

## LOG AND HARMONICALLY LOG-CONVEX FUNCTIONS RELATED TO MATRIX NORMS

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*Abstract.* In this article, we introduce the concept of harmonically log-convex functions, which seems to be strongly connected to unitarily invariant norms. Then, we prove Hermite-Hadamard inequalities for these functions. As an application, we present many inequalities for the trace operator and unitarily invariant norms.

### 1. Introduction

Let  $\mathbb{M}_n$  be the space of all  $n \times n$  complex matrices and  $\mathbb{M}_n^+$  be the class of  $\mathbb{M}_n$  consisting of positive semi-definite matrices. Inequalities involving quantities of the form  $\| \|AXB\| \|$  have been of great interest in the literature. In this context,  $A, B \in \mathbb{M}_n^+$ ,  $X \in \mathbb{M}_n$  and  $\| \| \|$  is any unitarily invariant norm. Recall that these are norms satisfying  $\| \|UAV\| \| = \| \|A\| \|$  for all unitary matrices  $U$  and  $V$ . Among the most interesting inequalities are Hölder-Young and Heinz inequalities that state, respectively,

$$\| \|A^vXB^{1-v}\| \| \leq \| \|AX\| \|^v \| \|XB\| \|^{1-v} \leq v\| \|AX\| \| + (1-v)\| \|XB\| \| \quad (1.1)$$

and

$$2\| \|A^{1/2}XB^{1/2}\| \| \leq \| \|A^vXB^{1-v} + A^{1-v}XB^v\| \| \leq \| \|AX + XB\| \| \quad (1.2)$$

for all  $v \in [0, 1]$ . For proofs of these inequalities, we refer the reader to [11] and [1], respectively.

These inequalities have been studied thoroughly and many refinements and generalizations have been obtained in the literature. We refer the reader to [4], [6], [10] and [12] for such inequalities. Among the very recent generalizations of Young's inequality (1.1) is our result in [15]

$$\| \|A^pXB^q\| \| \leq \| \|A^{p+r}XB^{q-r}\| \|^{p-q+r} \| \|A^{q-r}XB^{p+r}\| \|^{r} \quad (1.3)$$

where  $p \geq q \geq r \geq 0$ . In [6], [10], [12] and [16] integral versions of inequality (1.2) have been obtained, where convexity of the function

$$v \rightarrow \| \|A^vXB^{1-v} + A^{1-v}XB^v\| \|$$

was the key to these studies. For example, in [12] the following theorem was proved for the Heinz means  $f(v) = \| \|A^vXB^{1-v} + A^{1-v}XB^v\| \|$ .

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THEOREM 1.1. Let  $0 < \mu \leq \frac{1}{2}$ , then

$$f(\mu) \leq f(\mu/2) \leq \frac{1}{\mu} \int_0^\mu f(v)dv \leq \frac{f(0)+f(\mu)}{2} \leq f(0), \quad (1.4)$$

and for  $\frac{1}{2} \leq \mu \leq 1$ , we have

$$f(\mu) \leq f\left(\frac{1+\mu}{2}\right) \leq \frac{1}{1-\mu} \int_\mu^1 f(v)dv \leq \frac{f(1)+f(\mu)}{2} \leq f(1). \quad (1.5)$$

The proof was merely based on the well known Hermite-Hadamard inequalities that for a convex function  $f$  on  $[a, b]$ ,

$$f\left(\frac{a+b}{2}\right) \leq \frac{1}{b-a} \int_a^b f(x)dx \leq \frac{f(a)+f(b)}{2}. \quad (1.6)$$

Then refinements and generalizations of inequalities of Theorem 1.1 have been obtained based on corresponding refinements of the Hermite-Hadamard inequalities (1.6). See for example [6] and [10].

In this paper, we introduce the concept of harmonically log-convex functions which, as shown, is strongly related to these norm quantities. Several relations between log-convex and harmonically log-convex functions are presented, implying new Hermite-Hadamard type inequalities for such functions.

Moreover, we investigate log-convexity of various functions like  $f(t) = \| |A^t| \|$ ,  $f(v) = \| |A^v X B^{1-v}| \|$ ,  $\| |A^{1-v} X B^v| \|$  and  $f(p) = \| |A|_p$ . Then we use these convexity results to obtain other inequalities.

This work is motivated by the extensive study of operator convex functions. We refer the reader to [3] for a comprehensive study of this topic.

## 2. Main Results

### 2.1. Harmonically log-convex functions

Harmonically convex functions were defined in [9] as follows.

