S(y). \end{aligned}$$

If in addition,

$$S(x) \neq 0 \quad \text{for all } x \neq 0,$$

then  $S$  is a *norm*. Finally, we call a seminorm  $S$  *proper* if  $S$  does not vanish identically and  $S(x) = 0$  for some  $x \neq 0$ .

In this note we deal mainly with *strongly stable* seminorms, namely those satisfying

$$S(x^k) \leq S(x)^k \quad \text{for all } x \in \mathcal{A} \quad \text{and all } k = 1, 2, 3, \dots,$$

or in other words, the ones for which

$$S(x) \leq 1 \quad \text{implies} \quad S(x^k) \leq 1, \quad x \in \mathcal{A}, \quad k = 1, 2, 3, \dots$$

Since  $S$  being *submultiplicative* means

$$S(xy) \leq S(x)S(y) \quad \text{for all } x, y \in \mathcal{A},$$

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we see that submultiplicativity implies strong stability. The converse is usually false. One of the first examples that come to mind is the well known *numerical radius*,

$$r(T) = \sup\{|(Tx, x)| : x \in \mathbf{H}, (x, x) = 1\}, \quad (1)$$

defined on  $\mathcal{B}(\mathbf{H})$ , the algebra of bounded linear operators on a Hilbert space  $\mathbf{H}$  over  $\mathbb{C}$ . Whereas  $r$  is a non-submultiplicative norm on  $\mathcal{B}(\mathbf{H})$ , it is strongly stable, since by Berger's celebrated inequality [P, H, GT]:

$$r(T^k) \leq r(T)^k, \quad T \in \mathcal{B}(\mathbf{H}), \quad k = 1, 2, 3, \dots \quad (2)$$

While often  $S$  will not be strongly stable, it may have weaker, yet related properties. For instance, we call  $S$  *quadrative* if

$$S(x^2) \leq S(x)^2 \quad \text{for all } x \in \mathcal{A}.$$

As multiplicativity implies strong stability, which in turn implies quadrativity, we consult Theorems 1.4 in [AGL1] to obtain:

**THEOREM 1.** *Let  $\mathcal{A}$  be an algebra of  $\mathbb{F}$ -valued functions*

$$f : \mathbf{T} \rightarrow \mathbb{F}$$

*defined on a given nonempty set  $\mathbf{T}$ , with the usual pointwise multiplication*

$$(fg)(t) = f(t)g(t), \quad f, g \in \mathcal{A}, \quad t \in \mathbf{T}. \quad (3)$$

*Suppose  $\mathcal{A}$  is closed under absolute values, that is,*

$$f \in \mathcal{A} \quad \text{implies} \quad |f| \in \mathcal{A};$$

*and let  $S$  be monotonic, i.e.,*

$$|f| \leq |g| \quad \text{implies} \quad S(f) \leq S(g).$$

*Then the following are equivalent:*

- (a)  *$S$  is submultiplicative.*
- (b)  *$S$  is strongly stable.*
- (c)  *$S$  is quadrative.*

Theorem 1 applies, of course, to algebras of bounded functions with seminorms of the form

$$S_c(f) = \sup_{t \in \mathbf{T}} |c(t)f(t)|, \quad (4)$$

$0 \neq c \in \mathcal{A}$  being a fixed element. Clearly,  $S_c$  is a norm if and only if  $c$  is not a zero-divisor in  $\mathcal{A}$ . Otherwise,  $S_c$  is a proper seminorm. Such monotonic seminorms were studied intensively in [AG1, AG2]. Appealing, for example, to Theorem 3.1 in [AG2], one can obtain:

THEOREM 2. Let  $\mathcal{A}$  be as in Theorem 1, with the seminorm in (4). Then the following are equivalent:

- (a)  $S_c$  is submultiplicative.
- (b)  $S_c$  is strongly stable.
- (c)  $S_c$  is quadrative.
- (d)  $\inf\{|c(t)| : t \in \mathbf{T}, c(t) \neq 0\} \geq 1$ .