DEFINITION 2.1. Let  $I \subset \mathbb{R} \setminus \{0\}$  be an interval. A function  $f : I \rightarrow \mathbb{R}$  is said to be harmonically convex on  $I$  if

$$f\left(\frac{t_1 t_2}{\lambda t_1 + (1-\lambda)t_2}\right) \leq \lambda f(t_2) + (1-\lambda)f(t_1),$$

for all  $t_1, t_2 \in I$  and  $\lambda \in [0, 1]$ .

Simply speaking,  $f : [a, b] \rightarrow \mathbb{R}$  is harmonically convex if the function  $g : [\frac{1}{b}, \frac{1}{a}]$  defined by  $g(t) = f(1/t)$  is convex.

Motivated by this definition, we define harmonically log-convex functions as follows.

DEFINITION 2.2. Let  $I \subset \mathbb{R}^+ := (0, \infty)$  be an interval. A function  $f : I \rightarrow \mathbb{R}^+$  is said to be harmonically log-convex on  $I$  if

$$f\left(\frac{t_1 t_2}{(1-\lambda)t_1 + \lambda t_2}\right) \leq f^\lambda(t_1) f^{1-\lambda}(t_2),$$

for all  $t_1, t_2 \in I$  and  $\lambda \in [0, 1]$ .

One can easily prove the following characterization of harmonically log-convex functions.

PROPOSITION 2.3. Let  $I \subset \mathbb{R}^+$  be an interval. A function  $f : I \rightarrow \mathbb{R}^+$  is harmonically log-convex on  $I := [a, b]$  if and only if the function  $g : [\frac{1}{b}, \frac{1}{a}] \rightarrow \mathbb{R}$  defined by  $g(x) = f(1/x)$  is log-convex.

Hence, the functions  $f(t) = t^p, p > 0$  are harmonically log-convex.

PROPOSITION 2.4. Let  $I = [a, b] \subset \mathbb{R}^+$  be an interval. If  $f : I \rightarrow \mathbb{R}^+$  is log-convex, then the function  $g : [\frac{1}{b}, \frac{1}{a}] \rightarrow \mathbb{R}^+$  defined by

$$g(t) = f^t(1/t)$$

is log-convex too.

*Proof.* Let  $t_1, t_2 \in [a, b], \lambda \in [0, 1]$ , and  $t = \frac{1}{\lambda t_1^{-1} + (1-\lambda)t_2^{-1}}$ . Then, clearly  $t = \alpha t_1 + \beta t_2$  where  $\alpha = \frac{\lambda t}{t_1}$  and  $\beta = \frac{1-\lambda}{t_2} t$ . Hence, noting that  $\alpha + \beta = 1$  and recalling that  $f$  is log-convex, we get

$$\begin{aligned} g(\lambda t_1^{-1} + (1-\lambda)t_2^{-1}) &= g(1/t) \\ &= f^{1/t}(t) \\ &= f^{1/t}(\alpha t_1 + \beta t_2) \\ &\leq f^{\frac{\alpha}{t}}(t_1) f^{\frac{\beta}{t}}(t_2) \\ &= f^{\frac{\lambda}{t_1}}(t_1) f^{\frac{1-\lambda}{t_2}}(t_2) \\ &= g^\lambda(1/t_1) g^{1-\lambda}(1/t_2). \end{aligned}$$

This proves that  $g$  is log-convex on  $[1/b, 1/a]$ .  $\square$

Now propositions 2.3 and 2.4 imply the following corollary.

COROLLARY 2.5. Let  $I \subset \mathbb{R}^+$  be an interval. If  $f : I \rightarrow \mathbb{R}^+$  is log-convex, then the function  $g : I \rightarrow \mathbb{R}^+$  defined by

$$g(t) = f^{1/t}(t)$$

is harmonically log-convex.

Moreover, we have

**COROLLARY 2.6.** *Let  $I \subset \mathbb{R}^+$  be an interval. If  $f : I \rightarrow \mathbb{R}^+$  is harmonically log-convex, then the function  $g : I \rightarrow \mathbb{R}^+$  defined by*

$$g(t) = f^t(t)$$

*is log-convex.*

*Proof.* Since  $f$  is harmonically log-convex,  $h(t) = f(1/t)$  is log-convex, by proposition 2.3. Then, by proposition 2.4, the function  $g(t) = h^t(1/t)$  is log-convex. This implies the result.  $\square$

Now corollaries 2.5 and 2.6 imply the following corollary.

**COROLLARY 2.7.** *Let  $I \subset \mathbb{R}^+$  be an interval. A function  $f : I \rightarrow \mathbb{R}^+$  is log-convex if and only if the function  $g : I \rightarrow \mathbb{R}^+$  defined by*

$$g(t) = f^{1/t}(t)$$

*is harmonically log-convex.*

The proof of the following composition relation is immediate from the definitions of log-convex and harmonically log-convex functions.

**PROPOSITION 2.8.** *Let  $f : I_1 \rightarrow \mathbb{R}$  be harmonically convex and  $g : I_2 \rightarrow \mathbb{R}$  be log-convex and increasing. If  $f(I_1) \subseteq I_2$ , then the composite function  $g \circ f : I_1 \rightarrow \mathbb{R}$  is harmonically log-convex.*

Our next result treats log-convex functions on partitions of  $[0, 1]$ .

**THEOREM 2.9.** *Let  $f = f(v)$  be log-convex on  $[0, 1]$ , and let  $n \in \mathbb{N} \cup \{0\}$ . Then if for some  $k \in \{1, 2, \dots, 2^n\}$ ,  $v \in \left[\frac{k-1}{2^n}, \frac{k}{2^n}\right]$ , we have*

$$f(v) \leq \left( f\left(\frac{k-1}{2^n}\right) \right)^{k-2^n v} \left( f\left(\frac{k}{2^n}\right) \right)^{2^n v - k + 1}. \quad (2.1)$$

*Proof.* Observe that when  $v \in \left[\frac{k-1}{2^n}, \frac{k}{2^n}\right]$ , then for  $\alpha = k - 2^n v$ ,

$$v = \alpha \frac{k-1}{2^n} + (1-\alpha) \frac{k}{2^n}.$$

Then using log-convexity of  $f$ , the result follows.  $\square$

**THEOREM 2.10.** *Let  $f$  be log-convex on  $[0, 1]$ . For  $n \in \mathbb{N} \cup \{0\}$  let*

$$I_{k,n} = \left[ \frac{k-1}{2^n}, \frac{k}{2^n} \right], \quad k = 1, \dots, 2^n.$$

Define

$$g_n(v) = \left( f \left( \frac{k-1}{2^n} \right) \right)^{k-2^n v} \left( f \left( \frac{k}{2^n} \right) \right)^{2^n v - k + 1}, \quad v \in I_{n,k}.$$

Then  $g_{n+1}(v) \leq g_n(v)$  for all  $v \in [0, 1]$ . Moreover  $g_n \rightarrow f$  uniformly on  $[0, 1]$ .

*Proof.* Let  $v \in [0, 1]$ , then for each  $n$ , there exists  $k \in \{1, 2, \dots, 2^n\}$  such that  $v \in \left[ \frac{k-1}{2^n}, \frac{k}{2^n} \right]$ . But then  $v \in I_{2k-1, n+1} \cup I_{2k, n+1}$ . If  $v \in I_{2k-1, n+1}$ , we have

$$\begin{aligned} g_{n+1}(v) &= \left( f \left( \frac{2k-2}{2^{n+1}} \right) \right)^{2k-1-2^{n+1}v} \left( f \left( \frac{2k-1}{2^{n+1}} \right) \right)^{2^{n+1}v-2k+2} \\ &= \left( f \left( \frac{k-1}{2^n} \right) \right)^{2k-1-2^{n+1}v} \left( f \left( \frac{1}{2} \frac{k-1}{2^n} + \frac{1}{2} \frac{k}{2^n} \right) \right)^{2^{n+1}v-2k+2} \\ &\leq \left( f \left( \frac{k-1}{2^n} \right) \right)^{2k-1-2^{n+1}v} \left\{ \left( f \left( \frac{k-1}{2^n} \right) \right)^{1/2} \left( f \left( \frac{k}{2^n} \right) \right)^{1/2} \right\}^{2^{n+1}v-2k+2} \\ &= \left( f \left( \frac{k-1}{2^n} \right) \right)^{k-2^n v} \left( f \left( \frac{k}{2^n} \right) \right)^{2^n v - k + 1} \\ &= g_n(v). \end{aligned}$$

This completes the proof when  $v \in I_{2k-1, n+1}$ . If  $v \in I_{2k, n+1}$ , similar computations yield the result. The fact that  $g_n \rightarrow f$  follows immediately noting that  $f$  is continuous.  $\square$

We remark that in the recent paper [16], similar partition ideas have been proved for convex functions.

### 2.2. Hermite-Hadamard type inequalities

In [5] the following inequalities were proved for positive log-convex functions  $f$  on  $(a, b)$ :

$$\begin{aligned} f \left( \frac{a+b}{2} \right) &\leq \exp \left( \frac{1}{b-a} \int_a^b \ln f(x) dx \right) \\ &\leq \frac{1}{b-a} \int_a^b G(f(x), f(a+b-x)) dx \leq \frac{1}{b-a} \int_a^b f(x) dx \\ &\leq L(f(a), f(b)) \leq \frac{f(a) + f(b)}{2}, \end{aligned} \tag{2.2}$$

where  $G(p, q) = \sqrt{pq}$  and  $L(p, q) = \frac{p-q}{\ln p - \ln q}$ .