Similar observations can be obtained at once from Theorems 3.2 and 3.3 in [AG2].

To illustrate Theorem 2, we consider  $l^\infty$ , the algebra of bounded sequences  $a = \{\alpha_i\}_{i=1}^\infty$  over  $\mathbb{F}$ , with the usual Hadamard multiplication,

$$ab = \{\alpha_i\beta_i\}, \quad a = \{\alpha_i\}, \quad b = \{\beta_i\} \in l^\infty. \tag{5}$$

Identifying  $l^\infty$  with the algebra of bounded functions on

$$\mathbf{T} = \mathbb{Z}^+ \equiv \{1, 2, 3, \dots\}, \tag{6}$$

we fix an element  $c = \{\gamma_i\}_{i=1}^\infty \in l^\infty$ ,  $c \neq 0$ , and define the seminorm

$$S_c(a) = \sup_i |\gamma_i \alpha_i|, \quad a \in l^\infty. \tag{7}$$

Obviously,  $S_c$  is a norm on  $l^\infty$  if and only if

$$\gamma_i \neq 0, \quad i = 1, 2, 3, \dots$$

Otherwise  $S_c$  is a proper seminorm.

By the theorem,  $S_c$  is strongly stable (in fact, multiplicative) if and only if

$$\inf_{\gamma_i \neq 0} |\gamma_i| \geq 1.$$

Hence, the four selections,

$$\begin{aligned} \gamma_i &= 1, & i &= 1, 2, 3, \dots, \\ \gamma_i &= i^{-1}, & i &= 1, 2, 3, \dots, \\ \gamma_1 &= 0; & \gamma_i &= 1, & i &= 2, 3, 4, \dots, \\ \gamma_1 &= 0; & \gamma_i &= i^{-1}, & i &= 2, 3, 4, \dots, \end{aligned}$$

show that norms and proper seminorms of the form (7) may or may not be strongly stable on  $l^\infty$ .

A more complex situation arises when we consider a (monotonic) function norm  $\eta$  on  $\mathcal{M} = \mathcal{M}(\mathbf{T}, \Omega, \mu)$ , the algebra of measurable functions on a nonempty set  $\mathbf{T}$ , where  $\Omega$  is a  $\sigma$ -algebra of subsets of  $\mathbf{T}$ , and  $\mu$  is a countably additive, nonnegative measure. In [AGL1] we discussed  $L_\eta = L_\eta(\mathbf{T}, \Omega, \mu)$ , the space of all functions

$$\{f \in \mathcal{M} : \eta(f) < \infty\}$$

(modulo the null functions).  $\eta$  is surely a norm on this space, and without going into the definitions, we quote:

**THEOREM 3.** [AGL1, Theorem 2.5]. *If  $\eta$  is  $\sigma$ -subadditive, then  $L_\eta$  is an algebra (i.e., closed under multiplication) if and only if it is contained in  $L^\infty = L^\infty(\mathbf{T}, \Omega, \mu)$ , the algebra of all  $\mu$ -essentially bounded functions in  $\mathcal{M}$ .*

Another result can be readily deduced from Theorem 2.9 of [AGL1]:

**THEOREM 4.** *Let  $(\mathbf{T}, \Omega, \mu)$  be free of infinite atoms, and let  $\eta$  be a  $\sigma$ -subadditive, saturated function norm on  $\mathcal{M}$ . If  $L_\eta$  is an algebra, then the following are equivalent on  $L_\eta$ :*

- (a)  $\rho$  is submultiplicative.
- (b)  $\rho$  is strongly stable.
- (c)  $\rho$  is quadrative.
- (d)  $\sup\{\|f\|_\infty : f \in L_\eta, \eta(f) \leq 1\} \leq 1$ .