The following inequalities are the corresponding inequalities for harmonically log-convex functions.

**THEOREM 2.11.** *Let  $f : [a, b] \subset \mathbb{R}^+ \rightarrow \mathbb{R}^+$  be harmonically log-convex. Then*

$$\begin{aligned} f\left(\frac{2ab}{a+b}\right) &\leq \exp\left(\frac{ab}{b-a} \int_a^b \frac{\ln f(x)}{x^2} dx\right) \\ &\leq \frac{ab}{b-a} \int_a^b \frac{1}{x^2} G\left(f(x), f\left(\frac{abx}{bx+ax-ab}\right)\right) dx \leq \frac{ab}{b-a} \int_a^b \frac{f(x)}{x^2} dx \\ &\leq L(f(a), f(b)) \leq \frac{f(a)+f(b)}{2}, \end{aligned}$$

*Proof.* This follows immediately by applying inequalities (2.2) to the function  $g(x) = f(1/x)$  defined on  $[1/b, 1/a]$ , observing log-convexity of  $g$ .  $\square$

Utilizing theorem 2.11 and corollary 2.5 we get the following inequalities for log-convex functions.

**COROLLARY 2.12.** *Let  $f : [a, b] \subset \mathbb{R}^+ \rightarrow \mathbb{R}^+$  be log-convex. Then*

$$\begin{aligned} f^{\frac{a+b}{2ab}}\left(\frac{2ab}{a+b}\right) &\leq \exp\left(\frac{ab}{b-a} \int_a^b \frac{\ln f(x)}{x^3} dx\right) \\ &\leq \frac{ab}{b-a} \int_a^b \frac{f^{\frac{1}{x}}(x)}{x^2} dx \\ &\leq \frac{f^{\frac{1}{a}}(a) - f^{\frac{1}{b}}(b)}{\frac{\ln f(a)}{a} - \frac{\ln f(b)}{b}} \\ &\leq \frac{f^{\frac{1}{a}}(a) + f^{\frac{1}{b}}(b)}{2}. \end{aligned}$$

*Proof.* Since  $f$  is log-convex,  $g(x) = f^{1/x}(x)$  is harmonically log-convex, by corollary 2.5. Now apply theorem 2.11 to the function  $g$ , and simplify to get the result.  $\square$

**REMARK.** The author was not aware of [13], where the definition of a harmonically-log convex function was introduced. However, after the paper has been published online, the paper [13] has been to the author's attention. We remark that the two papers treat the idea differently, but some integral results have minor similarities.

### 2.3. Applications and examples of log-convex and harmonically log-convex functions

The following lemma has been proved in [15].

**LEMMA 2.13.** *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then the function  $f : (0, \infty) \times (0, \infty) \rightarrow [0, \infty)$  defined by*

$$f(p, q) = \| |A^p X B^q| \|$$

*is log-convex.*

As an application of this log-convexity, we present the following trace inequalities.

**THEOREM 2.14.** *Let  $A, B \in \mathbb{M}_n^+$ ,  $X \in \mathbb{M}_n$  and  $p \geq q > 0$ . Then for  $r \leq q$ , we have*

$$\begin{aligned} \text{tr}(A^p X B^q X^*) &\leq (\text{tr}(A^{p+r} X B^{q-r} X^*))^\alpha (\text{tr}(A^{q-r} X B^{p+r} X^*))^\beta \\ &\leq \alpha \text{tr}(A^{p+r} X B^{q-r} X^*) + \beta \text{tr}(A^{q-r} X B^{p+r} X^*) \end{aligned}$$

where  $\alpha = \frac{p-q+r}{p-q+2r}$  and  $\beta = 1 - \alpha$ .

*Proof.* By Lemma 2.13, it follows that the function  $f(p, q) = \|A^p X B^q\|_2$  is log-convex on  $(0, \infty) \times (0, \infty)$ . Hence, for the mentioned  $\alpha, \beta$ ,

$$\begin{aligned} f(p, q) &= f(\alpha(p+r, q-r) + \beta(q-r, p+r)) \\ &\leq f^\alpha(p+r, q-r) f^\beta(q-r, p+r) \\ &\leq \alpha f(p+r, q-r) + \beta f(q-r, p+r). \end{aligned}$$

Recalling that  $f(p, q) = \|A^p X B^q\|_2$ , we get

$$\begin{aligned} \|A^p X B^q\|_2^2 &\leq (\|A^{p+r} X B^{q-r}\|_2^2)^\alpha (\|A^{q-r} X B^{p+r}\|_2^2)^\beta \\ &\leq \alpha \|A^{p+r} X B^{q-r}\|_2^2 + \beta \|A^{q-r} X B^{p+r}\|_2^2. \end{aligned}$$

But  $\|T\|_2^2 = \text{tr}(TT^*)$ , hence the inequality

$$\|A^p X B^q\|_2^2 \leq (\|A^{p+r} X B^{q-r}\|_2^2)^\alpha (\|A^{q-r} X B^{p+r}\|_2^2)^\beta$$

becomes

$$\text{tr}(A^{2p} X B^{2q} X^*) \leq \left\{ \text{tr}((A^2)^{p+r} X (B^2)^{q-r} X^*) \right\}^\alpha \left\{ \text{tr}((A^2)^{q-r} X (B^2)^{p+r} X^*) \right\}^\beta.$$

Since this is true for any  $A, B \in \mathbb{M}_n^+$ , we may replace  $A$  by  $\sqrt{A}$  and  $B$  by  $\sqrt{B}$ , to get

$$\text{tr}(A^p X B^q X^*) \leq (\text{tr}(A^{p+r} X B^{q-r} X^*))^\alpha (\text{tr}(A^{q-r} X B^{p+r} X^*))^\beta$$

which implies both inequalities of the theorem.  $\square$

The  $v$ -version of these inequalities can be stated as follows.

**COROLLARY 2.15.** *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then for  $0 \leq v \leq 1$ , we have*

$$\begin{aligned} \text{tr}(A^v X B^{1-v} X^*) &\leq \left\{ \text{tr}(A|X|^2) \right\}^v \left\{ \text{tr}(B|X^*|^2) \right\}^{1-v} \\ &\leq v \text{tr}(A|X|^2) + (1-v) \text{tr}(B|X^*|^2). \end{aligned}$$

In [14], it was proved that the function

$$f(r) = \frac{p-q+r}{p-q+2r} a^{p+r} b^{q-r} + \frac{r}{p-q+2r} a^{q-r} b^{p+r}$$

is increasing on  $[0, q]$ , for the positive numbers  $a, b$ . On the other hand, in [15] it has been proved that for any unitarily invariant norm the functions

$$f(r) = \| |A^{p+r}XB^{q-r}| \|_{\frac{p-q+r}{p-q+2r}} \| |A^{q-r}XB^{p+r}| \|_{\frac{r}{p-q+2r}}$$

and

$$g(r) = \frac{p-q+r}{p-q+2r} \| |A^{p+r}XB^{q-r}| \| + \frac{r}{p-q+2r} \| |A^{q-r}XB^{p+r}| \|$$

are increasing on  $[0, q]$ . Simulating the proofs in [15] we can easily prove the following.

PROPOSITION 2.16. *Let  $A, B \in \mathbb{M}_n^+$ ,  $X \in \mathbb{M}_n$  and  $p \geq q > 0$ . Then the functions*

$$f(r) = \{ \text{tr}(A^{p+r}XB^{q-r}X^*) \}^{\frac{p-q+r}{p-q+2r}} \{ \text{tr}(A^{q-r}XB^{p+r}X^*) \}^{\frac{r}{p-q+2r}}$$

$$g(r) = \frac{p-q+r}{p-q+2r} \text{tr}(A^{p+r}XB^{q-r}X^*) + \frac{r}{p-q+2r} \text{tr}(A^{q-r}XB^{p+r}X^*)$$

are increasing on  $[0, q]$ .

What this proposition tells us is that  $f(0) \leq f(r) \leq f(q)$  for  $0 \leq r \leq q$ . Hence, for such  $r$ ,

$$\begin{aligned} \text{tr}(A^pXB^qX^*) &\leq \{ \text{tr}(A^{p+r}XB^{q-r}X^*) \}^{\frac{p-q+r}{p-q+2r}} \{ \text{tr}(A^{q-r}XB^{p+r}X^*) \}^{\frac{r}{p-q+2r}} \\ &\leq \{ \text{tr}(A^{p+q}|X|^2) \}^{\frac{p}{p+q}} \{ \text{tr}(|X|^2B^{p+q}) \}^{\frac{q}{p+q}}, \end{aligned} \tag{2.3}$$

as for  $g$  we get

$$\begin{aligned} \text{tr}(A^pXB^qX^*) &\leq \frac{p-q+r}{p-q+2r} \text{tr}(A^{p+r}XB^{q-r}X^*) + \frac{r}{p-q+2r} \text{tr}(A^{q-r}XB^{p+r}X^*) \\ &\leq \frac{p}{p+q} \text{tr}(A^{p+q}|X|^2) + \frac{q}{p+q} \text{tr}(|X^*|^2B^{p+q}), \end{aligned} \tag{2.4}$$

introducing intermediate terms between

$$\text{tr}(A^pXB^qX^*) \text{ and } \{ \text{tr}(A^{p+q}|X|^2) \}^{\frac{p}{p+q}} \{ \text{tr}(|X^*|^2B^{p+q}) \}^{\frac{q}{p+q}}.$$

One last remark about these trace quantities is the following corollary.