The results in Theorems 3 and 4 were applied in [AGL2] to Orlicz space function norms, a case that includes all  $L^p$  spaces. In particular, we showed that if  $\mu$  is the Lebesgue or any other nonatomic measure, then for  $1 \leq p < \infty$ , the corresponding  $L^p$  space is not an algebra; so the question of strong stability is irrelevant. On the other hand, if  $\mathbf{T} = \mathbb{Z}^+$  is the set in (6), and  $\mu$  is the counting measure assigning to each subset of  $\mathbb{Z}^+$  its cardinality, then  $l^p$ , the corresponding space of all bounded sequences  $a = \{\alpha_i\}_{i=1}^\infty$  satisfying

$$\|a\|_p = \left( \sum_{i=1}^{\infty} |\alpha_i|^p \right)^{1/p} < \infty, \quad (8)$$

is an algebra with respect to the pointwise multiplication in (5), and the norm in (8) is multiplicative, hence strongly stable.

Theorem 2 does not apply to monotonic seminorms on  $\mathbb{F}^{n \times n}$ , the algebra of  $n \times n$  matrices over  $\mathbb{F}$  with respect to usual matrix multiplication. The reason is that while any  $A \in \mathbb{F}^{n \times n}$  can be viewed as a function on the set of pairs of integers

$$\mathbf{T}_{n \times n} = \{(i, j) : i, j = 1, \dots, n\},$$

the standard matrix multiplication

$$A, B \mapsto AB, \quad (AB)_{ij} = \sum_{s=1}^n \alpha_{is} \beta_{sj}, \quad A = (\alpha_{ij}), B = (\beta_{ij}) \in \mathbb{F}^{n \times n}, \quad (9)$$

does not agree with the pointwise manner in (3).

In order to accommodate this case, let  $W = (\omega_{ij})$  be a fixed  $n \times n$  matrix of positive entries, and consider the  $W$ -weighted  $l^\infty$  norm on  $\mathbb{C}^{n \times n}$ ,

$$\|A\|_{W, \infty} = \max_{i,j} \omega_{ij} |\alpha_{ij}|, \quad A = (\alpha_{ij}) \in \mathbb{C}^{n \times n}.$$

For this norm we can prove,

**THEOREM 5.** [AG3, Theorem 1]. *The following are equivalent on  $\mathbb{C}^{n \times n}$ :*

- (a)  $\|\cdot\|_{W, \infty}$  is submultiplicative.
- (b)  $\|\cdot\|_{W, \infty}$  is strongly stable.

(c)  $\|\cdot\|_{w,\infty}$  is quadrative.

(d)  $(W_{-1})^2 \leq W_{-1}$ ,

where  $W_{-1}$ , the Hadamard inverse of  $W = (\omega_{ij})$ , is the matrix of reciprocals defined by

$$W_{-1} = (\omega_{ij}^{-1}),$$

and the inequality is construed entrywise.

We remark that Theorem 5 does not hold for all weighted  $l^p$  norms,  $1 \leq p \leq \infty$ , on  $\mathbb{C}^{n \times n}$ . For example, it was shown in [AG5] that for certain weight matrices  $W$ , the weighted  $l^1$  norms

$$\|A\|_{w,1} = \sum_{i,j} \omega_{ij} |\alpha_{ij}|, \quad A = (\alpha_{ij}) \in \mathbb{C}^{n \times n},$$

are quadrative but not submultiplicative. Whether or not the strong stability of  $\|\cdot\|_{w,1}$  on  $\mathbb{C}^{n \times n}$  is equivalent to either quadrativity or to submultiplicativity, is unknown to us.