COROLLARY 2.17. *Let  $A, B \in \mathbb{M}_n^+$ ,  $X \in \mathbb{M}_n$ . The function  $f : (0, \infty) \times (0, \infty) \rightarrow [0, \infty)$  defined by  $f(p, q) = \text{tr}(A^pXB^qX^*)$  is log-convex.*



*Proof.* Since  $(p, q) \longrightarrow \|A^pXB^q\|_2$  is log-convex, we have

$$(p, q) \longrightarrow g(p, q) := \{\text{tr}(A^pXB^qB^qX^*A^p)\}^{1/2}$$

is log-convex. But then  $g^2$  is log-convex. The result follows by replacing  $A$  and  $B$  with  $\sqrt{A}$  and  $\sqrt{B}$ , respectively.  $\square$

This corollary must be compared with the well known Lieb’s concavity theorem that

$$(A, B) \longrightarrow \text{tr}(A^pXB^qX^*), \quad p + q \leq 1$$

is concave, and the well known Ando’s convexity theorem that

$$(A, B) \longrightarrow \text{tr}(A^pXB^{-q}X^*), \quad 1 \leq p \leq 2, \quad 0 \leq q \leq 1, \quad p - q \geq 1,$$

is convex. See [3] pages 118–119.

Observe that inequality (2.3) may be written in the form

$$\text{tr}(AB) \leq (\text{tr}A^p)^{1/p}(\text{tr}B^q)^{1/q} \tag{2.5}$$

for the conjugate exponents  $p, q$  upon choosing  $X = I$ . This is the well known Hölder inequality for the trace operator. Recall that in general,

$$\| \|AB\| \| \leq \| \|A^p\| \|^{1/p} \| \|B^q\| \|^{1/q} \tag{2.6}$$

for any unitarily invariant norm and conjugate exponents  $p, q$ .

**THEOREM 2.18.** *Let  $A \in \mathbb{M}_n$ . Then, the function  $f : [0, \infty) \rightarrow [0, \infty)$  defined by*

$$f(t) = \| \|A^t\| \|$$

*is log-convex, hence is convex, for any unitarily invariant norm  $\| \| \|$ .*

*Proof.* Let  $t_1, t_2 \in [0, \infty)$  and  $\alpha, \beta \geq 0$  be such that  $\alpha + \beta = 1$ . Then,

$$\begin{aligned} f(\alpha t_1 + \beta t_2) &= \| \|A^{\alpha t_1 + \beta t_2}\| \| \\ &= \| \|A^{\alpha t_1}A^{\beta t_2}\| \| \\ &\leq \| \|A^{t_1}\| \|^\alpha \| \|A^{t_2}\| \|^\beta \\ &= f^\alpha(t_1)f^\beta(t_2), \end{aligned}$$

where we have used (2.6) with  $p = \frac{1}{\alpha}$  and  $q = \frac{1}{\beta}$ . This completes the proof.  $\square$

On the other hand, theorem 2.18 and corollary 2.5 imply the following.

**THEOREM 2.19.** *Let  $A \in \mathbb{M}_n^+$ . Then the function  $f : (0, \infty) \rightarrow [0, \infty)$  defined by  $f(t) = \| \|A^t\| \|^{1/t}$  is harmonically log-convex, hence is harmonically convex, for any unitarily invariant norm  $\| \| \|$ .*

In particular, the function  $f(p) = \|A\|_p, p \geq 1$  is harmonically log-convex for any  $A \in \mathbb{M}_n$ .

The following result follows immediately from Theorem 2.19 and Proposition 2.3.

**COROLLARY 2.20.** *Let  $A \in \mathbb{M}_n^+$ . Then the function  $f : (0, \infty) \rightarrow [0, \infty)$  defined by*

$$f(t) = \left\| \|A^{1/t}\| \right\|^t$$

*is log-convex, hence is convex.*

### 2.4. Multiplicative Heinz-Type Means

Now we study the function  $v \rightarrow \| |A^v X B^{1-v}| \|$  which will be the key to other results in this part of the paper.

**PROPOSITION 2.21.** *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then the function*

$$f(v) = \| |A^v X B^{1-v}| \|$$

*is log-convex on  $[0, 1]$ , hence is convex.*

*Proof.* Let  $v_1, v_2, v \in [0, 1]$ . Apply Hölder’s inequality (1.1) replacing  $X$  by  $A^{v_2} X B^{1-v_1}$ ,  $A$  by  $A^{v_1-v_2}$  and  $B$  by  $B^{v_1-v_2}$  to get

$$\begin{aligned} f(vv_1 + (1-v)v_2) &= \| |A^{vv_1+(1-v)v_2} X B^{1-vv_1-(1-v)v_2}| \| \\ &= \left\| \left| (A^{v_1-v_2})^v (A^{v_2} X B^{1-v_1}) (B^{v_1-v_2})^{1-v} \right| \right\| \\ &\leq \| |A^{v_1-v_2} (A^{v_2} X B^{1-v_1})| \| \| |A^{v_2} X B^{1-v_1}| \| \| |B^{v_1-v_2}| \|^{1-v} \\ &= \| |A^{v_1} X B^{1-v_1}| \| \| |A^{v_2} X B^{1-v_2}| \|^{1-v} \\ &= f^v(v_1) f^{1-v}(v_2). \end{aligned}$$

This completes the proof for invertible matrices  $A$  and  $B$ . If  $A$  or  $B$  is not invertible, a standard limiting process yields the result for general matrices.  $\square$

By symmetry, we deduce that the function  $f(v) = \| |A^{1-v} X B^v| \|$  is log-convex too.

Following the same computations, one can easily prove that the function

$$f(v) = \| |A^v X B^v| \|, 0 \leq v \leq 1$$

is also log-convex. This gives a straightforward proof of Lemma 2, p. 150 of [2].

Since the product of two log-convex functions is log-convex, we have the following corollary.

**COROLLARY 2.22.** *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then the function*

$$f(v) = \| |A^v X B^{1-v}| \| \| |A^{1-v} X B^v| \|$$

*is log-convex, hence is convex.*

Observe that when  $f(v) = \| |A^v X B^{1-v}| \|$ , the known Young’s inequality  $f(v) \leq f(1)^v f(0)^{1-v}$  follows from Theorem 2.9 by letting  $n = 0$ . In fact as  $n$  increases inequality (2.1) becomes better as shown in Theorem 2.10.

For example, by letting  $f(v) = \| |A^v X B^{1-v}| \|$  and  $n = 1$  in Theorem 2.9 we get the following refinement of Young’s inequality (1.1).

COROLLARY 2.23. *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then,*

$$\| |A^v X B^{1-v}| \| \leq \left\{ \begin{array}{l} \| |XB| \|^{1-2v} \| |A^{1/2} X B^{1/2}| \|^{2v}, \quad 0 \leq v \leq \frac{1}{2} \\ \| |A^{1/2} X B^{1/2}| \|^{2-2v} \| |AX| \|^{2v-1}, \quad \frac{1}{2} \leq v \leq 1 \end{array} \right\} \leq \| |AX| \| ^v \| |XB| \|^{1-v}.$$

Then as suggested by Theorem 2.10, taking larger  $n$  implies better refinements.

Our next goal is to study the monotonicity of the function

$$f(v) = \| |A^v X B^{1-v}| \| \| |A^{1-v} X B^v| \|.$$

For this, we need the following lemma.

LEMMA 2.24. *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . If  $p \geq q \geq 0$ , then the function*

$$g(r) = \| |A^{p+r} X B^{q-r}| \| \| |A^{q-r} X B^{p+r}| \|$$

is increasing on  $[0, q]$ .

*Proof.* Let  $0 \leq r_1 \leq r_2 \leq q$ . Then

$$g(r_1) = \| |A^{p+r_1} X B^{q-r_1}| \| \| |A^{q-r_1} X B^{p+r_1}| \|.$$

Observe that because  $p \geq q$  we have  $p + r_1 \geq q - r_1$ , hence we may apply Inequality (1.3) twice with  $p = p + r_1$ ,  $q = q - r_1$  and  $r = r_2 - r_1$ , noting that  $A$  has the bigger exponent  $p + r_1$  in the first quantity and  $B$  has the bigger exponent  $p + r_1$  in the second quantity. Then