Returning to an arbitrary algebra  $\mathcal{A}$  of  $\mathbb{F}$ -valued functions defined on a set  $\mathbf{T}$ , we adapt (2.6) in [AG4], and say that  $\mathcal{A}$  is *homotonic* if

$$|f_1| \leq g_1, |f_2| \leq g_2 \quad \text{implies} \quad |f_1 f_2| \leq g_1 g_2, \quad f_1, f_2, g_1, g_2 \in \mathcal{A},$$

where for  $h_1, h_2 \in \mathcal{A}$ ,

$$h_1 \leq h_2$$

means, of course,

$$h_1(t) \leq h_2(t), \quad t \in \mathbf{T}.$$

Consider the weighted sup norm

$$\|f\|_{w,\infty} = \sup_{t \in \mathbf{T}} w(t)|f(t)|, \quad f \in \mathcal{A}, \quad (10)$$

where  $w$ , the *weight function*, is a fixed positive function on  $\mathbf{T}$ , bounded away from zero. Let  $w^{-1}$  be the (positive) reciprocal function of  $w$ ,

$$w^{-1}(t) \equiv w(t)^{-1}, \quad t \in \mathbf{T},$$

and assume that  $w^{-1} \in \mathcal{A}$ . Then in analogy with Theorem 5, we can prove,

**THEOREM 6.** [AG4, Theorem 4.2]. *If  $\mathcal{A}$  is a homotonic algebra of  $\mathbb{F}$ -valued functions, and  $\|\cdot\|_{w,\infty}$  is the norm in (10), then the following are equivalent:*

- (a)  $\|\cdot\|_{w,\infty}$  is submultiplicative.
- (b)  $\|\cdot\|_{w,\infty}$  is strongly stable.
- (c)  $\|\cdot\|_{w,\infty}$  is quadrative.
- (d)  $w^{-2} \leq w^{-1}$ , where  $w^{-2} = (w^{-1})^2 \equiv w^{-1}w^{-1}$ .

As it is not hard to verify that  $\mathbb{F}^{n \times n}$  with the standard matrix multiplication in (9) is a homotonic algebra, we see that Theorem 5 is but a special case of Theorem 6.

Given an integer  $k \geq 2$  we shall follow [AG3] and call a seminorm  $S$  on an algebra  $\mathcal{A}$  *k-bounded* if

$$S(x^k) \leq S(x)^k \quad \text{for all } x \in \mathcal{A}. \quad (11)$$

Hence,  $S$  is quadrative if it is 2-bounded, and strongly stable if it is  $k$ -bounded for all  $k = 2, 3, 4, \dots$

Boundedness for a particular  $k$  larger than 2 does not usually ensure strong stability, not even quadrativity. To substantiate this statement we quote, for example,

**THEOREM 7.** [AG3, Theorem 2]. *If  $k \geq 3$ , then there exists a weight matrix  $W$  for which  $\|\cdot\|_{W,\infty}$  is  $k$ -bounded but not strongly stable, not even quadrative on  $\mathbb{C}^{n \times n}$ .*

Whether, in general, quadrativity implies strong stability, we do not know.

Relaxing our definition of strong stability, we shall say that a seminorm  $S$  is *stable* on an algebra  $\mathcal{A}$  if for some positive constant  $\sigma$ ,

$$S(x^k) \leq \sigma S(x)^k \quad \text{for all } x \in \mathcal{A}, \quad k = 1, 2, 3, \dots \tag{12}$$

With this definition we can improve our observation in Theorem 7 as far as norms on  $\mathbb{C}^{n \times n}$  are concerned:

**THEOREM 8.** *If  $k \geq 2$  and  $N$  is a  $k$ -bounded norm on  $\mathbb{C}^{n \times n}$ , then  $N$  is stable.*

*Proof.* By hypothesis, for any  $A \in \mathbb{C}^{n \times n}$ ,

$$N(A^{kj}) \leq N(A)^{kj}, \quad j = 1, 2, 3, \dots$$

Thus,

$$N(A) \geq N(A^{kj})^{1/kj} \text{ @ } \gg j \rightarrow \infty > \rho(A),$$

where  $\rho(A)$  denotes the spectral radius of  $A$ . Consequently,  $N$  is *spectrally dominant*, i.e.,

$$N(A) \geq \rho(A), \quad A \in \mathbb{C}^{n \times n};$$

hence  $N$  is stable by the renowned Friedland-Zenger Theorem [FZ, Theorem 1].  $\square$