$$\begin{aligned} g(r_1) &= \| |A^{p+r_1} X B^{q-r_1}| \| \| |A^{q-r_1} X B^{p+r_1}| \| \\ &\leq \left( \| |A^{p+r_2} X B^{q-r_2}| \| \| |A^{q-r_2} X B^{p+r_2}| \| \right)^{\frac{p-q+r_1+r_2}{p-q+2r_2}} \left( \| |A^{q-r_2} X B^{p+r_2}| \| \right)^{\frac{r_2-r_1}{p-q+2r_2}} \\ &\quad \times \left( \| |A^{p+r_2} X B^{q-r_2}| \| \| |A^{q-r_2} X B^{p+r_2}| \| \right)^{\frac{r_2-r_1}{p-q+2r_2}} \\ &= \| |A^{p+r_2} X B^{q-r_2}| \| \| |A^{q-r_2} X B^{p+r_2}| \| \\ &= g(r_2). \end{aligned}$$

This completes the proof.  $\square$

PROPOSITION 2.25. *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then the function*

$$f(v) = \| |A^v X B^{1-v}| \| \| |A^{1-v} X B^v| \|$$

is decreasing on  $[0, \frac{1}{2}]$  and increasing on  $[\frac{1}{2}, 1]$ .

*Proof.* If  $0 \leq v \leq \frac{1}{2}$ , then

$$f(v) = \|||A^{\frac{1}{2}+(\frac{1}{2}-v)}XB^{\frac{1}{2}-(\frac{1}{2}-v)}\||| \|||A^{\frac{1}{2}-(\frac{1}{2}-v)}XB^{\frac{1}{2}+(\frac{1}{2}-v)}\|||.$$

Write  $p = q = \frac{1}{2}$ ,  $\frac{1}{2} - v = r$ . Then,

$$f(v) = \|||A^{p+r}XB^{q-r}\||| \|||A^{q-r}XB^{p+r}\|||, \quad 0 \leq r \leq \frac{1}{2}.$$

Consequently,  $f$  is increasing with  $r$ . Since  $r = \frac{1}{2} - v$ ,  $f$  is decreasing with  $v$ . This completes the proof for  $[0, \frac{1}{2}]$ .

For  $\frac{1}{2} \leq v \leq 1$ , observe that

$$f(v) = \|||A^{\frac{1}{2}+(v-\frac{1}{2})}XB^{\frac{1}{2}-(v-\frac{1}{2})}\||| \|||A^{\frac{1}{2}-(v-\frac{1}{2})}XB^{\frac{1}{2}+(v-\frac{1}{2})}\|||.$$

Following the same idea, we infer that  $f$  is increasing with  $r := v - \frac{1}{2}$ , hence so is with  $v$ . This complete the proof of the proposition.  $\square$

Proposition 2.25 allows us to write the following multiplicative version of Heinz inequality (1.2).

**COROLLARY 2.26.** *Let  $A, B \in \mathbb{M}_n^+$  and  $X \in \mathbb{M}_n$ . Then, for  $v \in [0, 1]$ , we have*

$$\|||A^{1/2}XB^{1/2}\|||^2 \leq \|||A^vXB^{1-v}\||| \|||A^{1-v}XB^v\||| \leq \|||AX\||| \|||XB\|||.$$

*Proof.* Since  $f(v) = \|||A^vXB^{1-v}\||| \|||A^{1-v}XB^v\|||$  is decreasing on  $[0, \frac{1}{2}]$ , increasing on  $[\frac{1}{2}, 1]$  and is symmetric about  $v = \frac{1}{2}$ , we have

$$f(1/2) \leq f(v) \leq f(1) = f(0).$$

This implies the result.  $\square$

It should be noted that in [8], convexity of the function

$$v \rightarrow \||| |A^vXB^{1-v}|^r \||| \||| |A^{1-v}XB^v|^r \|||; \quad r > 0,$$

was proved and used to obtain some interesting inequalities.

We remark that the second inequality of Corollary 2.26 is trivial, however the first part of the inequality  $\|||A^{1/2}XB^{1/2}\|||^2 \leq \|||A^vXB^{1-v}\||| \|||A^{1-v}XB^v\|||$  is not. At this point, it might be thought that  $\|||A^{1/2}XB^{1/2}\||| \leq \|||A^vXB^{1-v}\|||$  and  $\|||A^{1/2}XB^{1/2}\||| \leq \|||A^{1-v}XB^v\|||$ . In fact this is not true. This can be seen by taking the numerical example:  $A = 3, B = 5$  and  $X = 1$ . Then, for each  $v \in (\frac{1}{2}, 1]$  we have  $\|||A^{1/2}XB^{1/2}\||| > \|||A^vXB^{1-v}\|||$  but  $\|||A^{1/2}XB^{1/2}\||| < \|||A^{1-v}XB^v\|||$ .

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