Contrary to what one might expect, the converse of Theorem 8 is false; that is, *stability of matrix norms does not imply  $k$ -boundedness for any  $k \geq 2$* . This was demonstrated in [AG3] by the action of  $\|\cdot\|_{W,\infty}$  on  $\mathbb{C}^{2 \times 2}$ , where  $W$  was the  $2 \times 2$  weight matrix

$$W = \begin{pmatrix} \frac{2}{1+\theta} & \frac{2}{1-\theta} \\ \frac{2}{1-\theta} & \frac{2}{1+\theta} \end{pmatrix}, \quad \theta = \text{constant}, \quad 0 < \theta < 1. \tag{13}$$

The message conveyed by the above example is not limited to finite-dimensional algebras. In what follows we exhibit a norm on an arbitrary complex Hilbert space, which is stable but not strongly stable, not even quadrative.

Indeed, let  $\mathbf{H}$  be any Hilbert space over  $\mathbb{C}$ , with  $\dim \mathbf{H} \geq 2$ , and consider the *generalized numerical radius*

$$r_g(T) = \sup\{|2(Tx, x) + (Ty, y)| : x, y \in \mathbf{H}; x, y \text{ orthonormal}\}, \quad T \in \mathcal{B}(\mathbf{H}).$$

Since

$$r_g(T) \geq 2 \sup\{|(Tx, x)| : (x, x) = 1\} - \sup\{|(Ty, y)| : (y, y) = 1\} = r(T)$$

and

$$r_g(T) \leq 2 \sup\{|(Tx, x) : (x, x) = 1\} + \sup\{|(Ty, y) : (y, y) = 1\} = 3r(T),$$

we get

$$r(T) \leq r_g(T) \leq 3r(T), \quad T \in \mathcal{B}(\mathbf{H}), \quad (14)$$

where  $r$  is the classical numerical radius in (1). Consequently,  $r_g$  is a well defined, positive definite function on  $\mathcal{B}(\mathbf{H})$ , and as it is moreover homogeneous and subadditive, it constitutes a norm on  $\mathcal{B}(\mathbf{H})$ .

Now, let  $S_1$  and  $S_2$  be seminorms on an arbitrary algebra  $\mathcal{A}$ , such that for constants  $v_1 \geq v_2 > 0$ ,  $\tau > 0$ , and a fixed integer  $k$ ,

$$v_1 S_1(x) \leq S_2(x) \leq v_2 S_1(x), \quad x \in \mathcal{A},$$

and

$$S_1(x^k) \leq \tau S_1(x)^k, \quad x \in \mathcal{A}.$$

It follows that

$$S_2(x^k) \leq v_2 S_1(x^k) \leq v_2 \tau S_1(x)^k \leq \frac{v_2 \tau}{v_1^k} S_2(x)^k \quad \text{for all } x \in \mathcal{A}; \quad (15)$$

so having (2) and (14), we apply (15) to  $S_1 = r$  and  $S_2 = r_g$  and get

$$r_g(T^k) \leq 3r_g(T)^k \quad \text{for all } T \in \mathcal{B}(\mathbf{H}), \quad k = 1, 2, 3, \dots,$$

showing that  $r_g$  is stable.

To prove that  $r_g$  is not strongly stable, fix linearly independent vectors  $a, b \in \mathbf{H}$ , and let  $\mathbf{H}_2$  be the subspace of  $\mathbf{H}$  spanned by these two vectors, so that

$$\mathbf{H} = \mathbf{H}_2 \oplus \mathbf{H}_2^\perp.$$

Let

$$Q \in \mathcal{B}(\mathbf{H})$$

be the linear operator defined on  $\mathbf{H}$  by

$$Q(\alpha a + \beta b + x) = \alpha a - \beta b \quad \text{for all } \alpha, \beta \in \mathbb{C}, \quad x \in \mathbf{H}_2^\perp.$$

Since

$$Q^2 = \begin{cases} I & \text{on } \mathbf{H}_2, \\ 0 & \text{on } \mathbf{H}_2^\perp, \end{cases}$$

we can write,

$$r_g(Q^2) = \sup\{|2(Ix, x) + (Iy, y)| : x, y \in \mathbf{H}_2; x, y \text{ orthonormal}\} = 3. \quad (16)$$

Similarly,

$$r_g(Q) = \sup\{|2(Qx, x) + (Qy, y)| : x, y \in \mathbf{H}_2; x, y \text{ orthonormal}\};$$

hence given the basis  $\{a, b\}$ , we may represent  $Q$  on  $\mathbf{H}_2$  by the  $2 \times 2$  matrix

$$B = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix},$$

and write

$$r_g(Q) = \sup\{|2(Bx, x) + (By, y)| : x, y \in \mathbb{C}^2; x, y \text{ orthonormal}\},$$

where here,  $(x, y) \equiv y^*x$  is the standard inner product on  $\mathbb{C}^2$  (\* denoting the conjugate transpose). We obtain,

$$\begin{aligned} r_g(Q) &= \max\{|2x^*Bx + y^*By| : x, y \in \mathbb{C}^2; x, y \text{ orthonormal}\} \\ &= \max\left\{\left|\operatorname{tr}\left[\begin{pmatrix} 2 & 0 \\ 0 & 1 \end{pmatrix} U^*BU\right]\right| : U \in \mathbb{C}^{2 \times 2} \text{ unitary}\right\} \\ &= \max\left\{\left|\operatorname{tr}\left[\begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} U^*BU\right] + \operatorname{tr}\left[\begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} U^*BU\right]\right| : U \in \mathbb{C}^{2 \times 2} \text{ unitary}\right\} \\ &= \max\{|\operatorname{tr} B + x^*Bx| : x \in \mathbb{C}^2, x^*x = 1\} \\ &= \max\{|x^*Bx| : x \in \mathbb{C}^2, x^*x = 1\} = r(B). \end{aligned}$$

As  $B$  is a normal matrix, we have  $r(B) = \rho(B) = 1$  (e.g., [GT]). Thus,

$$r_g(Q) = 1, \tag{17}$$

so by (16) and (17),

$$r_g(Q^2) = 3r_g(Q)^2,$$

implying that  $r_g$  is not strongly stable on  $\mathbf{H}$ , not even quadrative.

Recalling the definition in (11), we follow Theorem 1.2 in [AG2] and prove,

**THEOREM 9.** *If  $S$  is a proper seminorm on an algebra  $\mathcal{A}$ , then it is  $k$ -bounded if and only if  $\mathcal{H}$ , the kernel of  $S$ , is closed under raising to the  $k$ -th power (i.e.,  $x \in \mathcal{H}$  implies  $x^k \in \mathcal{H}$ ) and*

$$\lambda_k \equiv \sup\{S(x^k) : x \in \mathcal{A}, S(x) = 1\} \leq 1. \tag{18}$$

*Proof.* Let  $S$  be  $k$ -bounded. Then for any  $x \in \mathcal{H}$ ,

$$S(x^k) \leq S(x^k) = 0;$$

hence  $x^k \in \mathcal{H}$ . So if  $\mathcal{H}$  is not closed under the  $k$ -th power,  $S$  is not  $k$ -bounded.

Similarly, if  $\lambda_k > 1$ , then there exists an element  $x_0 \in \mathcal{A}$  with  $S(x_0) = 1$  such that

$$S(x_0^k) > S(x_0)^k;$$

and again,  $S$  is not  $k$ -bounded.

Conversely, suppose  $\mathcal{H}$  is closed under raising to the  $k$ -th power and  $\lambda_k \leq 1$ . By the first assumption,

$$S(x^k) = 0 = S(x)^k, \quad x \in \mathcal{H}. \tag{19}$$

By the second, since

$$\lambda_k = \sup\left\{\frac{S(x^k)}{S(x)^k} : x \in \mathcal{A}, x \notin \mathcal{H}\right\},$$



we get

$$S(x^k) \leq \lambda_k S(x)^k \leq S(x)^k, \quad x \notin \mathcal{K},$$

which together with (19) implies (11).  $\square$

Note that if  $\mathcal{K} \equiv \ker S$  is closed under squaring, then  $\mathcal{K}$  is closed under all natural powers,  $k = 2, 3, 4, \dots$

Indeed,  $\mathcal{K}$  is clearly a subspace of  $\mathcal{A}$ . So if  $x, y \in \mathcal{K}$  are commuting elements and  $\mathcal{K}$  is closed under squaring, then

$$xy = \frac{1}{2}[(x+y)^2 - x^2 - y^2] \in \mathcal{K}.$$

Thus

$$x \in \mathcal{K} \text{ implies } x^k \in \mathcal{K}, \quad k = 2, 3, 4, \dots,$$

and the assertion follows.

Combining this assertion with Theorem 9, we get:

**THEOREM 10.** *Let  $S$  be a proper seminorm on  $\mathcal{A}$ , and let  $\mathcal{K} \equiv \ker S$  be closed under squaring. Then:*

(a)  *$S$  is  $k$ -bounded if and only if (18) holds.*

(b)  *$S$  is stable if and only if the sequence  $\{\lambda_k\}_{k=1}^\infty$  is bounded, and strongly stable if and only if the bound is 1.*

If  $S$  is proper and  $\lambda_k$  is finite for some  $k \geq 1$ , then obviously,  $\lambda_k$  is the best  $k$ -factor for  $S$ , i.e., the least constant  $\lambda$  satisfying

$$S(x^k) \leq \lambda S(x)^k, \quad x \in \mathcal{A}.$$

In the same way, if  $S$  is proper and

$$\sigma_{\inf} \equiv \sup_{k \geq 1} \lambda_k < \infty,$$

then  $\sigma_{\inf}$  is the best stability factor for  $S$ , that is, the least constant  $\sigma$  for which (12) holds.

For example, it was shown in [AG3] that the best  $k$ -factors for  $\|\cdot\|_{w, \infty}$  on  $\mathbb{C}^{2 \times 2}$  with the weight matrix in (13) are

$$\lambda_k = \frac{1 - \theta^k}{1 - \theta}, \quad k = 1, 2, 3, \dots;$$

hence the best stability factor in this case is

$$\sigma_{\inf} = \frac{1}{1 - \theta}.$$

We conclude by noting that if  $S$  is proper and  $\lambda_k < \infty$  for some  $k \geq 2$ , then all sufficiently large multiples of  $S$  will always be  $k$ -bounded. More precisely, if  $\lambda$  is a positive constant such that

$$\lambda \geq (\lambda_k)^{1/(k-1)},$$

then  $S_\lambda \equiv \lambda S$  will be a  $k$ -bounded seminorm on  $\mathcal{A}$ . For then,

$$S_\lambda(x^k) = \lambda S(x^k) \leq \lambda \cdot \lambda_k S(x)^k \leq \lambda^k S(x)^k = S_\lambda(x)^k, \quad x \in \mathcal{A}.$$

Similarly, if  $S$  is proper with  $\sigma_{\text{inf}} < \infty$ , and  $\sigma$  is a constant satisfying  $\sigma \geq \sigma_{\text{inf}}$ , then  $S_\sigma \equiv \sigma S$  is strongly stable. This is so because  $\sigma_{\text{inf}} \geq \lambda_1 = 1$ ; hence for all  $x \in \mathcal{A}$  and  $k = 2, 3, 4, \dots$ ,

$$S_\sigma(x^k) = \sigma S(x^k) \leq \sigma \cdot \sigma_{\text{inf}} S(x)^k \leq \sigma^2 S(x)^k \leq \sigma^k S(x)^k = S_\sigma(x)^k.$$

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